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تكنولوجيا المعلومات Information technology

Paragraph	ترجمة الفقرة
When you are using a computer, think about the technology that (1) is needed for it to work. People have been using types of computers for thousands of years. A metal machine was found on the seabed in Greece that was more than 2,000 years old. It is believed that this was the first ever computer.	عندما تستخدم الحاسوب, فكر في التكنولوجيا المطلوبة لتشغيله. استخدم الناس أنواعاً عده من الحواسيب منذ مئات السنين. وجدت آلة معدنية في قاع البحر في اليونان منذ أكثر من 2000 سنة. اعتقد انها كانت أول حاسوب في العالم.
In the 1940s, technology had developed enough for inventors to make the first generation of modern computers. One such model was so large that <u>it (1)</u> needed a room that was 167 square metres to accommodate it. During that decade, scientists in England developed the first computer program. <u>It (2)</u> took 25 minutes to complete one calculation. In 1958 CE, the computer chip was developed.	في عام 1940 تطورت التكنولوجيا بما فيه الكفاية للمختر عين ليصنعوا أول جيل من الحواسيب الحديثة. أحد هذه النماذج كان ضخماً لدرجة أنه كان بحاجة لغرفة بمساحة 167 متر مربع ليحتويه. خلال تلك الفترة, طور العلماء في إنجلترا أول برنامج حاسوب. أخذ 25 دقيقة ليتم عملية حسابية واحدة. في عام 1958, تم تطوير الرقاقة الحاسوبية.
The first computer game was produced in 1962 CE, followed two years later by the computer mouse. In 1971 CE, the floppy disk was invented, which meant that information could be shared between computers. The first PC (personal computer) was produced in 1974 CE, so people could buy computers to use at home.	أنتجت أول لعبة حاسوب في 1962, تبعتها بعد ذلك بسنتين فأرة الحاسوب. في 1971, تم اختراع القرص المرن. والذي قصد به مشاركة المعلومات بين الحواسيب. أنتج أول حاسوب شخصي في 1974, كي يشتري الناس الحواسيب ويستخدموها في منازلهم.
In 1983 CE, people could buy a laptop for the first time. Then, in 1990 CE, the British scientist Tim Berners-Lee developed the World Wide Web. It was not until 2007 CE that the first smartphones appeared. Today, most people use their mobile phones every day.	في 1983, استطاع الناس لأول مرة شراء الحاسوب النقال. بعد ذلك, في 1990 طور العالم البرطاني تيم بيرنيرز لي الشبكة العالمية الواسعة. بعد ذلك بكثير ظهر الهاتف النقال عام 2007. اليوم, أغلب الناس يستخدم الهاتف الذكي بشكل يومي.
What will happen in the future? You can already buy watches <u>which</u> can do the same as mobile phones. Scientists have also developed glasses <u>that (2)</u> are capable of doing even more than this. Life in the future is going to see further changes in computer technology. It is likely that all aspects of everyday life will rely on a computer program, from how we travel to how our homes are heated	ما الذي سيحدث في المستقبل؟ بإمكانك الآن شراء ساعة والتي تقوم بما تقوم به الهواتف النقالة. أيضاً طور العلماء نظارات بإمكانها القبام بما هو أكثر من ذلك. سترى الحياة في المستقبل المزيد من التغييرات حول تكنولوجيا الحاسوب. و من المتوقع أن كل جانب من حياتنا اليومية ستعتمد على برامج الحاسوب. بدأً من كيفية تنقلنا إلى كيفية تدفئة بيوتنا.



word	المعنى	word	المعنى	word	المعنى	word	المعنى
Use(v)	يستخدم	Enough	کافٍ	Game	لعبة	Web	ىبكة
Think	يفكر	inventor	مخترع	Produce	ينتج	Appear	ظهر
About	عن	Make	يصنع	Follow	يتبع	Today	ليوم
need	يحتاج	Generation	جيل	Later	لاحقأ	Most	غلب
Work(v)	يعمل	Modern	حديث	Mouse	فأرة	Happen	حدث
People	الناس	Such	مثل	Invent	يخترع	Future	ستقبل
Туре	نوع	Model	نموذج	Floppy disk	قرص مرن	Watch(n)	باعة
thousand	مئة	Large	ضخم	Disk	قرص	Same	ىثل
Year	عام	Room	غرفة	Mean	يعني	glass	ظارة / زجاج
Metal	معدن	Square	مربع	Information	معلومة	Capable	ئادر
Machine	آلة	Accommodate	يتسع	Can	يستطيع	Life	حياة
find	تخر	During	خلال	Share	يشارك	further	کثر
Seabed	قاع البحر	Decade	عقد (10سنوات)	between	بين	Change(n)	غير / فكة
Sea	بحر	scientist	عالم	Personal	شخصىي	Aspect	جانب
Greece	دولة اليونان	England	إنجلترا	So	لذلك	rely	عتمد
More	أكثر	Program	برنامج	Buy	يشتري	travel	رحل
Old	قديم	Take	يأخذ	Home	منزل	Heat(v)	سخن
Believe	بعتقد	Calculation	عملية حسابية	British	برطاني		
First	أول	Chip	رقاقة	World	عالم		
Develop	يطور	Computer	حاسوب	Wide	واسع		

	way of <u>using numbers in order to find out an amount</u> , <u>price</u> or <u>value</u> .	عملية حسابية
		
computer chip a	small piece inside a computer which stores information via an electric current.	رقاقة حاسوب
floppy disk a	flexible, removable magnetic disk that stores computer information.	لقرص المرن
PC ai	n abbreviation for personal computer, a computer that is used by one person at a time.	لحاسوب الشحصي
program a	set of instructions enabling a computer to function.	رنامج الحاسوب
Program / programme co	ontent which is intended to be listened to on radio or watched on television.	رنامج على الإذاعة أو التلفاز
rely on to	have trust or confidence in something or someone.	یعتمد علی / یثق ب



QUESTIONS

أسئلة الفقرة والإجابات النموذجية

- 1. What should you do when you are using a computer? I should think about the technology that is needed for it to work.
- 2. What was the first ever computer? Where was it found? When? A metal machine was found on the seabed in Greece that was more than 2000 years old.
- 3. Where was the first computer program developed by scientists? When? in England in the 1940s.
- 4. How long did it take to complete one calculation in 1940s? It took 25 minutes to complete one calculation.
- 5. Write down (Quote) the sentence which indicates the time of the development of the computer chip. - "In 1958 CE, the computer chip was developed."
- **6.** When was the first computer mouse produced?
 - The first computer game was produced in 1962 CE, followed two years later by the computer mouse. (1964)
- 7. Quote the sentence that indicates the first emergence of a computer game and a mouse."The first computer game was produced in 1962 CE, followed two years later by the computer mouse."
- 8. Comment on the significance of the floppy disk when it was invented in 1971CE.
 - . It meant that information could be shared between computers.
- 9. What was the problem with the first generation of modern computers?
 - This model of computers was so large that it needed a room that was 167 square metres to accommodate it
- 10. Write down the sentence which indicates the year in which the first personal computer was produced and that people could purchase personal computers. - "The first PC (personal computer) was produced in 1974 CE, so people could buy computers to use at home."
- 11. When could people buy a laptop for the first time? In 1983 CE, people could buy a laptop for the first time.
- 12. Who developed the World Wide Web? When?
 - The British scientist Tim Berners-Lee developed it in 1990 CE.
- 13. The first appearance of smartphones was in 2005 CE. TRUE FALSE FALSE
- 14. Write down the sentence which indicates that most people utilize their mobile phones daily.
 - "Today, most people use their mobile phones every day."
- 15. The writer mentions two examples of new inventions related to computers. Write down these two inventions.
 - watches which can do the same as mobile phones. -glasses that are capable of doing even more than this.

16. What is the writer's prediction regarding computer technology?

- The writer states that life in the future is going to see further changes in computer technology. It is likely that all aspects of everyday life rely on a computer program, from how we travel to how our homes are heated.

17. The writer states that it is probable that life will depend on a computer program in the future. Write down two of these aspects. - the way of travelling - the way of heating our homes

18. List the inventions that were completed between 1958 CE and 1974 CE. (SB; P.7)

- the computer chip, the first computer game, the computer mouse, the floppy disk, the first personal computer (PC)

19. How do you think computer technology will develop further in the future? How far do you agree with the article? (Critical Thinking) (SB; P.7)

- I think that computer technology will develop further in the future to the point that it will 'know' how to address our every need. We will not have to think about everyday tasks like shopping and cleaning because technology will take care of

them. I disagree with the article because I do not think that all aspects of our daily lives will rely on a computer program, because this would result in too many problems if the computers crashed. دليل المعلم

20. We rely more and more on computer technology. How far do you agree that this a positive development? (Critical Thinking) (SB; P.7)

- I agree that computers have enabled us to do many great things, but becoming overly reliant on technology is not a positive aspect of this development. المعلم

21. Users of computers are always in danger due to online crimes. Explain this statement, suggesting three ways for being well-protected. (Critical Thinking)

- I think that people are always at risk because of techno-criminals who try to hack online computers, but there are many ways for being well-protected such as:

- being careful when a suspicious email or link is received; - installing anti-virus programs and an Internet security software; -using difficult passwords for different accounts on the Web.

22. Find a phrasal verb in the text which means "to have trust or confidence in something or someone." - rely on

23. What do the underlined words (pronouns) refer to?

- you: the reader -that (1): the technology - this: a metal machine -it (1): such model (of the first generation of modern computers). - It (2): the first computer program - their: most people -which: watches -that (2): glasses

24. What does the underlined compound noun computer chip mean?

- a small piece inside a computer which stores information via an electric current

25. What does the acronym (abbreviation) PC stand for? - personal computer

26. RESEARCH BOX (SB; p.7) When was the world's first email sent and why did it use the @ symbol?

- The first email was sent in 1971 CE by Ray Tomlinson, who used the @ symbol to separate the name of the person to who he sent the email and the name of their computer.

Q1: Match the descriptions with the words in the box. One word is not ne	eded. VOCABULARY- WB; p. 6 المفردات				
computer chip , calculation , floppy disk , smartphone ,					
 a mobile phone that connects to the Internet. a very small piece found inside every computer. a small square piece of plastic that was used to store information from comp a computer designed for one person to use. when you use maths to work out an answer. all the information shared by computers through the Internet. 	, World Wide Web (smartphone) (Computer chip) puters. (floppy disk) (PC) (calculation) (World Wide Web)				
Q2: Choose the correct word.					
 Modern computers can run a lot of programs / models at the same time. You can move around the computer screen using a tablet / mouse. From 1990 CE to 2000 CE was a decade / generation. A laptop / tablet doesn't need a keyboard. The television was first invented / developed by John Logie Baird. 	programs mouse decade Tablet invented				
Q3: Complete the sentences. Use words from exercises 1 and 2.					
 Although they are pocket-sized,s are powerful computers as well as ph My brother is learning how to write computers. I need to make a fews before I decide how much to spend. Mobile phones used to be huge. Earlys were as big as bricks! I can close the lid of my and then put it in my bag. 	nones. smartphone program calculation model Laptop				
Q7: Answer the following questions. WP P.7					
 1 Which of these is an invention – the TV or gravity? Explain your answer. 2 What is the difference between a smartphone and an ordinary mobile phone? 3 What do you usually use to make a calculation? 4 Which would you rather have – a PC, a tablet or a laptop? Why? 5 Do you usually use a floppy disk? If not, what do you use? 	TV, because human find it Smart phone is a mobile phone with advanced technology To find amount, price or value of something. Tablet, because it's smaller I don't use floppy disk, instead I use flash memory				

Using technology in Jordanian classrooms

Paragraph	ترجمة الفقرة
Young people love learning, but <u>they</u> (1) like learning even more if they are presented with information in an interesting and challenging way. Today, I am going to give a talk about how you can use technology in Jordanian classrooms.	الشباب اليافعون يحبون التعلم، ولكنهم يحبونها أكثر إذا ما تم تقديم المعلومات فيه بطريقة ممتعة تتسم بالتحدي، أما اليوم فسأقوم بالحديث عن كيفية استخدام التكنولوجيا في الغُرَف الصفية في الأردن.
Here are some ideas: Many classrooms now use a whiteboard as a computer screen. As a consequence, teachers can show websites on the board in front of the class. Teachers can then use the Internet to show educational programmes, play educational games, music, recordings of languages, and so on.	حالياً، العديد من الغرف الصفية يتم فيها استخدام اللوح الأبيض كشاشة حاسوب، ونتيجة لذلك، يمكن للمعلمين أن يقوموا بعرض مواقع إلكترونية على اللوح أمام جميع الطلاب في الصف، كما يمكن لهم أن يستخدموا الإنترنت لعرض برامج تعليمية، ولعب ألعاب تعليمية، وتشغيل الموسيقي، وتسجيلات اللغة، و غير ذلك.
In some countries, tablet computers are available for students to use in class. Therefore, students can use the tablets to do tasks such as showing photographs, researching information, recording interviews and creating diagrams. Tablets are ideal for pair and group work.	في بعض الدول، فإن الحواسيب اللوحية متاحة ليستخدمها الطلاب في الصف، ولذا يمكن للطلاب أن يستخدموها للقيام بالوظائف كعرض الصور الفوتوغرافية، والبحث عن المعلومات، وتسجيل المقابلات، ورسم الرسوم البيانية، كما أن الحواسيب اللوحية مناسبة للعمل بشكل ثنائي أو جماعي.
Teachers can perhaps ask their students to start writing a blog (an online diary), either about <i>their</i> own lives or as if they (2) were someone famous. They (3) can also create a website for the classroom. Students can contribute to the website, so for example they(4) can post work, photos and messages.	ولربما يطلب المعلمون من طلابهم أن يبدؤوا بكتابة مدوّنة (مفكرة عبر الإنترنت)، إما عن حياتهم أو باعتبار هم أنفسهم شخصاً معروفاً، كما بإمكانهم إنشاء موقع إلكتروني للصف، وبالتالي يستطيع الطلاب أن يساهموا في الموقع كنشر أعمال وصور ورسائل.
Most young people communicate through social media, by which they (5) send each other photos and messages via the Internet. Some students like to send messages that are under 140 letters for anyone to read. Teachers can ask students to summarise information about what they have learnt in class in the same way. If students learn to summarise quickly, they will be able to use this skill in future.	يتواصل معظم الشباب عن طريق مواقع التواصل الاجتماعي، والتي من خلالها يستطيعون أن يرسلوا صوراً ورسائل لبعضهم البعض بوساطة الإنترنت، فإن بعض الطلاب يفضلون إرسال رسائل أقل من 140 حرفاً ليتم قراءتها من قبل شخص آخر كما أن باستطاعة المعلمين تكليف طلابهم بتلخيص المعلومات التي قد تعلموها في الصف بنفس الطريقة، وإذا ما قام الطلاب بالتلخيص بسرعة، فإنهم سيكونون قادرين على استخدام هذه المهارة في المستقبل .
We all like to send emails, don't we? Email exchanges are very useful in the classroom. Teachers can ask students to email what they have learnt to students of a similar age at another school. They could even email students in another country. As a result, students can then share information and help each other with tasks.	كلنا نحب إرسال الرسائل الإلكترونية، أليس كذلك؟ إن تبادل الرسائل الإلكترونية مفيد جداً في الغرفة الصفية، وبإمكان المعلمين تكليف طلابهم بإرسال رسالئل الإلكترونية تحتوي ما تعلمونه إلى أقرانهم في مدرسة أخرى، كما أن بإمكانهم إرسال ذلك لطلاب من دولة أخرى، ونتيجة لذلك، يمكن للطلاب أن يتبادلوا المعلومات ويساعدوا بعضهم البعض بأداء الوظائف.



Another way of communicating with other schools is through talking to people over the computer. Most computers have cameras, so you can also see the people you are talking to. In this way, students who are studying English in Jordan can see what students in England are doing in the classroom while they are speaking to <u>them</u> (1). You can also use this system to invite guest speakers to give talks over a computer. For example, scientists or teachers from another country could give a lesson to the class. If you had this type of lesson, the students would be very excited.	طريقة أخرى للتواصل مع مدارس الأخرى هو خلال الحديث مع أناس آخرين عبر جهاز الحاسوب، فإن معظم الحواسيب تحوي كاميرات، ولذا فإنها تمكنك من رؤية من تتحدّث إليهم، وبهذه الطريقة، يمكن للطلبة الذين يدرسون اللغة الإنجليزية في الأردن مشاهدة ما يفعله الطلاب في الغرف الصفية في إنجلترا عند التحدث إليهم، كما ويمكنك أيضاً استخدام هذا النظام لدعوة المتحدثين الضيوف للحديث عبر جهاز الحاسوب، فعلى سبيل المثال، يمكن للعلماء والمعلمين من دولة أخرى تقديم درس للصف وإذا كان عندك هذا النوع من الدروس، فإن الطلاب سيكونون مستمتعين.
Students often use computers at home if they have them (2) . Students can use social media on their computers to help them with their studies, including asking other students to check and compare their work, asking questions and sharing ideas. The teacher must be part of the group, too, to monitor what is happening. Thank you for listening. Does anyone have any questions?	غالباً ما يستعمل الطلاب أجهزة الحاسوب حال امتلاكها، كما يمكنهم استخدام مواقع التواصل الاجتماعي من خلال حواسيبهم لمساعدتهم بدر اساتهم بما يشمل كذلك الطلب من الطلاب التحقق من الحل ومقارنة العمل، وسؤال الأسئلة، ومشاركة الأفكار، ولا بد للمعلم أن يكون جزءاً من المجموعة أيضاً لمتابعة ما يحدث. شكراً لاستماعكم، هل عندكم من سؤال؟

يجب حفظها غيباً				كلمات يجب حفظها			
word	المعنى	word	المعنى	word	المعنى	word	المعنى
Young	شاب	play	يلعب	Life / lives	حياة	Another	آخر
Love	يحب	Music	موسيقى	famous	مشهور	Result	نتيجة
Learn	يتعلم	Recording	تسجيل	Someone	أحد ما	share	يشارك
Present	يقدم	Language	لغة	Contribute	يساهم	Help	يساعد
With	مع	Country	منطقة	Example	مثال	Talk(v)	يتكلم
Interesting	ممتع	Tablet PC	حاسوب لوحي	Post	ينشر	While	خلال
Challenging	تحدي	Available	متاح	work(n)	عمل	Speak	يتحدث
Way	طريق	Student	طالب	Photo	صورة	System	نظام
Going	یذہب (سوف)	Therefore	لذلك	Message	رسالة	invite	يدعو
Give	يعطي	Task	مهمة	Communicate	يتواصل	guest	ضيف
Talk(n)	حديث	Show(n)	عرض	Through	خلال	speaker	متحدث
Jordanian	أردني	Photograph	تصوير	Social	اجتماعي	Lesson	درس
Classroom	غرف صفية	Research	بحث	Media	إعلام	Excited	متحمس
Ideas	أفكار	Interview	مقابلة	Ву	بواسطة	Check	يتفقد
many	العديد	Create	يخلق / يصنع	Send	يرسل	compare	يقارن
Now	الآن	Diagram	رسم بياني	Via	خلال	part	جزء
Whiteboard	سبورة / لوح مدرسي	Perhaps	ربما	Like	يحب	Group	مجموعة
Screen	شاشة	Ask	يسأل	Under	تحت	monitor	يراقب
Consequence	عواقب / نتيجة	Start	يبدأ	Letter	رسالى		

Teacher	معلم	Write	يكتب	Anyone	أي شخص	
Website	موقع إلكتروني	Blog	مدونة	Read	يقرأ	
Board	لوح	Online	مباشر	Summarise	يلخص	
Front	أمام	Diary	مذكرة	Useful	مفيد	
Show(v)	يظهر	Either	أي من	Similar	مشابه	
Educational	تعليمي	Own	يملك	Age	عمر	

Words	Meanings (E)	Words
access	to find information, especially on a computer	يصل للمعلومة
filter	a program that checks whether certain content on a web page should be displayed to the viewer	برنامج مفلتر
identity fraud	illegal actions using the identity of someone else, normally to buy things	انتحال الشخصية
privacy setting	controls available on social networking sites which let you decide who can see information	ضبط الخصوصية
security settings	controls available on computer programs which let you protect your computer from viruses	ضبط الحماية
ICT	Information and Communication Technology	المعلومات والاتصالات تكنولوجيا
satellite navigation system	a system of computers and satellites, used in cars and other places that tells you where something is, where you are or how to get to a place	نظام الملاحة عبر الأقمار الصناعية
user	a person who uses a product or service, especially a computer or another machine	مستخدم
web-building program	a software that helps you to create a website	برنامج إنشاء مواقع إلكترونية
web hosting	the business of housing, serving and maintaining files for one or more websites	استضافة المواقع

QUESTIONS

- أسئلة الفقرة والإجابات النموذجية
- 1. Find a word in the text that means "a regularly updated personal website or web page, usually written in an informal style." blog
- 2. Young people love learning but with two characteristics for the way of presenting information. Write down these two characteristics.

- an interesting way — a challenging way

- 3. Quote the sentence which indicates the topic of the talk.
 - Today, I am going to give a talk about how you can use technology in Jordanian classrooms.
- 4. Teachers can use the Internet for many purposes. Write down two of these purposes.
 - to show educational programmes to play educational games
 - to play music to play recordings of languages (Any 2 of them)

- 5. Mention the tasks which can be done using tablet computers in classrooms.
 - Students can use the tablets to do tasks such as showing photographs, researching information, recording interviews and creating diagrams.
- 6. Tablets are suitable only for working individually in classrooms. **TRUE FALSE** FALSE
- 7. Give a **brief** definition for a **blog**. an online diary
- 8. Teachers can ask their students to write a blog in two forms. Write down these two forms. - to start writing a blog about their own lives ; - or as if they were someone famous
- 9. Students can contribute to the class website. Explain this statement.
 - The students can post work, photos and messages.
- 10. What is the benefit (value) of summarising quickly by students?
 - If students learn to summarise quickly, they will be able to use this skill in future.
- 11. Write down the sentence which indicates the number of letters of messages which students like to send.
 - "Some students like to send messages that are under 140 letters for anyone to read."
- 12. What do most young people usually send to each other through the Internet (social media)? photos messages
- 13. Find out **a question tag** in the text above. don't we? (We all like to send emails, don't we?)
- 14. How can students employ email exchanges in the process of learning?
 - Teachers can ask students to email what they have learnt to students of a similar age at another school. They could even email students in another country.
- 15. What is the benefit of using email exchanges in education?
- Students can then share information and help each other with tasks.
- 16. You can communicate with other schools by many ways. Mention two of them.
- email exchanges talking to people over the computer using cameras.
- 17. Give an example from the text to show the significance of having computers with cameras in the scope of education. (As students from different cultures).
- Students who are studying English in Jordan can see what students in England are doing in the classroom while they are speaking to them.
- 18. We can also use online computers to give talks over a computer. Clarify this.
- Scientists or teachers from another country could give a lesson to the class.
- 19. What is the positive side of having online lessons?
- If you had this type of lesson, the students would be very excited.

20. social media can be used by students to help them. Explain this statement.

- Students can use social media on their computers to help them with their studies, including asking other students to check and compare their work, asking questions and sharing ideas.

21. Why is it a must for the teacher to be part of the group? - to monitor what is happening.

22. What do the underlined pronouns refer to?

- they (1): Young people / I: the writer (presenter) / their: Teachers / they (2,3,4): students / which: social media / they (5): Most young people / that: messages / who: students / them (1): students in England / them (2): computers

23. In what ways can digital information be used to educate people? (SB; p. 8)

- Digital information can be used to educate people in a variety of ways. For example, you can listen to podcasts and lectures online, or use apps on a tablet to learn languages. You can also use the Internet to find information on what you are studying. (كتاب المعلم)

24. Do you think that computers will replace books one day? Why /Why not? (SB;p.8)

- Although computers are incredibly useful, I don't think that they will ever completely replace books because, for many people, reading is a very personal experience that doesn't feel the same when it is done on a computer. (كتاب المعلم)

25. Online addiction is a serious problem nowadays. Explain this statement, suggesting three ways for avoiding this phenomenon.

- No one can doubt that online addiction is a main concern nowadays, but we can avoid this problem by many ways such as:

- managing and controlling your time when you're online;

- reading paper-based newspapers, magazines and books;

- doing exercises (sports) in space time instead of sitting before computers

Q1. Which of the following would you use to ... VOCABULARY (SB; p.9) SPEAKING

blog , email exchange, social media , tablet computer , whiteboard			
1. record interviews with people?	tablet computer		
2. share information with students in another country?	email exchange		
3. watch educational programmes in class?	whiteboard		
4. ask another student to check your homework?	social media		
5. write an online diary?	blog		
5	8		

Q2: Explain the difference in meaning between these phrases from the article. (SB; p.9)

1. Share ideas: to give your ideas to another person or to a group

Compare ideas: where two or more people consider how their ideas are similar or different

2. Create a website: to construct a website that currently does not exist

Contribute to a website: offer your writing and work to the website.

3. Research information: to use a variety of sources to find the information you need

Present information: to give the results of your research in a presentation

4. Monitor what is happening: you know what is happening and you are following the developments

Find out what is happening: you don't know what is happening and you want to discover it

5. Give a talk to people: you have prepared a speech and you are giving this speech to a group of people who are expecting it

Talk to people: an informal discussion

6. Show photos: you show people photos that you have in person

Send photos: you send photos to someone over the Internet or by post

Q3: Complete the sentences so they are true for you. (SB; 9)

1. My teacher says I must	2. In our English lessons, I can
3. I use technology to	4. Next year, I will
5. If I had more time, I would	6. If I use a computer, I

7. If the teacher gives us homework today, I

Suggested Answers:

- 1. My teachers says I must learn these words.
- 2. In our English lessons, I can use a dictionary. 3. I use technology to help me to do my homework. 4. Next year, I will start to learn Spanish.
- 5. If I had more time, I would learn another language. 6. If I use a computer, I learn a lot of useful information.
- 7. If the teacher gives us homework today, I will do it before I watch TV.

Q2:. (WB; P4 E2)

(Look around, settle down, take place, wake up, get started, meet up)		
1. Tell me about the novel you're reading. Where does the story	_?	take place
2. I'm sorry I'm late. I didn't early enough.		wake up
3. When I graduate from university, I would like to buy a house and		settle down
4. If you're free at the weekend, let's and go shopping together.		look around
5. I've never visited that museum. I'd like to go in and		look around
6. I've got a lot of homework, so I think I shouldright now!		get started

Q3: Complete the verb phrases and phrasal verbs with the correct words. (SB: p.10)

(in , on , out , about , with)					
1. to know dangers of the Internet	about				
2. to connect people on the Internet	with				
3. to turn privacy settings	on				
4. to give personal information	out				
5. to fill a form	in				



The Internet of Things (AB; p.8)

What is the 'Internet of Things'? Everyone knows that the Internet connects people, but now it (1) does more than that – it connects objects, too. These days, computers often communicate with each other; for example, your TV automatically downloads your favourite TV show, or your 'sat nav' system tells you where you are. This is known as the 'Internet of Things', and there's a lot more to come.	ما هو "انترنت الأشياء"؟ هذه ففي أيضاً، ذلك من بأكثر يقوم الآن ولكنه ببعض، بعضهم الناس يربط الإنترنت أن يعلم كلنا بتحميل التلفاز يقوم المثال، سبيل فعلى البعض، بعضها مع بالتواصل الحواسيب تقوم أجهزة الأيام، وهذا بمكانك، بإخبارك الصناعية الأقمار عبر الملاحة نظام يقوم كما المفضل لديك، التلفازي العرض الكثير الكثير الأيام في جُعبة زال ولا الأشياء، بإنترنت يعرف ما
An easy life! In just a few years' time, experts say that billions of machines will be connected to each other and to the Internet. As a consequence, computers will increasingly run our lives for us. For example, your fridge will know when you need more milk and add it (2) to your online shopping list; your windows will close if it is likely to rain; your watch will record your heart rate and email your doctor; and your sofa will tell you when you need to stand up and get some exercises!	حياة سهلة! وخلال عدة سنوات، يقول الخبراء بأن بلايين الآلات ستكون متصلة ببعضها البعض وبالإنترنت، ونتيجة لذلك، ستقوم الحواسيب بإدارة حياتنا بشكل متزايد، فعلى سبيل المثال، ستعرف الثلاجة مو عد حاجتك للمزيد من الحليب، وتقوم بإضافة ذلك للائحة التسوق عبر الإنترنت، كما أن النوافذ تقوم بإغلاق نفسها ذاتياً عند احتمالية نزول المطر، ناهيك عن ساعة يدك والتي ستقوم بتسجيل معدل نبضات قلبك، وإرسال إيميل لطبيبك الخاص، كما ستقوم أريكتك) الكنباية تاعت حضرة جنابك (بإخبارك بمو عد حاجتك للوقوف، والقيام ببعض التمارين.
A frightening future Many people are excited about the 'Internet of Things'. For them, a dream is coming true. They say that our lives will be easier and more comfortable. However, others are not so sure. They want to keep control of their own lives and their own things. In addition, they wonder what would happen if criminals managed to access their passwords and security settings. The dream could easily become a nightmare!	مستقبل مخيف كثير من الناس يشعرون بالمتعة بسبب إنترنت الأشياء، فبالنسبة لهم قد أصبح الحلم حقيقة، حيث يقولون بأن حياتهم ستكون أكثر سهولة وراحة، وعلى أية حال، فإن آخرين غير متأكدين جداً من هذا الأمر، ويريدون أن يسيطروا ويتحكموا بحياتهم ومقتنياتهم الخاصة، وإضافة إلى ذلك، فإنهم يتساءلون متعجبين عما يفعلونه في حال اختراق مجرمي التكنولوجيا ووصولهم لكلمات سرّهم وضبط حماية أجهزة حواسيبهم، عندها يصبح الحلم كابوساً!

Words must be s	كلمات يجب حفظها غيباً للمات يجب حفظها غيباً							
word	المعنى	word	المعنى	word	المعنى	word	المعنى	
Things	أشياء	expert	خبير	Rain	مطر	Sure	متأكد	
Everyone	کل شخص	Say	يقول	heart	قلب	Keep	يبقي	
Connect	يتصل	Billion	مليارات	Rate	معدل	Control(v)	يتحكم	
But	لکن	Increasingly	بشكل متزايد	Sofa	كنبة	Addition	إضافة	
Object	شيء(جمادات)	Run	یرکض(یدیر)	Stand up	يقف	Wonder	يتعجب	
Automatically	بشكل تلقائي	Fridge	ثلاجة	Exercise	تمرين	criminals	مجرمين	
Download	يحمل	Milk	حليب	Dream	حلم	Manage	يدپر	

Favourite	مفضىل	Shopping	تسوق	Coming true	يصبح حقيقة	Access	يصل
Tell	يخبر	List	قائمة	Easy	سهل	Password	كلمة سر
A lot	العديد	Window	شباك	Comfortable	مريح	Security	أمن
Few	قليل	Close(v)	يغلق	However	على أي حال	Sitting	إعدادت
						nightmare	کابوس

Q12: What are the advantages and disadvantages of the 'Internet of Things'? Read the lists and add your own ideas. (WB; p.9)

Advantages	disadvantages
health: monitor health and activity;	privacy: everything you do is tracked
fridges advise on healthy eating;	
more time to relax;	security: criminals could get control of your personal information;
	criminals could take over the whole system
transport: driverless cars	
automatically avoid crashes;	safety: computers sometimes fail
traffic controlled more efficiently	consequences could be terrible;
no more traffic jams;	
	employment: many thousands of jobs are lost;
at home: control washing machines, cookers, etc.	
with your phone;	
lights and heating go on and off automatically	
(saving energy);	
leisure: smart TV automatically downloads your favourite shows; mus	ic
systems play music to suit your mood;	





Subject		Verb				
	Be	Have	Do			
Ι	was	had	did			
You	were	had	did			
He/She/It	was	had	did			
We	were	had	did			
You	were	had	did			
They	were	had	did			

A .			* **	* 1 *1
Simr		Pact	الدسيدط	الماصي
	JIC .	I asi	* *	الماضى

Past

Present Future

التالي بعض النقاط التي يجب عزيزي الطالب أن تراعيها لتتمكن من فهم القاعدة بسهولة:

1 - يجب حفظ تصاريف الأفعال لتتمكن من حل الجمل بسهولة.

2 - يجب حفظ قاعدة كل تصريف من التصاريف لتميز بينها.

3 – حاول حفظ قاعدة واحدة في اليوم وقم بحل أكبر عدد ممكن من الجمل عليها لكي تستطيع تغطية القاعدة بشكل كامل ووافٍ.

(الماضي البسيط مع be/have/do)

ا**لماضي البسيط** : هو كل فعل تم في الماضي وانتهى في وقت محدد في الماضي.

	الإثبات Affirmative	Sub + V2 + Obj	Ali played football
	النفي Negative	Sub + didn't + base verb v1 + Obj	Ali didn't play football
_	السؤال Question	Did + Sub + Base verb v1 + Obj	Did Ali play football?
Form القاعدة	كلمات دلاليةKey words	yesterday, last month, ago, in 1970, once upon time, in older times, in those days, in ancient years , in my childhood	

تقسم تصاريف الأفعال إلى قسمين : 1 – منتظم (regular) و هو الفعل الذي يبنتهي ب ed مثل: elay = played 🔰 talk = talked

swim = swam swum drink = drank drunk : وهو الفعل الذي تتغير حروفه مثل (Irregular) وهو الفعل الذي تتغير حروفه مثل) - 2

الجدول التالية توضح متى يتم لفظ ed عندما تكون في نهاية الجملة

Pronunciation of -ed ending لفظ ال ed عندما تكون في نهاية الجملة								
/t/	/id/	/d/						
p/k/f/s/sh/ch	t/d	All other sounds						
P= stopped	T= waited	Played						
K = looked	Started	Showed						
F= laughed	D= ended	Opened						
S= danced	needed	Lived						
Sh= washed		agreed						
Ch= watched								

SIMPLE	SIMPLE	PAST DADELCIDI E	SIMPLE	SIMPLE PAST	PAST
FORM	PAST	PARTICIPLE	FORM		PARTICIPLE
D'	Group 1		le our d	Group 5	haut
Ring	rang	rung	bend	bent	bent
Sing	sang	sung	send	sent	sent
sink	sank	sunk	lend	lent	lent
drink	drank	drunk	spend	spent	spent
shrink	shrank	shrunk	build	built	built
swim	swam	swum	sleep	slept	slept
begin	began	begun	keep	kept	kept
run	ran	run	creep	crept	crept
	Group		weep	wept	wept
feed	fed	fed	sweep	swept	swept
lead	led	led	leap	leapt (leaped)	leapt (leaped)
breed	bred	bred	feel	felt	felt
read	read* (red)	read	mean	meant	meant
sell	sold	sold	dream	dreamt	dreamt
				/(dreamed)	/(dreamed)
tell	told	told	meet	met	met
slide	slid	slid	leave	left	left
hold	held	held	lose	lost	lost
	Group		burn	burnt /(burned)	burnt /(burned)
hit	hit	hit		Group 6	
fit	fit	fit	hang	hung	hung
spit	spit (spat)	spit (spat)	hang (to kill)	hanged	hanged
knit	knit /(knitted)	knit /(knitted)	dig	dug	dug
quit	quit	quit	shoot	shot	shot
let	let	let	stand	stood	stood
set	set	set	understand	understood	understood
upset	upset	upset	stick	stuck	stuck
shut	shut	shut	strike	struck	struck
cut	cut	cut	sit	sat	sat
put	put	put	win	won	won
cost	cost	cost	make	made	made
hurt	hurt	hurt	pay	paid	paid
spread	spread	spread	lay	laid	laid
broadcast	broadcast	broadcast	say	said	said
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Group 8 withdraw withdrew withdrawn
write wrote written fly flew flown
choose chose chosen know knew known
freeze frozen frozen Group 9
speak spoke spoken
awake awoke awoken dive dived/dove dived
break broke broken do did done
steal stole stolen go went gone
ride rode ridden hear heard heard
rise rose risen have had had
shakeshookshaken(be) am, is , arewas, werebeen
take took taken come came come
overtake overtook overtaken become became become
mistake mistook mistaken overcome overcame overcome
fall fell fallen see saw seen
forget forgot forgotten saw sawed sawn /(sawed) /(sawed)
hide hid hidden lie lied lied
shave shaved shaven/shaved lie lay lain
bite bit bitten lay laid laid
beat beat beaten
swear swore sworn
tear tore torn
wear wore worn
weave wove woven
forbid forbade forbidden
give gave given
forgive forgave forgiven

drive	drove	driven				
eat	ate	eaten				
get	got	got/gotten				
prove	proved	proven/proved				
show	showed	shown				
wake	woke/waked	woken/waked				

الجدول التالي تصاريف الأفعال حسب اللفظ وهي مقسمة لعدة جداول لتسهيل عملية الحفظ عليك عزيزي الطالب.



Examples:

Affirmative	Negative	Interrogative	
I walked	I didn't walk	Did I walk?	
You walked	You didn't walk	Did you walk?	
He walked	He didn't walk	Did he walk?	
We walked	We didn't walk	Did we walk?	
They walked	They didn't walk	Did they walk?	
I saw a movie yesterday.	I didn't see a play yesterday.	Did you have dinner last night?	
Last year, I traveled to Japan.	Last year, I didn't travel to Korea.	Were they in Iceland last January?	
She washed her car.	He didn't wash his car.	Did you have a bicycle when you were young?	
	They weren't in Rio last summer.	Did you do much climbing in Switzerland?	
	We didn't have any money.		
	We didn't have time to visit the Eiffel Tower.		
	We didn't do our exercises this morning.		



الماضى المستمر Past continuous

الماضى المستمر هو حدث حصل في الماضى واستمر في الماضي لوقت معين وتم ايقافه من خلال حدث آخر وهو الماضي البسيط.

Past	Continuou	s Tense
When, w at t	/hile, as, hat time	
-	Present	Future

(was / were) + V-ing

أرفق لك عزيزي الطالب جدول يلخص قاعدة الماضى المستمر (الإثبات, النفى, السؤال)

	الإثبات Affirmative	Sub + was / were + V(ing)	When he slept, I was swimming.
	النفي Negative	Sub + was / were + not + V(ing)	When he didn't sleep, I was not swimming
	السىؤال Question	Was / were + Sub + V(ing)?	Was he swimming when he slept?
Form			
القاعدة	كلمات دلاليةKey words	When	She was eating when I came.
		While	I came while she was eating.
		as	I came as she was eating.

لنفهم الآن وظيفة كل من while / when في الجمل ومتى بأتي ماضي بسيط ومتى يأتي ماضي مستمر, تابع الجدول الآتي

When ياتي بعدها حدث قصير أو ماضي بسيط يأتي بعدها حدث طويل أو ماضي مستمر While

	I was watching TV	When	Ahmad knocked the door.
when	Ahmad knocked the door	,	I was watching TV
	Ahmad knocked the door	While	I was watching TV
While	I was watching TV	,	Ahmad knocked the door

- While Ali was driving home, he saw a great accident.
- While you are using a needle, you should be careful.
- When the bell rang, the old man was having a nap in the living room.
- When it rains heavily, all the streets and pavements around get muddy.

الماضى التام Past perfect

الماضي التام: حدث حصل في الماضي في وقت محدد في الماضي وانتهى في الماضي



أرفق لك عزيزي الطالب جدول يلخص قاعدة الماضى التام (الإثبات, النفى, السؤال)

	الإثبات Affirmative	S + had + past participle (V3)	He had finished the test.			
	النفي Negative	S + had + not + past participle (V3)	She hadn't gone out.			
	السوّال Question	Had + Sub + past participle (V3)?	Had Ahmad finished the test?			
Form	كلمات دلاليةKey words	After/ as soon as/ because had V3	I went to the mall after I had slept.			
القاعدة		By (time) had v3	By 2007, smartphones had appeared.			
		had v3 By the time/ before S.P	Ali had gone before you arrived			

- I had written articles on various topics **before** he came.
- The plane had left by the time I got to the airport.
- She stayed up all night **because** she had received bad news



الماضى التام المستمر Past perfect continuous

لماضى التام المستمر: هو حدث حصل في الماضي واستمر لفترة واستمر لفترة من الزمن قبل بدأ حدث آخر



أرفق لك عزيزي الطالب جدول يلخص قاعدة الماضى التام (الإثبات, النفى, السؤال)

	الإثبات Affirmative	S + had + been + V(ing)	I had been waiting.
Form	النفي Negative	S + had + not + been + v(ing)	He hadn't been waiting.
القاعدة	السؤال Question	Had + Sub + been + V(ing) ?	Had she been waiting?
	كلمات دلاليةKey words	For	They had been eating for 2 hours.
		Since	We had been waiting the match since April.
		رم باستخدامها:	الآن عزيزي الطالب يجب أن نميز بين Since و for لنعرف كيف نقو

since	for
We use since with a point in time in the past.	We use for with a period of time in the past,
نستخدم since لنشير لوقت محدد في الماضي	نستخدم for لنشير لفترة من الوقت في المأضي, لا يهم الوقت تحديداً -
Since 2020 / since 2 A.M / since May / since Monday	For ages / for a long time / for the weekend / for three days

الكلمات الدلالية ومتى يتم استخدام قاعدة الماضى التام و التام المستمر

الفعل أول الجملة	وجود ظرف دال على الإستمر ار	الفعل الثاني
Simple past	For / since / every / all / less / a day / few / by / by the time	Had been $+ V(ing)$
Simple past	Already / twice / number / never / yet / just / several / ever / first / nobody	Had + V(ing)
Simple past	أفعال غير مستمرة See / love / know / be / own / hear / realize / recognise / belong / seem أفعال غير	Had + V(ing)
Simple past	عدم وجود ظروف دالة على الإستمر ار	Had + V(ing)

Simple present المضارع البسيط

ع البسيط: هو الزمن الذي نتحدث فيه عن عادة متكررة, أحداث متكررة, حقيقة علمية, عواطف وأمنيات.



	الإثبات Affirmative	Sub + V1 + obj	Ali reads books daily.
Form	النفي Negative	Sub + (don't / doesn't) + v1 + obj	Ali doesn't read books daily.
القاعدة	السؤال Question	(Do / does) + sub + v1	Does Ali read books?
	كلمات دلاليةKey words	Always / often / usually / sometimes /	
		seldom / never	
		Every / on / at / in / after	
		Monthly / weekly / yearly / daily	
			للتميز بين استخدام s / es و الفعل infinitive أي مجرد

	Singular	Plural	
First Person	I write	We write	
Second Person	You write	You write	
Third Person	He/she/it writes	They write	
	Singular	Plural	
First Person	I do not write	We do not write	
Second Person	You do not write	You do not write	
Third Person	He/she/it does not write	They do not write	

للتميز بين استخدام s / es في الفعل

الأفعال التي تنتهي ب الأحرف في الجدول ثم يتبعها S / es / ies							
<u>s</u>	<u>s</u> <u>z</u> <u>sh</u> <u>ch</u> <u>x</u> <u>o</u> <u>Consonant + y</u> <u>others</u>						
Add- es	Add- es	Add- es	Add- es	Add- es	Add- es	Change y to I Add- es	Add - S
he passes	He realizes	She washes	he watches	He fixes	He goes	She studies	It plays

للتمييز بين الحقائق والعادات وغيرها

For habits العادات	For repeated actions or events	For general truths	For instructions or directions	For fixed arrangements جدالات ثابتة	With future constructions
	الأحداث المتكررة	الحقائق	التعليمات والإرشادات		للمستقبل
He drinks tea at breakfast. She only eats fish. They watch television regularly.	We catch the bus every morning It rains every afternoon in the hot season. They drive to Monaco every summer.	Water freezes at zero degrees. The Earth revolves around the Sun. Her mother is Peruvian	Open the packet and pour the contents into hot water. You take the No.6 bus to Watney and then the No.10 to Bedford.	His mother arrives tomorrow. Our holiday starts on the 26th March	She'll see you before she leaves. We'll give it to her when she arrives.



	الإثبات Affirmative	Sub + (am /Is / are) + V(ing)	
Form	النفي Negative	Sub + (am / is / are) + not + V (ing)	He isn't reading a book now.
القاعدة			I am not reading a book now.
			They aren't reading a book now.
	السؤال Question	(Am /Is/Are) + Sub + V(ing)?	Is he reading a book now?
			Am I reading a book now?
			Are They reading a book now?
	كلمات دلاليةKey words	Now / at this moment / at present	
		Listen / look / watch out	
		Today / these days	
		Be quite / be careful	
			استخدامات المضارع المستمر

			3 (3
At the time of speaking	Something temporary	Actions happen repeatedly	About the future / planned
I'm swimming now	He's living in London for 2 weeks	He is always sitting here.	She's meeting her parents.

Present Perfect Simple	2	Present r	erfect المضارع التام
I have lived here for two	years.		المضارع التام: حدث قد انتهى أو اكتمل وله آثار لاز الت ظاهرة.
│x →	now ►		
past	future		
	الإثبات Affirmative	Sub + (have / has) + v3	I have already done this job
Form	النفي Negative	Sub + (have / has) +not + $v3$	He has already done this job
القاعدة	السوّال Question	(Have / has) + Sub + v3	Have we done this job?
	كلمات دلإليةKey words	Just / for / already / ever / yet / Never /	
		since / today / / so far / recently / lately	
		/ hardly	

لا تنسى مراجعة جدول since / for في قاعدة الماضي التام المستمر



المضارع التام المستمر Present perfect continuous

المضارع التام المستمر : حدث حصل في الماضي واستمر بالحدوث في الوقت الحاضر .

	الإثبات Affirmative	Sub + (have / has) + been +v1	I have been reading this book since Friday.
Form	النفي Negative	Sub + (have $/$ has) +not + been + v1	She hasn't been reading for three weeks
القاعدة	السوّال Question	(Have / has) + Sub + been + v1	Have we been reading this book?
	كلمات دلاليةKey words	For / since	
		All	
		How long	

استخدامات المضارع التام المستمر:

Unfinished activity	Repeated actions	Consequences	Actions still happening
They have been eating for 10	She has been playing tennis all	I have been drawing. That's why I	We have been studying for 4 years.
minutes	week	am dirty.	

see / hear / want / hate / love / have / understand / think / finish / realise / remember / need / know : *تنويه : الأفعال التالية لا تأتي مستمرة :

هو حدث حصل في المستقبل أما بالتخطيط أو التوقع المستقبل البسيد



	الإثبات Affirmative	Sub + will + v1	I will visit you.
Form	النفي Negative	Sub+ will + not +v1	I won't visit you.
القاعدة	السؤال Question	Will + Sub + v1 ?	Will you be my friend?
	كلمات دلإليةKey words	Next week, month, year, hour	
		Today / tonight / in the future	
		tomorrow	
		Perhaps / maybe / probably	
		I think / I hope / I wish	
			الجدول التالي يوضح الفرق بين استخدامات will / going to

will	Going to
Immediate decision قرار مفاجئ دون تخطيط	Prior plans مخططات مسبقة أو تم التخطيط
I'll have salad now	I'm going to visit my grandparents next Monday.
Personal opinion or experience تجربة أو راي شخصي	Present evidence دلیل ملموس
I think they will lose the match	Look at those clouds, it's going to rain.
Future fact حقائق مستقبلية	Something is about to happen شيء سيحدث
The sun will rise tomorrow.	Watch out! The train is going to pass.

*تنويه : كلاً من going to / will قد يتم استخدامهما للإشارة لتوقعات مستقبلية دون وجود اختلاف حقيقي بينهما في المع

I think it will be cloudy tomorrow / I think it is going to be cloudy tomorrow



الكلام المنقول Reported Speech

الكلام المنقول : هو نقل الكلام من شخص لأخر مع تغيير ات قواعدية تحصل على الجملة (النميمة)

مثال لتوضيح في حالة المضارع: (الكلام المباشر I like dogs : (direct speech (الكلام المنقول She says she likes dogs. (reported speech رالكلام المنقول Tense Changes تغيير الأزمنة

Reported speech الكلام المنقول
Past simple
He said (that) she always wore a coat.
Past continuous
She said (that) she was looking for her keys.
Past perfect
He said (that) she had written three letters for her friend
Past perfect continuous
They said (that) they had been traveling a lot.
Past perfect
He said (that) his friend had given him a pen.
Past perfect continuous
he said (that) it had been raining.
Past perfect
He said (that) he had gone to Amman
Past perfect continuous
They said (that) they had been trying to open the door for five minutes
Would
He said (that) he would finish his report.
Could
He said (that) he could speak English.
Might
She said (that) she might invite them to dinner.
Had to
She said (that) she had to go to the bank.
Had to
She said (that) she had to eat her lunch
Was were
He said (that) He was eating

- Present Simple Tense into Past Simple Tense
- Present Continuous **Tense** into Past Continuous **Tense**
- Present Perfect **Tense** into Past Perfect **Tense**
- Past Simple Tense into Past Perfect Tense
- Past Continuous Tense into Past Perfect Continuous Tense
- Past Perfect **Tense** (the tense remains unchanged)
- Will into Would
- Will be into Would be
- Will have into Would have
- Will have been into Would have been
- Can into Could
- **Could** (The verb remains unchanged)
- Have to into Had to
- Must into Must/Had to
- May into Might
- **Might** (The verb remains unchanged)
- **Should** (The verb remains unchanged)

تغییرات الوقت و المکان <u>Time and place</u> references often have to change in **Indirect Speech**

الكلام المباشر Direct speech	Reported speech الكلام المنقول
Now	Then / at that time
At that moment	At that moment
Today	That day
Here	There
This	That
These	Those
Tomorrow	The following day/ The next day/ The day after
Next week	The following week/ The next week/ The week after
Yesterday	The previous day/ The day before
Last week / since	The previous week/ The week before
Ago	Previously/ Before
Tonight	That night

تغيير الضمائر Pronouns changes

He/She He She	us my Myself	Them His / her Himself / herself
She	~	
_	Myself	Himself / herself
It	Your	My / his / her / their / our
they	Mine	his / her
I / she / he / they / we	Yours	His / hers / theirs
they	Ours	Theirs
Him / her	Our	their
	90	ثلة على بعض الأفعال الكلام المنقول
	they I / she / he / they / we they	theyMineI / she / he / they / weYourstheyOursHim / herOur

		INTRODUCTORY	Y VERBS INREPORTED SPEECH
VERB			Reported speech
الأفعال	Verb	Agree	He agreed to cook for me.
التي يأتي		Offer	He offered to carry her baby.
	+ to	Refuse	She refused to buy me a car.
بعدها فعل		Demand	He demanded to be told the truth.
مجرد	+	Threaten	He threatened to punish me if I didn't behave myself.
		Promise	He promised to marry her when he returned.
	Infinitive	Claim	He claimed to have heard her say that.
الأفعال	Verb	Advise	He advised me to take a coat.
التي		Allow	He allowed me to park over there.
يأتي	+	Beg	She begged me to call the police.
بعدها مفعول		Command	He commanded them to drop their weapons.
مععوں به ثم	Indirect object	Encourage	He encouraged me to phone her.
فعل		Forbid	My doctor forbade me to eat sweets.
مجرد	+ to	Invite	She invited me to go to his house.
		Want	He wanted me to drink a cup of tea.
	+	Instruct	He instructed me to insert coin.
	infinitivo	Permit	My parents permitted me to travel with my friends
	infinitive	Urge	He urged me to finish reading the book.
		Order	She ordered me to get out of bed.
		Remind	She reminded me to take out the garbage.
		Warn	She warned me not to go near the oven.

		VERB	Reported speech
الفع	Verb	Admit (to)	He admitted (to) stealing/having stolen her money
متبو		Accuse somebody of	She accused me of breaking the cup.
د	+	Apologize for	He apologized for shouting/having shouted at me.
		Complain to someone of	He demanded to be told the truth.
فع NG	ING form	Deny	He denied murdering/having murdered his wife.
NG		Insist on	She insisted on me/my wearing warm clothes.
		Suggest	She suggested going to the theatre.
الفعل	Verb	Complain	She complained that I was always late.
		Deny	She denied that she had flown in an aeroplane.
متبوع	+	Explain	He explained that it was an easy recipe to follow.
ب	That	Exclaim/remark	She exclaimed/remarked that he was a beautiful baby
÷	Indi	Promise	She promised that she would call me.
that	+	Boast	He boasted that he was a brilliant dentist.
	dausa	Inform somebody	He informed me that I would be called for an interview.
	clause	Claim	He claimed that he knew the answer.
		Agree	He agreed that it was a beautiful hat.
		Suggest	He suggested that I (should) take the other road.
الفعل + how	Verb + how	Explain to someone	He explained to me how to make polite conversation.
يتعجب	wonder	Wonder where/what/why/ how + clause	She wondered how he could reach the top.
			He wondered where Joan was.
		Wonder + whether + to-inf or clause	He wondered whether to buy that blender.
		Wonder where/what/how + to- inf or clause	He wondered where he had gone wrong in his calculations.
			He wondered how to get to the post office.

بعض القواعد التي يجب عليك عزيزي الطالب الإلتزام بها في:

1 – الأسئلة المنقولة reporting questions :

موجودة في الجدول كاملاً	ضع نقطة (.) في نهاية الجملة بدلاً من علامة الإستفهام(؟)	-
موجودة في الجدول كاملاً	غير الزمن والضمير في الجملة	-
موجودة في الجدول (2 / 6)	احذف الكلمات التالية من السؤال : (do / did / does))	-
موجودة في الجدول (1 / 2)	في حال كان السؤال جوابه نعم أو لا استخدم الكلمات التالية (if / whether)	-
	He asked + If / whether + Sub + verb	
موجودة في الجدول كاملأ	استخدم الكلمات التالية (wondered / wanted to know / asked / inquired)	
موجودة في الجدول (6)	في حال استخدام (Wh-q) استخدم نفس الكلمات وقم بتغير ترتيب الكلمات	-

الجدول التالي توضيح لما سبق

	Direct questions	Reported questions	
1 Is he ready?		He asked if he was ready.	
2	Where do they go?	He asked where they gone .	
3	How much does it need to be in Aqaba?	He asked how much it needed to be in Aqaba.	
4	Did you know about that yesterday?	She wondered if he had known about that the day before.	
5 Have you been to Amman lately? She wanted to know whether he had been to Amm		She wanted to know whether he had been to Amman lately.	
6	5 When did you start running? He wondered when she had started running.		

2 - صيغة الأمر Imperative forms:

نستخدم الأفعال التالية (advised / promised / told) وأفعال أخرى تجدها في الجدول الثاني صفحة 28 (الأفعال التي بأتي بعدها مفعول به)
 نستخدم (to / not to) قبل فعل الأمر

She warned me not to go near the oven. : لاحظ المثال التالي

3 – نقل الجمل الخبرية (reporting statement) راجع الجدول صفحة 26

Sub + told + obj - 1 : نستخدم Sub + (said / added / replied / advised) + (that) -2



المبنى للمجهول Passive voice

المبني للمجهول يتم استخدامه في اللغة العربية أو اللغة الإنجليزية لإخفاء الفاعل, لماذا يتم إخفاء الفاعل؟ أما خوفاً عليه أو الخوف منه أو عدم معرفة الفاعل. فلنفترض عزيزي الطالب أن أحمد قام بكسر زجاج نافذة البيت, وعند قدوم الأب من العمل بلغت الأم الوالد بأن الزجاج كُسٍ

لاحظ عزيزي الطالب أننا قمنا بإخفاء الفاعل و هو أحمد أي قدمنا جملة تحتوي على مفعول به و هو الزجاج و فعل و هو كسر, ولم نقم بإضافة الفاعل و هو أحمد. لنقم عزيزي الطاب بتحويل الجملة التي استخدمناها مسبقاً:

Active: Ahmad **breaks** the window.

Passive: the window is **broken**

بأمكاننا أضافة "بواسطة أحمد" على الجملة السابقة للتعريف عن الفاعل by Ahmad

لاحظ الجدول التالي لتميز بين المبني للمجهول ضمن الأزمنة

Tense	المبني للمعلوم Active	المبني للمجهول Passive
present simple	l make a cake.	A cake is made (by me).
present continuous	I am making a cake.	A cake is being made (by me).
past simple	l made a cake.	A cake was made (by me).
past continuous	I was making a cake.	A cake was being made (by me).
present perfect	I have made a cake.	A cake has been made (by me).
pres. perf. continuous	I have been making a cake.	A cake has been being made (by me).
past perfect	I had made a cake.	A cake had been made (by me).
future simple	I will make a cake.	A cake will be made (by me).
future perfect	I will have made a cake.	A cake will have been made (by me).

قواعد المبني للمجهول:

Verb3 / past participle يجب دائما استخدام التصريف الثالث من الفعل -1

2 – يفضل استخدام by وما بعدها لتكون إجابتك وافية

3 – ضبع المفعول به في أول الجملة ثم الفعل في المبني للمجهول

4 – من الممكن أن يطلب منك تحويل المبني للمجهول إلى المبني للمعلوم لذلك تمرن على المبني للمعلوم أيضاً



الجملة الشرطية If conditional

الجملة الشرطية تقسم ل 4 أنواع : سنتعرف غليهم جميعاً من خلال الجداول الآتية

الحالة صفر Zero conditional		
الإستخدام Usage		
أمثلة Examples	If you freeze water, it turns into ice.	
1	If heat water at 100 degrees, it boils.	
	I get tired if I work too much.	
	الحالة الأولى first conditional	
بناء الجملة Structure	If + present simple, simple future	
الإستخدام Usage	احتمال أو إمكانية حصول الشيء في الحاضر أو المستقبل Possibilities in the present or future	
أمثلة Examples	If it rains, I will stay at home.	
	If I wake up late, I will miss the bus.	
	You will pass the exam If you study hard	
الحالة الثانية second conditional		
Structure بناء الجملة If + past simple, would/wouldn't + verb1		
الإستخدام Usage	موقف خيالي في الحاضر والمستقبل Imaginary situation in the present or future	
أمثلة Examples		
I f I were you. I would quit smoking.		
I would stop working If I won a million dollars.		
	الحالة الثالثة third conditional	
بناء الجملة Structure	If + past perfect, would / wouldn't + have + Past participle	
الإستخدام Usage	موقف خيالي في ألماضي أي مستحيل Imaginary situation in the past Impossible موقف خيالي في ألماضي أي مستحيل	
أمثلة Examples	If I had got a gold medal, I would have been happy.	
	If I had meet you last week, I would have given you a hug.	
You would have caught the train if you had got up earlier.		



السببية Causative verbs

تستخدم السببية للإشارة على أن شخص ما قام عني/عنا بالفعل (أو جعلت / جعلنا هذا الشخص يقوم بالفعل)

انظر الجدول التالي والذي يبسط الأزمنة

Present Simple	I have my car fixed.	
Present Progressive	I'm having my car fixed.	
Past Simple	I had my car fixed.	
Past Progressive	I was having my car fixed.	
Future will	I'll have my car fixed.	
Present Perfect Simple	I've had my car fixed. 👘 🏹	
Past Perfect Simple	I had had my car fixed.	
Modal Verbs	I must have my car fixed.	
Future going to	I'm going to have my car fixed.	
Imperative	Have my car fixed.	
Present Infinitive	I managed to have my car fixed.	
-ing form	I remember having my car fixed.	

قواعد السببية

sub + Have (get) + object + v3 بناء القاعدة بشكل عام - 1

do, does, did والنفى من المضارع البسيط والماضى البسيط للصيغة السببية تُصاغ مع الأفعال المساعدةdo did

3 – في اللغة غير الرسمية أو المتحدثة فإننا نستخدم get بدلا من Have

4 – إذا أر دنا أن أن نضيف من قام بالحدث فإننا نضيف by

أمثلة:

Khaled didn't write his lesson

I asked someone to fix my computer

he had his lesson written.

I had my computer fixed by someone.

Gerunds and infinitive

قواعد:

1. صيغة (gerund) هي بكل بساطة (ing+verb) مثل: (gerund / listening / writing) مثل: (gerund / listening / writing

2. صيغة (infinitive) هي (verb+to) مثل: (verb+to work / to listen / to write) مثل: (

3. صيعة (infinitive without to) هي الفعل فقط بدون أي إضافات مثل: (play / take / work / listen / write)

Verbs followed by infinitive (to +verb)	Verbs followed by gerund (Ving)
Plan / want / intend / able to / decide	Stop / dislike / finish / practice
Agree / hope / used to	Suggest / enjoy / avoid / love / consider

Modals of speculation / possibility التخمين والإحتمال

أفعال التخمين: و هي الأفعال التي تشير في الجملة على احتمالية خدوث شيء إليك الجدول الآتي:

التخمين / الإحتمالية	الكلمات الدلالية	طبيعة الفعل
Must	Sure / definitely / certain	الفعل مثبت
Can't	Sure / definitely / certain	الفعل منفي
Might	Not Sure / not certain / probable / perhaps / possible	الفعل مثبت
Mightn't	Not Sure / not certain / probable / perhaps / possible	الفعل منفي

Present simple = **modal +inf** Pastsimple/ present perfect = **modal +have+ v3** Present contiuous = **modal +be+v-ing**

قواعد: 1 – ابحث عن الدليل (الكلمات الدلالية) واحذفه. 2 – انظر للفعل الرئيسي هل هو مثبت أم منفي وما الزمن المستخدم.

3 - استخدم التخمين / الإحتمالية كما هو موضح في الجدول

مثال توضيحى:

I am certain that the weather is nice.

The weather must be nice.
Part One : Comprehension (10 points)

* Read the following text then answer the questions that follow:

Young people love learning, but they like learning even more if they are presented with information in an interesting and challenging way. Today, I am going to give a talk about how you can use technology in Jordanian classrooms.

Many classrooms now use a whiteboard as a computer screen. As a consequence, teachers can show websites on the board in front of the class. Teachers can then use the Internet to show educational programmes, play educational games, music, recordings of languages, and so on.

In some countries, tablet computers are available for students to use in class. Therefore, students can use the tablets to do tasks such as showing photographs, researching information, recording interviews and creating diagrams. Tablets are ideal for pair and group work.

Teachers can perhaps ask their students to start writing *a blog* (an online diary), either about their own lives or as if they were someone famous. They can also create a website for the classroom. Students can contribute to the website, so for example they can post work, photos and messages.

Another way of communicating with other schools is through talking to people over the computer. Most computers have cameras, so you can also see the people you are talking to. You can also use this system to invite guest speakers to give talks over a computer.

Students often use computers at home if **they** have them. Students can use social media on their computers to help them with their studies, including asking other students to check and compare their work, asking questions and sharing ideas. The teacher must be part of the group to monitor what is happening.

1. Teachers can use the internet for many and different purposes. Write down two of them. (2 points)

2. According to the text, what could be used to create diagrams? (1 point)

.....

3. Write down the sentence that indicates the role of the teacher of following the development. (1 point)

4. Students can contribute to the class website. How? (2 points)

5. What does the underlined pronoun(**they**) in the last paragraph refer to ? (1 point)

.....

6. Find a word in the text that means a mobile computer, with a touch screen, processor and battery all in one unit (1 points)

-

7. Do you think using technology in Jordanian classrooms is useful? Write down your opinion showing the positive and negative impacts of it . (2 points)

Part Two : Vocabulary (7 points)

1. Fill in the spaces with a word from the box : (**5** points)

floppy disk , whiteboard , calculation, share, create , identity fraud

1. Many schools use the.....to enhance the education process in the class.

2. Increasingly, technological criminals are using computers to commit illegal actions like...... to buy things or reach bank accounts.

- 3. Before the invention of the, it had not been possible to store and transfer data between computers.
- 4. Communicating through the Internet has helped many people to ideas.
- 5. The computer can do millions ofs each second.

2. Explain the difference in meaning between these sentences: (2 points)

• Students should be able to **create a website** for their class.

• It is possible for some students to contribute to a website.

Part Three : Structure (13 points)

1. Correct the verbs between brackets : (9 points)

- 1. It started to snow while we.....out there. (play)
- 2. The car..... in the garage last week. (paint)
- 3. After the others....., we went to bed. (leave)
- 4. look ! The bridge down. (fall)
- 5. Sami..... that book yet. (not, copy (
- 6. By the time we arrived, they hadfor an hour. (be , talk (

7.If she hard, she will fail in her exam. (not, study)
8. My neighbor doesn''t clean his car himself. He has it
9. You should avoid T.V more than an hour a day . (watch)
2. Re-write these sentences : (4 points)
1. "I"m making a trip to Petra next week."
Suzan said that
2. I am sure they didn't take the money.
They
3. Ali tidied his office, and then he went home.
After Ali
4. I asked a specialist to mend my house.
I

الأجابات النموذجية للإمتحان

1. Teachers can then use the Internet to show educational programmes, play educational games, music, recordings of languages

- 2. tablet computers
- 3. The teacher must be part of the group to monitor what is happening. 4. They can post work, photos and messages.
- 5. Students
- 6. Tablet computers
- 7. open answer

1. whiteboard 2. identity fraud 3. floppy disk 4. share 5. calculation

Create a website To construct a website that currently does not exist Contribute a website Offer your writing and work to the website.

1. were playing 2. Was painted 3. Had left 4. Is falling 5. Hasn"t copied 6. Been talking 7. Doesn"t study 8. Cleaned 9. Watching

- 1. She was making a trip to Petra the following week.
- 2. They can't have taken the money.
- 3. After Ali had tided his office, he went home.
- 4. I had my house mended.

Part One : Comprehension (12 points)

* Read the following text then answer the questions that follow

A) What is the 'Internet of Things '?

Everyone knows that the Internet connects people, but now it does more than that - it connects objects, too. These days, computers often communicate with each other; for example, your TV automatically downloads your favorite TV show, or your ' sat nav ' system tells you where you are. This is known as the ' Internet of Things ', and there's a lot more to come.

B) An easy life !

In just a few years' time, experts say that billions of machines will be connected to each other and to the Internet. As a consequence, computers will increasingly run our lives for us. For example, your fridge will know when you need more milk and add **it** to your online shopping list; your windows will close if it is likely to rain; your watch will record your heart rate and email your doctor; and your sofa will tell you when you need to stand up and get some exercise!

C) A frightening future

Many people are excited about the 'Internet of Things'. For them, a dream is coming true. They say that our lives will be easier and more comfortable. However, others are not so sure. They want to keep control of their own lives and their own things. In addition, they wonder what would happen if criminals managed to access their passwords and security settings. The dream could easily become a nightmare!

1. How will the internet of thing help you to keep fit, according to the text? Give one example . (2 points)

2. There are many available that show that own lives will be much a second targing the future. White down two of these availables (2 reints)

2. There are many examples that show that our lives will be run by computers in the future. Write down two of these examples . (**2points**)

3. What does the underlined pronoun " it ", second paragraph, refer to ? (2 points)

4. Find a word in the text which means " to find information, especially on a computer " . (2 points)

.....

5. Quote (Write down) the sentence which indicates and justifies why some people find the idea of the 'Internet of Things' exciting. (2 points)

6. The Internet is a double-edged weapon(exciting and worrying). Think of this statement and, in two sentences, write down your point of view. (2 points)



2. Choose the suitable item to complete the following sentences : (10 points)

1. If we had managed our time carefully, we the prize.

(would get , will get , would have got)

2. The car..... in the garage last week.

(were painted, is painted, was painted, painted)

4. look ! The bridge down.

(is falling, was falling, fell, had fallen)

3. After the others....., we went to bed.

(leave, was leaving, were leaving, had left)

5. she decided Law at university .

(study, studying, to study, studied)

3. Complete the following sentences (3 points)

1.I am sure the gardener didn't water the plants. They are dead.

The gardener.....

2.My brother asked someone to paint the house.

My brother

3. " My friends saw a terrible accident yesterday ".

Ahmed said that

الإجابات النموذجية للإمتحان

1. Your watch will record your heart rate and email your doctor; and your sofa will tell you when you

need to stand up and get some exercise!

2. Your fridge will know when you need more milk and add it to your online shopping list; your windows will close if it is likely

3. Milk

4. Access

5. They say that our lives will be easier and more comfortable.

6. Open answer

1. would have got 2. Was painted 3. Is falling 4. Had left 5.to study

1. can"t have watered the plant.

2. my brother had the house painted .

3. his friend had seen a terrible accident the day before .



Complementary medicine: is it really a solution?

1	
paragraph	
Most doctors used to be sceptical about the validity of homoeopathy,	لطالما كان الأطباء متشككون في فاعلية وصحة الطب المثلي(التكميلي /التداوي
acupuncture and other forms of complementary medicine. If patients	بالاعشاب او بعض المواد)والوخر باإبر واشكال اخرى من الطبُّ التكميليُّ إذا رغبُ
wanted to receive this kind of non-conventional treatment, they used to	المريض بالتداوي بمثل هذه العلاجات غير التقليدية، فإنه يتوجب عليهم أن يستشيروا
have to consult a private practitioner who was likely not to have a	من يمارس هذا الطب والذين بالاغلب لا يحملون درجة علمية(شهادة طبية .)و على اية
medical degree. However, in recent years, the perception of this type of	حال، في السنوات الأخيرة، اختلف مفهوم هذا النوع من العلاج فالعديد من أطباء العائلة
treatment has changed. These days, many family doctors study	هذه الأيام يدرسون الطب التكميلي جنبا إلى جنب مع الطب التقليدي والعديد من
complementary medicine alongside conventional treatments, and many	المداويين بالطب التكميلي يحملون شهادات في الطب ايضًا.
complementary medicine consultants also have medical degrees.	
Whereas critics used to say that there was no scientific evidence that non-	لطالما قال النقاد أن الطب التكميلي لا يمتلك اي دليل علمي بأن المعالجة به نافعة، و إنه
conventional treatments actually worked, now it is more common for	من الشائع أن الخبر اء الطبيون أصبحواً مدر كين أن الطب البديل أو التكيلي هو ليس دائمًا
medical experts to recognise that conventional medicine may not always	الطريقة الوحيدة لعلاج الأمراض الخفيفة.
be the only way to treat an ailment.	
At a surgery in London, 70 per cent of patients who were offered the	في احدد عيادات الطب الجراجي في لندن، % 70 من المرضى الذين خيروا بين العلاج
choice between a herbal or a conventional medicine for common	بالأعشاب أو أي علاج تكميلي بديل لشكاوي شائعة مثل الأرق والتهاب المفاصل
complaints such as insomnia, arthritis and migraines chose the herbal	والشقيقة اختاروا النداوي بالاعشاب وقال عندها % 50 من المرضى عندها أن العلاج
remedy. Fifty per cent of patients then said that the treatment helped.	والمسية المساروة المروي بالا عناب بودي مساد الروي في المريضي مساد ال المعرب
One doctor said, "I now consider homoeopathy to be a viable option for	قابل للنجاح للعديد من الحالات بما فيها القلق والإكتئاب وبعض الحساسية فهي توفر
many different conditions, including anxiety, depression and certain	حيل آخر عندما لا ينفع الطب التقايدي بشكل دقيق.
allergies. It provides another option when conventional medicine does	ــــــــــــــــــــــــــــــــــــــ
not address the problem adequately."	
However, complementary medicine cannot be used for all medical	على اية حال، لا يمكن للطب البديل ان يُستخدم لكل الإستطبابات العلاجية . لا يمكنها ان
treatments. It can never substitute for immunisations as it will not	على بيد حال، لا يمثل للطب المديل ال يستخدم لكل المستطبات العرجيد الا يمتنها ال تحل محل عمليات التطعيم/التلقيحلانها لن تنتج الأجسام المضادة والتي نحتاجها لتحمينا
	لحل محل عميات التصغيم التنفيد في الله المعام المصادة والتي تحاجه التحميات من أمراض الطفولة .ولا يمكنها ايضا ان تحمينا من الملاريا.
produce the antibodies needed to protect against childhood diseases. It	من أمر أص الطقولة .و لا يمعنها أيضا أن تحمينا من المكري.
also cannot be used to protect against malaria.	tion zietss ist testes the states to second the total states to second the second states to second the second states to second states
One doctor said, "I will always turn to conventional medical treatment	اعرب احد الأطباء انه سيقوم بالعودة للعلاجات الطبية النقليدية أولا ليتأكد انه لم يمر
first to ensure that no underlying condition is missed. However, the idea	عن اي حالة خفية .و على ايه حال، فإن العلاج بالطب البديل لم تعد فكرة غريبة .في
of complementary treatments is no longer an alien concept. In my	ر أيه يجب على الطب البديل ان يعمل جنبا إلى جنب مع الطب الحديث وليس ضده.
opinion, it should work alongside modern medicine, and not against it."	

Words must be sa word	المعنى		word	المعنى	word	المعنى	word	كلمات يجب حفظها غير المعنى
Complementary	المعلى	مكتمل	Family	عائلة	Patient	مريض	Anxiety	قلق
Medicine		دواء	Alongside	جنباً إلى جنب	Offer	مريص يعرض		یسی اِکتئاب
Solution		<u>در</u> حل	Whereas	میں جین جیب فی حین	Choice	پیریس اختیار	Certain	ې <u>لىكب</u> مۇكد
Sceptical		ح ں شکاک	Critics	<i>ڪي حين</i> ناقد	Herbal	عشبى	Address(v)	موعد يخاطب
Validity		<u>ست</u> صلاحية	Scientific	علمي	Complaint	عسبي شكوى	Adequately	يکاهب علي نحو کافٍ
Homoeopathy	()	صارحية طب الأعشاد	Evidence	<u>للمعني</u> دليل	Insomnia	الملكوى أرق	Substitute	على لكو كالب بديل
Acupuncture			Actually	حقاً	Arthritis	ارقی التهاب مفاصل	Immunisation	
Forms	,	الوخز بالإبر نماذج	Common	شائع	Migraines	مداع نصفي	Antibodies	تحصين أجسام مضادة
Conventional		ſ			chose	اختار		الجسام مصاده
		تقليدي ملا -	Recognise	يعترف			Against Childhood	
Treatment		علاج	may	ربما دائماً	Remedy	علاج		طفولة
Consult		يستشير	Always		Consider	يعتبر	Disease	مرض
Private		خاص	Only	فقط	Viable	قابل للحياة		مرض الملاريا
Practitioner		ممارس	Ailment	مرض	Option	خيار	Ensure	يأكد
Degree		درجة	Surgery	عملية	Different	مختلف	Underlying	أساسي
Recent	ث	قريب / حديا	London	عاصمة برطانيا لندن	Condition	حالة	Missed	أغفل
Perception		إدراك	Per cent	بالمئة	Including	يتضمن	Alien	فضائي(غريب)
							Concept	مفهوم
							opinion	رأي
Words		Meaning	· · /					Words
acupuncture (n)			f complementary me	dicine in which fine n	eedles are inserted in	n the skin at specific p	oints.	الوخز بالإبر
ailment (n)		illness.						مرض خفيف
allergy (n) allergic	(adj)			m when it is sensitive	to something; this re	action comes in the fo	rm of sneezing,	تحسس/حساسية
arthritis (n) arthrit	ia (adi)		or a skin rash.	nmation and stiffness	of the joints			إلتهاب المفاصل
herbal remedy (n)	ic (auj)		or mixture of a plan		of the joints.			إلىهاب (لمعاصل) التداوي باألعشاب
remedy (v)			or cure disease. ren					، <u> </u>
homoeopathy (n)		,	f complementary me	· • • •	ses are treated by mi	nute doses of herbs a	nd other natural	المعالجة المثلية
			ne process by which an individual's immune system becomes protected against an illness. immunise (v) nmune (adj)					
malaria (n)		a dangero	us disease transmitte	d by mosquitoes.				مرض المالريا
migraine (n)	X		l headache which ofte sickness and problem					الصداع النصفي الشقيقة
antibody (n)		a substanc	e produced by the bo	ody to fight disease.				الجسم المضاد
complementary- m	edicine	medical tr	eatment which provi	des an alternative to	scientific medical pra	ctices. complement	z (v)	الطب البديل الطب التكميلي

conventional (adj)	having been used for a long time and is considered usual.		تقليدي
	convention (n) conventionally (adv)		
option (n) optional (adj)	something that is or may be chosen.		خيار
viable (adj) viability (n)	effective and able to be successful.		قابل للنجاح
practitioner (n)	someone who is qualified or registered to practise a		من يمارس مهنة او
practise (v)	particular occupation or profession.		مهارة
	practical (adj) practically (adv)		
sceptical (adj) sceptic (n)	having doubts; not easily convinced.		متشكك
scepticism (n)			
QUESTIONS		والإجابات النموذجية	أسبالة الفقدة
VUESIIONS			

QUESTIONS

1- What medical conditions may be possible to treat using complementary medicine?

2- Read the article again, and decide if these sentences are true or false. Correct the false sentences. SB: p15

a- Doctors and patients didn't use to be convinced that complementary forms of medicine work.

b- Nowadays, many doctors study complementary forms of treatment.

c- At the surgery mentioned in the article, the majority of patients found that the herbal remedy did not help them.

d- Complementary medicine can work as a replacement for immunisations or to treat malaria.

3- (Critical Thinking/Brain Storming) The article suggests that people's perception of complementary medicine has changed over time. Why do you think this is the case? SB: p15

4- "Complementary treatments should work alongside modern medicine, not against it." SB: p15 Explain this statement in two sentences, justifying your answer with examples from the article.

5- What were most doctors' feelings like regarding homoeopathy?

6- Who practices homoeopathy? Mention two parties.

7- What is the situation now regarding nonconventional (complementary) medicine?

8- Give a word from the text which means the same as "illness".

9- Can conventional medicine always be the only way to treat an ailment?

10- What did people in a surgery in London choose when they were offered choice between a herbal or a modern medicine? Why?

11- What is the opinion of the doctors mentioned in the text? Your answer should be based on two paragraphs.

12- Quote the sentence which indicates that doctors now deal with nonconventional treatment.

13- What is the problem with complementary medicine? Why can't it replace modern medicine?

14- What do the underlined words/pronouns in the above text refer to? Select 5 only.

MODEL ANSWERS

1- Common complaints such as: insomnia, arthritis and migraines, anxiety, depression and certain allergies.

2- a- True b- True c- False. Fifty per cent of patients said it helped. d- False. Complementary medicine cannot be used for all medical treatments.

3- People's perception of complementary medicine has changed because they found that these types of treatment worked with no side effects, they also found that conventional doctors were studying more and more about these non-conventional ways of treatment.

4- Doctors should use complementary treatments with the scientific ways they have learned. They should not neglect/ignore them nor depend on them all the time. They should use them to cure common complaints such as: insomnia, arthritis and migraines, anxiety, depression and certain allergies.

5- Most doctors used to be sceptical about the validity of homoeopathy and other forms of complementary medicine.

6- Private practitioners and conventional doctors practice homoeopathy.

7- The idea of complementary treatments is no longer an alien concept, it should work alongside modern medicine, and not against it.

8- Complaints.

9- No, because the writer mentions that non-conventional (complementary) medicine provides another option when conventional medicine does not address the problem adequately.

10- They chose the herbal remedy maybe because they were fed up with modern medicine.

11- One doctor said that he then considered homoeopathy to be a viable option for many different conditions. Another doctor said that he would always turn to conventional medical treatment first to ensure that no underlying condition was missed.

12- These days, many family doctors study complementary medicine alongside conventional treatments, and many complementary medicine consultants also have medical degrees.

13- Complementary medicine cannot be used for all medical treatments. It can never substitute for immunisations as it will not produce the antibodies needed to protect against childhood diseases. It also cannot be used to protect against malaria.

14-they :patients / who: a private practitioner / I: one doctor / It/it /It: complementary medicine

I/my :one doctor / it :complementary treatment / it :modern medicine

Q1 Match the phrases in the table with the correct meanings. One word is not needed. The first one is done for you. VOCABULARY- WB; p. 11 المفردات

Acupuncture homoeopa arthritis immu	thy ailment inisation
malaria allergies	migraine
1 a serious illness that is spread by mosquitoes	malaria
2 a disease that causes pain and swelling in joints	arthritis
3 an illness or disease which is not very serious	ailment
4 giving a drug to protect against illness	immunisation
5 an extremely bad headache	migraine
6 a form of complementary medicine which uses thin needles	Acupuncture
7 conditions that make you ill when you eat, touch or breathe a particular thing	allergies
Q2: Complete the sentences with words from exercise 1. The first one is done for you.	WP; P11
1 My grandfather has arthritis in his fingers, so he sometimes finds it difficult to write.	
2 to nuts and milk are becoming more common.	Allergies
3 Many serious diseases can be prevented by, which helps the body to build antibodies.	Immunisation
4 Headaches and colds are common s, especially in winter.	ailment
5 If you have a, the best thing to do is take some medicine and rest somewhere quiet.	Migraine

<u>Are happier people healthier – and, if so, why?</u>									
	Pa	ragraph				ترجمة الفقرة			
emotions can harm Anger can also hav is raised and you However, what abo	a bit blue from time to a the body. we harmful effects on h can suffer from headac out positive feelings an are there is a link betwe	ealth. When you s ches, sleep proble nd attitudes? Until	see red, your blood p ms and digestive pro recently, scientists	ل الدم pressure ا عن bblems.	عندما تغضب، يرتفع ضغط اكل في الهضم ولكن ماذ	جسم. رات مؤذية على الصحة . ع ومشاكل في النوم ومش يستطع العلماء حتى الأن ال	من الطبيعي ان تشعر بالقليل من ا المشاعر السلبية يمكن أن تؤذي ال يمكن ان يكون للغضب ايضا تأثير لديك ويمكن أن تعاني من الصدا المشاعر والإتجاهات الإيجابية؟ لم علاقة بين المشاعر الإيجابية والص		
20 years, researche influencing health outlook on life.	at had followed more ers found that positivity included a supportive n	reduced the risk of etwork of family a	، نؤٹر factors اة. انقلاب	ومن العوامل الاخرى التي ن للشخص وتفائل في الحي	ن من خطر مرض القلب. الاقارب والاصدقاء داعمي	في در اسة تتبعت اكثر من 6000 و جد الباحثون ان الايجابية قللت على صحة تشمل وجود شبكة من			
who had a more p years later. The stu lifestyle choices, s and other illnesses raise the question: people make better The researchers ap make it possible to to develop positive	The research showed that children who were more able to stay focused on a task, and who had a more positive attitude to life at age seven, were usually in better health 30 years later. The study has been controversial. Some health professionals believe that bad lifestyle choices, such as smoking or lack of exercise, are the reason for heart disease and other illnesses, and not an individual's attitude. The researchers, while agreeing, raise the question: why are people making bad lifestyle decisions? Do more optimistic be a califies and environment make it possible to live without worry. However, they believe that if we teach children to develop positive thinking, and to 'bounce back' after a setback, these qualities will improve their overall health in the future.								
Words must be sa	aved					غيبأ	كلمات يجب حفظها		
word	المعنى	word	المعنى	word	المعنى	word	المعنى		
Normal	طبيعي	suffer	يعاني	Network	شبكة	Appreciate	يقدر		
Feel	يشعر	Headache	ألم رأس	Optimistic	متفائل	Circumstance	ظرف		
Bit	قليل	digestive	هضم	Outlook	مظهر	Environment	بيئة		
Negative	سلبي	Positive	إيجابي	focus	يركز	Worry	قلق		
Emotion	مشاعر	Attitude	سلوك	Task	مهمة	Develop	يطور		
Harm	يضر	Investigate	يحقق (في قضية)	Better	أفضل	Bounce	يرتد		
Body	جسم	link	يصل (بشيء)	Controversial	جدلي خلاف	Quality	جودة		
Anger	غضب	Reduce	يقلل	Professional	محترف	Improve	يطور		
Effect	تأثير	Risk	مخاطر	Smoking	یدخن / دخان	Overall	كلي / إجمالي		
Health	صحة	Factors	عوامل	Lack	نقص				
Blood	دم	Influence	يأثر	Reason	سبب				

Pressure	ضغط	Include	يتضمن	Individual	فردي	
Raise	يرتفع	Supportive	داعم	Decision	قرار	

Words	Meanings (E)	Words
feel blue	to feel sad.	يشعر بالحزن
see red	to be angry.	يغضب
white elephant	something that has cost a lot of money but has no useful purpose.	مكلف بدون فائدة
have the green light	to have or give permission to go ahead with something or for something to happen.	يسمج / يُسمح له
red-handed	in the act of doing something wrong.	يرتكب حماقة يرتكب
out of the blue (adj)	apparently from nowhere; unexpectedly.	بشكل مفاج <i>ي</i> ء
bounce back	to start to be successful again after a difficult time.	النهوض بعد الفشل
focus on focus (n) focused (adj)	to direct your attention or effort at something specific.	يركز على
setback (n)	a problem that delays or stops progress, or makes a situation worse.	فشل / إخفاق
raise (v)	a question to bring up a problem or cast doubt on something.	يرفع/يسأل/يربي
optimistic(adj)optimism(n)optimist (n)	believing that good things will happen in the future.	التفاؤل

QUESTIONS

أسئلة الفقرة والإجابات النموذجية

- 1- Do you ever feel yourself getting angry? What kind of things can make you angry?
- 2- Do you think that feeling angry is bad for you?
- 3- What are the possible effects of anger and stress on someone's health? SB
- 4- What is controversial about the researchers' study? SB
- 5- What is your opinion of the researchers' findings? SB
- 6- (Critical Thinking) Read the quotation by Thomas Carlyle "He who has health has hope; and he who has hope, has everything". Do you agree with it? Why/Why not?
- 7- What do the underlined words in the above text refer to? Pick five only.
- 8- How can we improve our children's overall heath in the future?
- 9- Quote the sentence which indicates that childhood attitude is almost similar to your attitude when you grow up.
- 10- What do the underlined words in the text refer to?

MODEL ANSWERS

1.Yes, sometimes I get so angry. For example, when my parents ask me to go to bed early.

2- Yes, of course. I believe it is bad for me.

3- Anger can also have harmful effects on health. When you see red, your blood pressure is raised and you can suffer from headaches, sleep problems and digestive problems.

4- The study has been controversial. Some health professionals believe that bad lifestyle choices, such as smoking or lack of exercise, are the reason for heart disease and other illnesses, and not an individual's attitude.

5- I think he is right. When people have bad life conditions when they are young, his/her future will probably be uncomfortable because childhood situations always affect the personality of human beings.

6-Yes, I agree. Because healthy life leads to success, and when you are successful, you enjoy everything, especially work.

7-That/ a study who / who children they /The researchers their/ children

8- If we teach children to develop positive thinking, and to 'bounce back' after a setback, these qualities will improve their overall health in the future.

9- The research showed that children who were more able to stay focused on a task, and who had a more positive attitude to life at age seven, were usually in better health 30 years later.

10- emotions=feelings / scientists=researchers / optimistic= believing that good things will happen.

SB: p.17 Ex.4

A- What feeling does each idiom indicate? Use these: (happiness/sadness/fear/anger)

B- What do the underlined/bolded colour idioms mean?

1- We've got the green light to go ahead with our project!

2 Luckily, the police arrived and the thief was caught red-handed.

3 I was shocked when I heard the news. It came completely <u>out of the blue</u>.

4 Nobody goes to the new private sports club. The building is a white elephant.

Answers

A: 1- sadness 2- anger.

B: 1- got permission 2- in the act of doing something wrong 3- unexpectedly



Health in Jordan: A report

Introduction	مقدمة :تعد الصحة في الأردن من الافضل في الشرق الأوسط هذا بالأغلب يعزى لإلتزام الدولة
Health conditions in Jordan are among the best in the Middle East. This	بالتأمين الصحي للكل كأولوية التطورات في التعليم والأوضاع الإقتصادية والتصرف المجاري والماء النظيف والحمية والإسكان كل ذلك جعل مجتمعنا أكثر صحية.
is largely due to the country's commitment to making healthcare for all	والماء النطيف والحمية والإستان عن دلك جعن مجتمعت الحل صحية:
a top priority. Advances in education, economic conditions, sanitation,	
clean water, diet and housing have made our community healthier	
A. Healthcare centres	وكنتيجة للتخطيط الحذر بتطور عدد الخدمات الصحية بشكل سريع في السنوات الأخيرة و تم
As a result of careful planning, the number of healthcare services has	بناء أكثر من 800 مركز صحي وأيضا 188 عيادة لطب الأسنان في عام2012 98 بالمئة من الألذال الأرديدية تراتب مشكل تراسينيا في التراسينيات كانتر من 400 المستر
been increasing rapidly over the past years. More than 800 different	الأطفال الأردنيين تم تلقيحهم بشّكل تام بفضل فرق التطعيم والتي كآنت ولا زالت تسعى وراء هذا الهدف لعدة سنوات بالرغم من وجود مناطق نائية في الدولة والتي يكون بها الناس بدون
kinds of healthcare centres have been built, as well as 188 dental clinics.	هذا المهاف لعدة مسوات ببالرغم من وجود مناطق ثانية في الدولة والتي يدول بها الناس بدول اتصال ثابت بالكهرباء والماء النقى فإن الآن حوالي 99 بالمئة من سكان الدولة تتوفر لهم تلك
In 2012 CE, 98 per cent of Jordanian children were fully immunised,	المسان ديت بالشهرية والمام السي عان الأن عوامي الرام بالمت من سمان الدول عود عهم عط الأشياء.
thanks to immunisation teams that had been working towards this goal	
for several years. Although there were remote areas of the country where	
people had been without consistent access to electricity and safe water,	
almost 99 per cent of the country's population now has access.	
B. Hospitals	بالرغم من ان الدولة كانت تركز بشكل رئيسي على تطوير وتحسين المنشآت الصحية الأساسية،
Although the country has been focusing mainly on improving its primary	فإنها لم تهمل المنشآت الطبية المتطورة الخاصة بها فلقد انتشرت هذه السمعة الطيبة عن الأطباء الأردنيين في المنطقة والعديد من المرضى يأتون إلى الأردن لعمليات القلب المفتوح بدأ برنامج
healthcare facilities, it has not neglected its advanced medical facilities.	الأرديبين في الملطة، والعديد من المرضى فالون إلى الأردن تعمينات العلب المعلوح بدا برنامج عليه عمليات القلب المفتوح في عمان في عام 1970
The reputation of Jordanian doctors has spread in the region, and now	ـــــــــــــــــــــــــــــــــــــ
many more patients come to Jordan for open heart surgery. In Jordan,	
the open heart surgery programme started in 1970 CE in Amman.	
C. Life expectancy	إن ارقام متوسط العمر الإفتراضي توضح ان النظام الصحي الأردني ناجح ففي عام 1965 الأب كان ما يتسلما المالات المنتقل من النظام المسحي الأردني ناجع ففي عام 1965
The life expectancy figures show that Jordan's healthcare system is	ميلادي كان معدل متوسط العمر الافتر اضي في الاردن حوالي 50 عاما .في عام 2012 كان هذا المعدل للعمر الافتر اضى قد ارتفع لحوالى . 73.5 طبقا لإحصاآت منظمة اليونيسيف فإنه بين عام
successful. In 1965 CE, the average Jordanian's life expectancy was age	المعدل لعمر الإعراضي قد أرتعم تحوالي . و.ور عبك و حصاب منطعة اليونيشيك فالم بين عام 1981 وعام 1991 انخفض عدد وفيات المواليد بشكل سريع لم يُشهد في اي مكان في العالم من
50. In 2012 CE, this average life expectancy had risento 73.5. According	كل 1000 كان يتوفى 70 في 1981 الى 32 وفاة فقط من كل 1000 في عام 2014
to UNICEF statistics, between 1981 CE and 1991 CE, Jordan's infant	
mortality rates declined more rapidly than anywhere else in the world –	
from 70 deaths per 1,000 births in1981 CE to only 32 deaths per 1,000	
births in 2014 CE.	and the stand that is and the first but but but as a first the second stands that the second stands the second stands the second stands at the second stand stands at the second stand sta
Conclusion	ان المعدل المنخفض لوفيات الاطفال والنظام الصحي الممتاز كان من العوامل المساهمة في الزيادة السكانية الصحية والتي ينتج عنها قوى عاملة قوية وفوائد اقتصادية لكل البلد.
The low infant mortality rate, as well as the excellent healthcare system,	السكالية الصحية وأنني ينتج عنها فوى عاملة فوية وقوات اقتصادية بدن أتبتد.
have been contributing factors to Jordan's healthy population growth,	
which will result in a strong work force with economic benefits for the	
whole country.	

word	المعنى	word	المعنى	word	المعنى	word	المعنى
Introduction	مقدمة	Clean	نظيف	Remote	بعيد / نائية	Average	معدل
Condition	شرط / حالة	Diet	حمية	Area	منطقة	Risen	ارتفع
Among	بين	Community	مجتمع	Consistent	متسق	Statistics	إحصائيات
Middle	أوسط	Planning	تخطيط	Electricity	كهرباء	Infant	رضيع
East	الشرق	Services	خدمات	Population	كثافة سكانية	Mortality	معدل وفيات
Largely	بشکل ضخم	Increasing	بشكل متزايد	mainly	بشكل رئيسي	Rates	معدلات
Due	بسبب	Rapidly	سريع	Primary	أساسى	Decline	يرفض
Country	منطقة	Dental	أسنان	Facilities	مباني	Death	وفيات
Commitment	إلتزام	clinic	عيادة	Neglected	مهمل / متروك	Birth	ولادة
Healthcare	الرعاية الصحية	Immunised	منيع / حصين	Medical	طبي	Conclusion	خاتمة / ملخص
Тор	قمة	Immunisation	تحصين	Reputation	سمعة	Low	منخفض
priority	أولوية	Team	فريق	Spread	ينتشر	Contribute	يساهم
Advance	متقدم	Toward	للأمام	Region	منطقة	Factors	عوامل
Economic	اقتصاد	Goal	هدف	Expectancy	توقع	Growth	نمو
Sanitation	النظام الصحى	Several	العديد	Figures	أشخاص	benefits	فوائد

Word	English Meaning	لمعنى بالعربية
commitment (n) commit (v) committed (adj)	a promise to do something or to behave in a particular way.	لتزام
healthcare (n)	the prevention or treatment of illness by doctors, dentists, psychologists, etc.	لرعاية الصحية
life expectancy (n) expect (v) expectation	the length of time that a person or animal is expected to live.	متوسط العمر المتوقع
mortality (n) mortal (n and adj) mortally (adv)	death, especially on a large scale (e.g. infant mortality); the rate of deaths that occur (mortality rate).	نوفيات
reputation (n) repute (v)	the common opinion that people have about someone or something.	لسمعة
decline (v) decline (n)	to decrease in quantity or importance.	نخفض
		1

QUESTIONS

أسئلة الفقرة والإجابات النموذجية

- 1- Health conditions in Jordan are among the best in the Middle East. Why do you think this is the case? Give examples.
- 2- Write down the sentence which shows the sectors that helped in making Jordan healthier.
- 3- What is the link between the introduction and the conclusion in this report?
- 4- Is the language formal or informal? How can you tell?
- 5- What is the title of the report?
- 6- What is the purpose of the sub-headings before different sections?
- 7- What made the number of healthcare services increase in Jordan over the past years?
- 8- What does the underlined word "dental" in the text mean?
- 9- What are the result of careful planning?
- 10- What is the achievement of the immunisation teams?
- 11- Did the government forget about the advanced healthcare facilities? What are the consequences of that?
- 12- What is the specific disease that Jordanian doctors are very professional at?
- 13- Give one example of life expectancy rate that was improved?
- 14- What led the Jordanian population to rise? Give a reason from the text and another from your knowledge.
- 15-(Critical Thinking/ Brain Storming) What illnesses are children in Jordan vaccinated against?
- 16- What are the underlined words/pronouns in the text refer to?

MODEL ANSWERS

1- Health conditions in Jordan are among the best in the Middle East. This is largely due to the country's commitment to making healthcare for all a top priority.

The number of healthcare services has been increasing rapidly over the past years and 98 per cent of Jordanian children were fully immunized. Life expectancy had risen to 73.5 and infant mortality rates have fallen down.

2- Advances in education, economic conditions, sanitation, clean water, diet and housing have made our community healthier.

3- 'Health conditions are among the best in the Middle East' and 'Advances ... have made our community healthier' links with 'excellent healthcare system' and 'contributing factors to Jordan's healthy population growth'.

4- The language is formal. There are no contractions; the sentences are quite long, with relative pronouns, etc.; the vocabulary is formal; there are linking expressions such as: As a result of, According to and Although; the statistics included add to the formality.

5- Health in Jordan: A report.

6- They tell the reader what the section will be about. If it is a very long report, they are very useful in helping the reader to find particular pieces of information and making the text easier to read.

7- The number of healthcare services has been increasing rapidly over the past years as a result

of careful planning.

8- Dental means: relating to the teeth.

9- The number of healthcare services has been increasing rapidly over the past years. More than 800 different kinds of healthcare centres have been built, as well as 188 dental clinics. In 2012 CE, 98 per cent of Jordanian children were fully immunized. Almost 99 per cent of the country's population now has access to electricity and safe water.

10-98 per cent of Jordanian children were fully immunised, thanks to immunisation teams that had been working towards this goal for several years.

11- The country has not neglected its advanced medical facilities. The reputation of Jordanian doctors has spread in the region, and now many more patients come to Jordan for open heart surgery.

12- Jordanian doctors are very professional at open heart surgery. Many more patients come to Jordan for it.

13- Jordan's infant mortality rates declined more rapidly than anywhere else in the world.

14- The low infant mortality rate, as well as the excellent healthcare system, have been contributing factors to Jordan's healthy population growth.

15- Children in Jordan are vaccinated against tetanus, polio, measles, and smallpox.

cope with stress. In a recent study, patients who had been suffering from depression reported a great improvement after increased physical

16-That: immunisation teams /where: remote areas of the country /its/it /: the country

Get Moving! مشكلةٌ في تزايد :يوجد في العديد من الدول عدد متز ايد من الصغار والبالغين الذين يعانون من A- A growing problem السمنة أو حتى زيادة الوزن المغرطة يعد شبوع الطعام السريع (الجاهز) والذي لم يكن شائعا في In many countries, an increasing number of young people and adults are السابق احد الأسباب والعامل الكبير الثاني هو قلة التمارين كان الناس في السابق يمشون إلى overweight or even obese. One reason for this is the growing popularity المدرسة أو العمل ولكن هذه الأيام العديد منًّا يستقل السيارة وقد لعبت التكنولوجيا الحديثة دورها of fast food, which didn't use to be as common as it is now. الكبير في ذلك فنقضى وقتا أكثر وأكثر محدقين في شاشات الكمبوتر الم يحلم احد في التسوق عبر (1) Another big factor is lack of exercise. People would often walk to الإنترنت قبل اختراع الانترنت ولكن الآن يمكننا شُرأ كل شيء بدون مغادرة الأريكة. school or work, but these days many more of us drive. Modern technology has also played its part; we spend more and more time focusing on computer screens. Before the Internet was invented, nobody had dreamt of online shopping, but now we can buy almost anything without leaving the sofa. حان الوقت للاصغاء الطالما حذر خبراء الصحة من هذا المبول ونصبحتهم واضحة يجب على **B-** Time to listen البالغين التمرن لساعتين ونصف في الأسبوع على الأقل، اما الأطفال والمراهقين فيجب عليهم Health experts have been warning about this trend for years, and their التمرن لساعة يوميا على الأقل وقد يبدوا هذا ليس بالكثير لكن الدراسات تثبت أن 50 بالمئة من advice is clear. Adults should aim to exercise for at least two and a half البريطانيون لا يتمكنون من ذلك إن اطغال المدارس اقل نشاطا جسديا مما كانو عليه في السابق . hours every week; for children and teenagers the target should be at least تكره الفتيات خصوصا حصص اللياقة البدنية/الرياضة قد يؤدي هذا إلى مشاكل صحية خُطيرة. an hour a day. This might not sound very much. However, recent research shows that less than 50% of the British population manages this. (2) School children are less physically active than they used to be. Girls in particular often dislike PE. This can lead to serious health problems. إنه لمن الجيد بالنسبة لك : يوصى الخبر إء بالتنويع في النشاطات ويجب إن تتضمن نشاطات متوسطة C- It's good for you! مثل المشى السريع ونشاطات أكثر إجهاد مثل الركّض وينصحون ايضا بتمارين تقوي العضلات Experts recommend a mixture of activities. These should include مثل الضغط/او شد العضلات حيث تبنى عضلات اكثر فإنك تحرق سعرات حرارية أكثر ونصبح moderate exercise, such as fast walking, and more strenuous exercise, أكثر لياقةً بالإضافة إلى أن الرياضة طرَّيقة رائعة للتعامل مع الضغط والإجهاد. ففي دراسة حديثة ا like running. (3) They also advise exercise that strengthens the muscles, تبين أن المرضى الذين كانوا يعانون من الإكتئاب اعربو عن تحسن عظيم بعد زيَّادة النشاطات for example sit-ups. The more muscle we build, the more calories we الجسدية لديهم. burn, and the fitter we become. In addition, exercise is a great way to

نصائح مفيدة :بالطبع هذا يجعلنا نتساءل كيف يمكننا ان نتدبر امور كل هذه التمارين الإضافية؟ إن افضل طريقة هي جعل التمارين اساسية في حياتنا اليومية بحيث تثبح روتين .وليس بالضرورة أن تأخذ وقتا إضافيا.ة يمكنك النزول من الباص قبل الوصول إلى وجهتك او تقف على قدميك وأنت

activity.

D- Useful tips

exercise? The b a routine. (4) It the bus one stop Most important we will all becc	est way is to build doesn't have to t earlier than usua ly, we should find ome fitter, healthi	how can I manage to fit d it into our daily lives so ake much extra time. Yo l, or stand up when you'r d a sport that we enjoy do er and happier.	that it becomes ou could get off re on the phone!		نصبح كلنا لانقون جسديا	حبها بهذه الطريقة س		
Words must be saved					-		اغيبا	كلمات يجب حفظها
word	المعنى	word	المعنى		word	المعنى	word	المعنى
Adult	کبير في السن	Leaving		يغادر	Lead	يقود	Addition	بالإضافة
Overweight	وزن زائد	sofa	كة	الأري	Serious	بشكل جدي	Great	عظيم
Obese	بدين	Experts	ç	خبرا	Problem	مشكلة	Cope	تغلب
Popularity	شعبية	warn		يحذر	Recommend	يوصىي	Stress	توتر
Fast food	الوجبات السريعة	Trend		اتجاه	Mixture	خليط	Depression	اكتئاب
Common	شائع	Advice	7	ينصح	Moderate	معتدل	Reported	ابلغ
Drive	يقود	Aim		يهدف	Strenuous	شاق	Improvement	تحسينات

هدف

صوت

استطاع

(يبدو

حصة اللباقة البدنية

muscle

Burn

Fitter

Calories

1.00004				1 10001	0		
Word		English Meaning					المعنى بالعربية
obese (adj) obes	sity (n)	extremely fat, in a	a way that is dangere	ous to your health.		فمة	السمنة المفرطة التذ
cope with (phra	sal v)	to deal successful	y with, or handle, a	situation.			يتكيف مع
strenuous (adj)		using or needing a	a lot of effort.				مجد/متعب

QUESTIONS

Modern

Screen

Invented

Nobody

أسئلة الفقرة والإجابات النموذجية

Physical

activity

أنشطة

عضلة

يحرق

ار شق

سعر ات حر اربة

1- According to the article, what are the main reasons for higher rates of obesity?

Target

Sound

PE Physical Education لا أخد

Manages پخترع

حدىث

شاشة

2- What is the minimum amount of exercise recommended for someone in your age group?

3- Do most British people get enough exercise? Which sentence in the article tells you this?

4- Guess the meaning of the highlighted word "strenuous" in paragraph C. Then check in a dictionary.

5- The author suggests some ways of including exercise in our normal lives. Give two examples from the article.

6- (Critical Thinking/Brain Storming) In your opinion, Are people in Jordan overweight? Do they share the same reasons with other countries? Give examples from your own experience to explain your answers.

7- (Critical Thinking/Brain Storming) Paragraphs C and D: Think of some simple ways you and other people you know could increase your physical activity. Write two or three ideas.

8- What do the underlined pronouns and words in the text above refer to?

9- (Critical Thinking/Brain Storming) The article suggests getting off the bus just before you reach your final destination and walk. Do you think this is a good idea to exercise without wasting time? Write your opinion and suggest three more ways to achieve this.

10- Quote the sentence which indicates that you can buy things while lying on the couch?

- 11- What is the advice of experts for people? Write it down in details please.
- 12- What do girls usually refuse and what does that lead to?
- 13- Give two examples of exercise.

14- How can we cope with stress and depression?

Model answers

1- One reason for this is the growing popularity of fast food. Another big factor is lack of exercise. Modern technology has also played its part; we spend more and more time focusing on computer screens.

- 2- The target exercise should be at least an hour a day for children and teenagers.
- 3- Recent research shows that less than 50% of the British population manages this.
- 4- Needing or using a lot of physical or mental effort or energy. (According to CALD)
- 5- You could get off the bus one stop earlier than usual, or stand up when you're on the phone.

6- Yes, most of people in Jordan are overweight. They share the same reasons with other countries and they have their own reasons such as: having fatty foods and drinking fuzzy drinks.

7- We can walk, play football, run and go to gym.

8-which: fast food /its: Modern technology their :Health experts they: School children

These activities They Experts that exercise It exercise that a sport

9- Getting off the bus just before you reach is a good idea but I have many other ways. For example, you can go to work walking if your work is near, or just go shopping walking also. Walking around with friends also is a great idea.

10-Before the Internet was invented, nobody had dreamt of online shopping, but now we can buy almost anything without leaving the sofa.

11- Health experts have been warning about this trend for years, and their advice is clear. Adults should aim to exercise for at least two and a half hours every week; for children and teenagers the target should be at least an hour a day.

12- Girls in particular often dislike PE. This can lead to serious health problems.

13- Moderate exercise and strenuous exercise.

14- We can deal with stress and depression by exercising.

AB: p.12 Ex.6

viable / alien /	conventional /	/ scentical /	complementary
viable / alleli /	conventional /	sceptical /	complemental y

1- I don't really believe that story – I'm very	sceptical
2- Doctors often treat infections with antibiotics; that is the approach.	conventional
3- Medicines that are not the normal, traditionally accepted treatments are known as	complementary
4- Another way of saying that something could be successful is to say it is	viable
5 If something seems very strange, we sometimes say it is	alien

AB: p.12 Ex.7

conventional medicine / produce antibodies / children and teenagers / better and healthier lifestyle choices / suffer from health problems / relax and get some exercise

- 1- A good way to cope with stress is to work extra hard. No, it isn't. You should try to
- 2- Complementary medicine can be used to immunise people. No, it can't. You can immunize yourself using
- 3- Optimistic people make bad lifestyle choices. No, they don't. They make
- 4- Seeing red has positive effects on your health. No, it doesn't. You often

Answers

1-relax and get some exercise 2- conventional medicine 3- better and healthier lifestyle choices 4- suffer from health problems.

SB: p.15 Ex.6

- 1- I didn't use to / am used to understand English, but now I do.
- 2- My cousin has lived in Lebanon for a year. He says he is used to / didn't use to living there now.
- 3- My family and I are used to / used to go camping once a month, but we stopped doing that when we moved to the city.
- 4- Joining a gym can be very tiring at first if you used to / aren't used to doing much exercise.
- 5- When I was young, I used to / am used to go fi shing

Answers:

1- didn't use to 2- is used to 3- used to 4- aren't used to 5- used to

AB: p.11 Ex.3

be used to / use to / not be used to / used to

- 1- We needed warm clothes when we went to London. We weren't the cold weather.
- 2- My grandparents didn't send emails when they were my age.
- 3- Rashed go swimming every morning, but now he doesn't.
- 4- We always go to the market across the street, so we eating fresh vegetables.
- 5- Please slow down. I walking so fast!
- 6- When you were younger, did you play in the park?
- Answers: used to 2- use to 3- used to 4- are used to 5- am not used to 6- use to.

AB: p.11 Ex.4

- 1- I used to / am used to go shopping in the local supermarket, but it closed two years ago, so now I have to drive into town to shop.
- 2- There didn't use to / wasn't used to be so much pollution, but these days it is a global problem.
- 3- I think television used to / is used to be better than it is now. Most of the programmes these days are just reality TV.
- 4- Most Jordanians are used to / used to the hot weather that we have in summer.
- 5- There was used to / used to be a lot more wild animals in the past, but they are becoming rare nowadays.
- 6- Salma has been practising the oud really hard and she is now used to / now used to playing it.
- Answers: used to 2- didn't use to 3- used to 4- are used to 5- used to 6- is now used to.

AB: p.12 Ex.5

- 2- Are you (live) in Jordan yet? You've only been here for two months.
- 3 When I was a child, my grandmother (make) cakes for us all the time, and I liked helping her a lot.
- 4- My grandfather retired a month ago. He isn't (have) nothing to do all day. He says he needs a project to concentrate on.
- 5- I just got glasses this week, and I'm not (wear) them yet, so I'm still having difficulty.

Answers:

1- used to work - used to get up 2-used to living 3- used to make 4- used to having 5- used to wearing.

SB: p.19 Ex.5

1- A: When I saw you yesterday, you looked really tired.
B: Yes, I for half an hour. (run)
2- My mother lost her purse yesterday. She in the market; she must have put it down somewhere and left it there. (shop)
3- I made my mother a cup of tea. She was hot and tired; she..... all afternoon for a special family dinner. (cook)
Answers:
1-B: had been running 2- had been shopping 3- had been cooking.

SB: p.19 Ex.6

Hind (1) **has / had** been working very hard for several weeks before she did her final exams. When the results were published, she was delighted to learn that she (2) **has / had** passed. She (3) **has/ had** done extremely well. She (4) **phoned / had phoned** her parents from the college. They (5) **were / had been** waiting for her call all morning. When she arrived home an hour later, there was a surprise for her. For several weeks, her parents (6) **planned / had been planning** a special weekend away to the Jerash Festival. They (7) **have / had** managed to make it a surprise for Hind, even though they (8) **were / had** been using the family computer to make all the arrangements! Hind was delighted. She (9) **has / had** been talking about the Jerash Festival for months; and now the whole family was going! It was a wonderful graduation present.

Answers:	1- had 2- had 3- had 4- phoned 5- had been 6	- had been planning 7- had 8 had been 9- had been.

الكلمة	الكتابة الصوتية	الكلمة	الكتابة الصوتية	الكلمة	الكتابة الصوتية
Importance	/ɪm'pɔːtəns/	Calm	/kaːm/	Audience	/'ɔːdiəns/
School	/skuːl/	Outpatient	/aʊ?peɪ∫ənt/	Healthy	/'helθi/
Exercise	/'eksəsaız/	Fluently	/flʊən?li/	Carrying	/ˈkærɪjɪŋ/
Angry	/'æŋgri/	Technology	/tek'nplədzi/		

يرجى التدرب على شكل الكتابة الصوتية والعكس Ex.9 Ex.7 SB: p.23 Ex.9



Young Emirati inventor is going to travel the world

Ten year old Ad	aab al Balooshi fr	om Dubai, is going to tra	val to savan		الم	و القام، في ال	شربه برزمان م	سيذهب اديب البلوشى ذا ال
Ten-year-old Adeeb al-Balooshi, from Dubai, is going to travel to seven countries on a tour <u>which</u> has been organised and funded by Sheikh Hamdan bin Mohammad, Crown Prince of Dubai) دون <i>دي</i> جرت مصه) دبي تي جوت آتي سبح		ومولها الشيخ حمدان بن محم
bin Mohammad, Crown Prince of Dubai.The boy caught Sheikh Hamdan's attention with his invention – a prostheticlimb for his father.The Sheikh has taken a special interest in the boy, and hopes the tour that heis sponsoring for Adeeb will give the young inventor more self-confidenceand inspire other young Emirati inventors.							ه الرَّحلة التي ير	جذب الطفل انتباه(اهتمام)ال الشيخ بالطفل ويأمل بأن هذ المخترعين الإماراتيين الاخرو
Adeeb got the id beach with his fa His father, who	ea for a special kin amily. wears an artificial l	d of prosthetic leg while eg, could not swim in the spired Adeeb to invent a v	sea as he could				باحة في البحر	خطرت فكرة القدم الصناعية قدما صناعيةً لم يستطع السر اديب ان يخترع قدما صناعيةً
Adeeb is going to visit the USA, France, the UK, Ireland, Belgium, Italy and Germany, where he will be staying with relatives. However, while he is in Germany, Adeeb will not be spending all his time sightseeing. He will be working with a specialist doctor to build the appendage. He will also be attending a course on prosthetics and learning about different kinds of medical apparatus.				قته بالتنزه سيعمل مع	لمانيا، لن يقضي اديب و	ن بينما هو في ا	يزور اديب الولايات المتحدة الا يث سيبقى هناك مع اقاربه .ولك بيب مختص لبناء النموذج الأول دوات الطبية المختلفة.	
Adeeb has inven a heart monitor, emergency, rescu	ted several other de which is attached t ue services and the	evices, including a tiny cl o a car seat belt. In the ca driver's family will be an his special checking devi	se of an utomatically			حالات الطوارئ سيتم الا	ي السيارة، في	ترع اديب العديد من الاجهزة ا لذي يتم توصيله لحزام الامان ف تقاذ و عائلة السانق بواسطة هذ
built-in camera s	system, will help re at Adeeb rightly dea	Imet. This special equipm scue workers in emergen serves his reputation as o	cies. It is for					ترع ايضا خوذة رأس مقاومة مال الإنقاذ في حالات الطوارئ بختر عين في العالم.
Words must be	saved							كلمات يجب حفظها غيبأ
word	المعنى	word	المعنى		word	المعنى	word	المعنى
Travel	يرحل	interest	ŕ	اهتماد	attending	يحضر		
	at 1 · / t ·	sponsoring		يرعى	apparatus	أدوات		
Countries	دول / مناطق	I U						
Countries Tour	جولة سياحية	self-confidence	لنفس	ثقة با	several	عديد		
		I U		ثقة با يلهم شاطح	several tiny	عدید ضئیل		

1					•		
crown	تاج	artificial	صناعي	rescue	ينقذ		
caught	حصل	risk	مخاطر	fireproof	ضد النار		
attention	انتباه	waterproof	ضد الماء	helmet	خوذه		
invention	اختراع	sightseeing	تنزه	equipment	معدات		
prosthetic	صناعي	specialist	مختص / خبیر	deserves	يستحق		
limb	طرف	appendage	نموذج اولي	reputation	سمعة		
SB: p.14							
Word	Englis	h Meaning					المعنى بالعربي
sponsor (v) sponsor (n) sponsored (adj)to financially support a person or an event.					يدعم		
prosthetic (n)an artificial body part.prosthetics (n)					بديل		
limb (n) limb (adj) arm or leg of a person.					العضو		
artificial (adj)	made	or produced by hum	an beings rather than occu	urring naturally.	artifice (n) art	ificially (adv)	صناعي
appendage (n) appen (v)	d a bod	y part, such as an arn	n or a leg, connected to t	he main trunk of t	the body.		التوصيل
apparatus (n)the technical equipment or machinery needed for a particular purpose					جهاز		
fund (v)	to pay	y for.					يدعم
equipment (n)	tools	or machines that have	e a particular purpose.				معدات

QUESTIONS

1- Why was Sheikh Hamdan interested in helping Adeeb?

- 2- How did Adeeb get his inspiration for a waterproof prosthetic leg?
- 3- Who will Adeeb be staying with in Germany, and what will he be doing there?
- 4- What does the suffix -proof mean in (waterproof/fireproof)?
- 5- (Critical Thinking) What is the purpose of the in-car heart monitor? Why do you think that it is built into the seat belt?
- 6- Why did the Sheikh offer Adeeb the gift of a world tour?
- 7- How old is Adeeb?
- 8- Who is Sheikh Hamdan bin Mohammad?
- 9- (Think! Think!) How do you think Adeeb's dad lost his leg?

- 10- Why did the father refuse to swim in the sea?
- 11- Quote the sentence which indicates that Adeeb is going to visit many countries.
- 12- Will Adeeb be spending all his time sightseeing in Germany? If not, what will he be doing?
- 13- Mention some of Adeeb's inventions.
- 14- (Brain Storming) Sponsoring inventors is a very noble matter, what do you think are the advantages of sponsoring those genius people?
- 15- (Critical Thinking) What device did Adeeb use in his fireproof helmet and what is its advantage?
- 16- What did Adeeb gain for what he did?
- 17- What do the underlined pronouns/words refer to?
- 18. Find the synonyms for the following words:artificial/appendage/apparatus.
- 19. Quote the sentence which indicates that Adeeb's father has got a prosthetic leg.
- 20. According to the text ,there are three countries that Adeeb is going to visit.Mention them.

MODEL ANSWERS

1- Because the boy (Adeeb) caught Sheikh Hamdan's attention with his invention – a prosthetic limb for his father.

2- Adeeb got the idea for a special kind of prosthetic leg while he was at the beach with his family. His father, who wears an artificial leg, could not swim in the sea as he could not risk getting his leg wet.

3- He will be staying with relatives. He will be working with a specialist doctor to build the appendage. He will also be attending a course on prosthetics and learning about different kinds of medical apparatus.

4-to provide protection against.

5- It is so helpful in case of an emergency, this device will communicate with rescue services and the driver's family and inform them about the case the driver has.

6- The Sheikh hopes the tour that he is sponsoring for Adeeb will give the young inventor more self-confidence and inspire other young Emirati inventors.

7- Adeeb is ten years old.

8- Sheikh Hamdan bin Mohammad is the Crown Prince of Dubai.

9- I think Adeeb's father has lost his leg in a car accident.

10- The father refused to swim because he could not risk getting his leg wet.

11- Adeeb is going to visit the USA, France, the UK, Ireland, Belgium, Italy and Germany, where he will be staying with relatives.

12- No, he will not. He will be working with a specialist doctor to build the appendage. He will also be attending a course on prosthetics and learning about different kinds of medical apparatus.

13- Adeeb has invented several devices, including a tiny cleaning robot, a heart monitor and a fireproof helmet.

14- Sponsoring genius people has many advantages such as: They can leave their work and work more on their ideas, they also have enough money for research.

15- Adeeb used a built-in camera system which will help rescue workers in emergencies.

16- Adeeb rightly deserved his reputation as one of the youngest inventors in the world.

17-

Word	Reference
which	a tour
his /his	the boy
he	The Sheikh
he/his	Adeeb
/His	

who/he/h	His father
is	
where	Germany
he/he/he	Adeeb
which	a heart monitor
He	Adeeb
which	This special
	equipment
his	Adeeb

18.prosthetic/limb/equipment



In the future

We will be able to have an operation to increase our intelligence. Scientists have already developed brain implants that improve vision or allow disabled people to use their thoughts in order to control prosthetic limbs like arms, legs or hands, or operate a wheelchair. In 2012 CE, research on monkeys showed that a brain (1) implant improved their decision-making abilities. How will humans benefit from this research? Scientists hope to develop a similar device to help people who have been affected by brain damage, which could be caused by (2) dementia, a stroke or other brain injuries.	سنتمكن فى المستقبل من القيام بعملية جراحية لزيادة الذكاء. طور العلماء حشوات زارعات في الجسم تعمل على تحسين الرؤية أو تسمح/تمكن ذوي الإحتياجات الخاصه من استخدام افكار هم للتحكم بأطراف/اعضاء صناعية مثل الذراعين والارجل او الأيادي او لتشغيل واستخدام كرسي العجلات .اظهرت الدراسات على القرود في عام 2012أن زراعة دماغية قد حسنت قدرات اتخاذ القرار لديهم .كيف سيستفيد البشر من هذا البحث؟ يأمل العلماء ان يطوروا اداة شبيهة لمساعدة الناس الذين اصيبوا بشلل الدماغ والذي يمكن ان يكون سببه الخلل الدماغي او السكتة الدماغية او اصابات/اضرار/امراض دماغية اخرى.
Doctors will be able to communicate with people in a coma. In 2010 CE, neuroscientists confirmed that it was possible to communicate with some patients in a coma, by using a special brain (3) scanner called an MRI. They suggested that, in the future, more meaningful dialogue with patients in a coma would be possible. Two years later, it has finally happened. The scanner, used on a man who has been in a coma for more than twelve years, proves that he has a conscious, thinking mind – a fact that had previously been disputed by many. Doctors plan to use similar brainscanning techniques in the future to find out whether patients are in pain, or what they would like to be done in order to improve their quality of life.	<u>سيتمكن الأطباء من التواصل مع الناس المصابين بالغيبوية.</u> اكد علماء أعصاب في عام 2012 انه كان من الممكن التواصل مع بعض المرضى في غيبويتهم بإسـتخدام ماسـح دماغي خاص يسـمى(التصـوير بالرنين المغناطيسـي .)وأقترحوا انه وفي المستقبل ييكون من الممكن عمل حوارات ذات معنى اكثر مع المرضى في حالة الغيبوية .وحدث هذا فعلاً بعد عامين .اثبت الماسح الدماغي اذي استخدم مع مريض في غيبوية منذ اثنى عشر عاما ان لديه وعي وعقل مفكر .وهي فكرة كانت قي حالة جدل بين العديدين .يخطط الأطباء لإسـتخدام تقنية مسح دماغي مشـابهة في المسـتقبل لمعرفة ما إذ كان المرضى يتألمون في الغيبوية أو ماذا ير غبون أن يحدث لتحسين جودة / مستوى حياتهم.
A new drug will help to treat certain types of cancer almost instantly. A new cancer drug is being trialled in Plymouth, UK, which doctors hope will extend the lives of cancer patients and reduce their symptoms overnight. It is taken as a single (4) pill every morning, and so far, patients have shown none of the usual (5) side effects such as the sickness and hair loss that are	سيساعد نوع جديد من العقار الطبى(الدواء)فى علاج انواع من السرطان بشكل شبه فوري. يتم تجربة دواء جديد للسرطان في بليموث، بريطانيا، والذي يأمل الأطباء انه سميدد حياة مرضى السرطان ويقلل اعراضه بين عشية وضحاها يوخذ الدواء حبة منفردة كل صباح ولم يظهر على المرضى اي اعراض جانبية كالدوار و سقوط الشعر المعتاد عندما يكونون تحت انواع مختلفة من علاج السرطان يعمل الدواء عن طريق منع بروتين معين مسوول عن

التسبب بنمو خلايا سرطانية .سيعمل على تحسين/زيادة العمر المتوقع للمرضى ونوعية حياتهم بسرعة اكثر من اي علاج اخر .تم عمل مقابلات مع المرضى بعد عام من بداية العلاج وكانوا اصحاء وجيددين .قالوا انهم سيقومون حتما بإكمال التجربة(العلاجية .)لديهم كل الاسباب لتجعلهم يؤمنون بان العلاج سيعمل .يأمل العلماء في مستشفى بليموث ان العلاج سيساعد المرضى في كل

experienced when undergoing other forms of cancer treatment. The new treatment works by blocking a protein which causes cancerous cells to grow. It will improve patients' life expectancy and quality of life much more quickly than any other treatment. The patients were interviewed a year after starting the treatment and are fit and well, saying that they are definitely going to continue the trial. They have every reason to believe the new drug is going to work. Doctors at Plymouth Hospital hope that it will help patients from all over the world.

كلمات يجب حفظها غيبأ Words must be saved المعنى المعنى المعنى المعنى word word word word عملية علماء الأعصاب Operation neuroscientists instantly فوري ذكاء trialled intelligence scanner ماسح تجربة حشوات/زراعة بقلل implants التصوير بالرنين reduce MRI Magnetic Resonance Imaging المغناطيسي dialogue رؤية vision حوار symptoms أعراض قدر ات يثبت side effects أعراض جانبية abilities proves تأثر / أصيب blocking affected conscious وعى يحجب رشلل cancerous cells خلايا سرطانية ضر ر disputed نز اع damage خلل دماغي pain ألم توقع dementia expectancy سكتة stroke عقار / دواء drug injuries treat يعالج إصابة غيبوبة سرطان coma cancer

SB: p.22

Word	English Meaning	المعنى بالعربي
symptom (n)	a physical problem that might indicate a disease.	اعراض
stroke (n)	an illness when a blood tube in your brain bursts or is blocked, resulting in the brain being unable to function normally.	السكتة الدماغية
side effect (n)	effects of medicine on your body in addition to curing pain or illness.	آثار جانبية
scanner (n)	a medical instrument that uses radiography to	ماسح اشعاعي
scan (v)	produce images of the insides of the human body.	للصور الطبية
pill (n)	a small round piece of medicine to be swallowed whole.	حبة دواء
MRI (n)	(Magnetic Resonance Imaging) a scan that uses strong magnetic fields to make a picture of the inside of someone's body for medical reasons.	التصوير بالرنين المغناطيسي

medical trial (n)	trial to evaluate the effectiveness and safety of medications.	تجربة دوائية
implant (n) (v)	a piece of tissue, prosthetic device, or other object implanted in the body.	زراعة طبية
expansion (n) expand(v)	the act of making something bigger.	توسع
drug (n)	a medicine or a substance used for making medicines.	عقار /دواء
dementia (n)	a mental illness the symptoms of which are problems with memory, personality changes and problems with reasoning.	الخلل الدماغي الناتج عن تقدم العمر
		عن تقدم العمر
coma (n)	a state of unconsciousness caused by a certain injury and that lasts for an extended period of time.	الغيبوبة
cancerous (adj)	something that has or can cause cancer. a very serious disease in which cells in the body begin to grow abnormally.	سرطاني
L		

QUESTIONS:

1- What do you think the implications will be for the world if people live longer? Should we

be using technology to help us to improve life expectancy?

2- What are the benefits of the implants that scientists have lately developed?

3- The writer suggests three kinds of limbs, write down two of which.

4- Will it be possible to communicate with people who are in a coma? If yes, how would that be possible?

5- What does MRI stand for?

6- Write down the sentences which indicate that communicating with people who are in a coma was achieved.

7- What is the doctors' plan for communicating with people in a coma?

8- The writer talks about a type of drug for people who suffer from cancer, what does that drug do?

9- What do other forms of cancer treatment do when patients undergo them?

10- How does the new cancer treatment work?

11- What was the impression of those patients on the new cancer treatment and what is their opinion about it?

12- (Critical thinking\Brain Storming) Why do you think cancer patients agreed to undergo new types of treatments?

13- (Critical Thinking) What do you think will be the request of those who are in a coma if they were able to be contacted with?

14- What do the underlined words/pronouns refer to?

MODEL ANSWERS

1- If people live longer, there will be shortage in services such as healthcare and education. We should be utilizing technology to make other life aspects easier.

2- They improve vision or allow disabled people to use their thoughts in order to control prosthetic limbs like arms, legs or hands, or operate a wheelchair.

3- arms, legs

4- Yes, it will be possible to communicate with people who are in a coma by using a special brain scanner called an MRI.

5- MRI stands for (Magnetic Resonance Imaging).

6- Neuroscientists confirmed that it was possible to communicate with some patients in a coma, by using a special brain (3) scanner called an MRI. They suggested that, in the future, more meaningful dialogue with patients in a coma would be possible. Two years later, it has finally happened.

7- Doctors plan to use similar brain-scanning techniques in the future to find out whether patients are in pain, or what they would like to be done in order to improve their quality of life.

8- A new cancer drug is being trialled in Plymouth, UK, which doctors hope will extend the lives of cancer patients and reduce their symptoms overnight.

9- Other forms of cancer treatment have side effects such as the sickness and hair loss that are experienced when undergoing usual cancer treatment.

10- The new treatment works by blocking a protein which causes cancerous cells to grow.

11. The patients were interviewed a year after starting the treatment and are fit and well, saying that they are definitely going to continue the trial.

12- I think cancer patients agree to undergo new types of treatment because they have already suffered from old treatments and they believe it might help.

S

13- I think they will want to know about their family members, they also might wish to get news about work and life.

14.

Reference		
brain implants		
disabled people		
monkeys		
people		
brain damage		
neuroscientists		
a man		
patients		
A new cancer drug		
cancer patients		
A new cancer drug		
a protein		
The patients		
A new cancer drug		
	brain implants disabled people monkeys people brain damage neuroscientists a man patients A new cancer drug cancer patients A new cancer drug a protein The patients	

The King Hussein Cancer Center

The King Hussein Cancer Center (KHCC) is Jordan's only comprehensive	مركز الملك الحسين للسرطان هو مركز الأردن الوحيد والشامل لعلاج السرطان يعالج المركز
cancer treatment Centre. It treats both adult and paediatric patients. As the	المرضى البالغين والمرضى من الأطفال ومع ازدياد عدد السكان في الدولة، سيعتمد عدد اكبر
population of the country increases, more and more families will rely on the	من العائلات على هذا المستشفى لعلاج السرطان يأتي الناس ليس من الاردن فحسب، بل من
hospital for cancer treatment. Patients come not only from Jordan but also	بلاد اخرى من المنطقة لانهم ينجذبوا لسمعته الممتازة والتكاليف المنخفضة والتشابه الثقافي
from other countries in the region, as they are attracted by its excellent	واللغوي.
reputation, lower costs, and cultural and language similarities.	
In order to cope with the increase in demand for treatment, the KHCC has	وللتعامل مع زيادة الطلب على العلاج، بدأ مركز الحسين للسرطان برنامجا للتوسع بدأ البناء
begun an expansion programme. Building started in 2011 CE. The hospital	عام 2011 وبحلول عام 2016 سيكون المركز قد ضاعف قدرته الاستيعابية بزيادة المساحة
will have more than doubled its capacity by 2016 CE, increasing space for	لحالات مرضية جديدة من 3500 في السنة إلى9000 .
new cancer cases from 3,500 per year to 9,000.	
By then, they will have added 182 extra beds, along with bigger units for	عندها، سيكونون قد أضافوا 182 سرير اضافي مع وحداتٍ إضافيةٍ لأقسِّام مختلفة بما فيها
different departments, including radiotherapy. New adult and paediatric wards	العلاج الإشسعاعي سيكون قد تم افتتاح اجنحة للبالغين وللأطفال إضافةً إلى مبنى مكون من
will have opened. Additionally, they will have built a special ten-floor	عشرة طوابق للمرضى غير المقيمين ومركز تعليمي والذي سيتضمن غرف تعليمية ومكتبة .
outpatients' building, with an education centre which will include	يعيش العديد من المرضى بعيداً عن عمان حيث يوجد المركز، والرحلة عاد ما تكون صعبة من
teaching rooms and a library. Many cancer patients live far away from	وإلى المركز، لهذا السبب هناك خطط لتوسيع منشآت العناية بمرضى السرطان لتشمل مناطق
Amman, where the KHCC is located, and the journey to and from the hospital	اخرى من الأردن يطمح مستشفى الملك عبدالله الجامعي في اربد في المستقبل القريب بإقامة
is often difficult. For this reason, there are plans to extend cancer care	وتشغيل وحدات العلاج الاشعاعي، لكي لا يضطر مرضى السرطان من شَمالي الأردن للذَّهاب إلى
facilities to other parts of Jordan. In the near future, King Abdullah	عمان للعلاج بالإشعاع.
University Hospital in Irbid hopes to set up radiotherapy machines, so that	
cancer patients from northern Jordan will not have to go to Amman for	
radiotherapy treatment.	

Words must be saved

كلمات يجب حفظها غيباً

				السماح فننت ومسط			
word	المعنى	word	المعنى	word	المعنى	word	المعنى
comprehensive	شامل	capacity	قدرة استيعابية				
paediatric	طب الأطفال	radiotherapy	العلاج بالأشعة				
population	الكثافة السكانية	wards	جناح / قسم				
region	منطقة	Additionally	إضافة لذلك				
attracted	جذب	extend	یزید / یمتد				
reputation	سمعة	facilities	منشأة				
cope with	تعامل مع						
demand	طلب						
expansion	توسعة						
doubled	ضعف						



SB: p.24

5D . p . 2-		
Word	English Meaning	المعنى بالعربي
ward (n) (v)	a room in a hospital, especially for patients needing similar kinds of care.	جناح / قسم
radiotherapy (n)	the use of controlled amounts of radiation (a form of energy) to treat disease, especially cancer.	العالج اإلشعاعي
outpatient (n)	someone who goes to a hospital for treatment but does not stay for the night.	مريض غير مقيم
paediatric (adj) paediatrician (n)	describing the area of medicine that deals with children and their illnesses.	متعلق بطب األطفال
reputation	fame	السمعة

QUESTIONS:

- 1- Why does the hospital need to expand?
- 2- Give three reasons why patients from other countries visit the centre.
- 3- What is one of the disadvantages of the KHCC for patients who live far from Amman?
- 4- What plans are there for increasing cancer care facilities in other parts of Jordan?
- 5- What does KHCC stand for?
- 6- Where do people come from in order to get medical treatment?
- 7- What is the plan to face the increase in the demand for treatment?
- 8- What does the underlined word "paediatric" mean?
- 9- What is the current capacity rate of KHCC per year?
- 10- What are the things that will be added to the hospital by 2016?
- 11- Why is it important to extend cancer care facilities to other parts of Jordan?
- 12- What is the advantages of starting a radiotherapy unit in King Abdullah University Hospital?
- 13- Where is King Abdullah University Hospital located?
- 14- What does the education centre in KHCC include?
- 15- What do the underlined and bolded words/pronouns refer to?
- 16- Quote the sentence which shows that the hospital is an attractive medical centre for many Jordanians and Arabs.
- 17- Read the quotation. "Wherever the art of Medicine is loved, there is also a love of

Humanity. Hippocrates (460 BCE–370 BCE) Do you agree with it? Why/Why not?

MODEL ANSWER

- 1- because there is more demand for treatment.
- 2- Patients come other countries in the region, as they are attracted by the hospital's excellent reputation, lower costs, and cultural and language similarities.
- 3- The journey to and from the hospital is often difficult.
- 4- There are plans to extend cancer care facilities to other parts of Jordan. In the near future, King Abdullah University Hospital **in Irbid** hopes to set up radiotherapy machines, so that cancer patients from northern Jordan will not have to go to Amman for radiotherapy treatment.
- 5- The King Hussein Cancer Center.
- 6- People come from other countries to get medical treatment.

7- The KHCC has begun an expansion programme. There are other plans to extend cancer care facilities to other parts of Jordan.

8- Paediatric: describing the area of medicine that deals with children and their illnesses.

9- The hospital's capacity is 3,500 per year.

10- They will have added 182 extra beds, along with bigger units for different departments, including radiotherapy. New adult and paediatric wards will have opened. Additionally, they will have built a special ten-floor outpatients' building.

11- Many cancer patients live far away from Amman, where the KHCC is located, and the journey to and from the hospital is often difficult. For this reason, there are plans to extend cancer care facilities to other parts of Jordan.

12- Cancer patients from northern Jordan will not have to go to Amman for radiotherapy treatment.

13- King Abdullah University Hospital is located in Irbid.

14- The education centre includes teaching rooms and a library.

15.

Word	Reference			
it	The King Hussein Cancer Center			
they	Patients			
its	The hospital			
which	an education centre			
where	far away from Amman			

16-Patients come not only from Jordan but also from other countries in the region.

17-Yes, I agree with this quotation because doctors depend on love to strengthen their relationships with their patients and that is so helpful in curing diseases.

Accident	Victim	Tests	First	Artificial	Limb
			~		

Scientists have successfully invented a prosthetic hand with a sense of touch. It is an exciting new invention, which they plan to develop. It is possible that, in the not-too-distant future, similar artificial arms and legs will have taken the place of today's prosthetic limbs.	ابتكر العلماء بنجاح يد آلية يمكنها الإحساس انها اختراع جديد مثير للحماسة والذي يسعى العلماء لتطويره من المحتمل في المستقبل غير البعيد ستحل اذرع واقدام صناعية محل الاطراف الصناعية الحالية.
Dennis Sorensen, a 39-year-old from Denmark, was the first person to try out the new invention. After losing his left hand in an accident, he had been using a standard prosthetic hand for nine years. The new hand, which was developed by Swiss and Italian scientists, was a huge improvement. With it, Sorensen could not only pick up and manipulate objects, but he could also feel them. 'When I held an object, I could feel if it was soft or hard, round or square,' he explained. He said that the sensations were almost the same as the ones he felt with his other hand.	كان دينيس سورينسن البالغ من العمر 39 من الدنمارك اول شخص جرب هذا الأختراع .كان يستخدم يد صناعية عادية بعدما فقد يده اليسرى في حادث لمدة تسع سنوات .كانت اليد التي طورها علماء سويسريون و اطالييون تحسينا ضخما .لا يستطيع سيرنسون التقاط الأشياء وتعديلها بها فحسب، بل يستطيع ايضا الاحساس بهم .اوضح انه عندما يمسك جسما، يستطيع ان يحس ما اذا كان ناعما او قاس(خشن)، مربع او مستدير .وقال ان الاحساس كان تقريبا كالإحساس الذي شعر به باليد الثانية.
Unfortunately, Sorensen was only taking part in trials, and the equipment is not ready for general use yet. He was only allowed to wear it for a month, for safety reasons. So now he has his old artificial hand back. However, he hopes that soon he will be wearing the new type of hand again. He is looking forward to the time when similar artificial limbs are available for the thousands of people who need them. He will have helped to transform their lives.	لسوء الحظ، كان سورينسن يشارك في تجارب والأداة لم تكن جاهزة للأستخدام بعد .سمح له بإرتدائها لمدة شهر فقط لاسباب تخص السلامة .وبذلك فقد استرجع يده الصناعية الآن .على اية حال هو يأمل بأن يرتدي هذا النوع الجديد من الايدي قريبا .ويتطلع بشوق للوقت الذي ستكون فيه اطرافا مشابهة متاحة لآلاف الناس الذين يحتاجونها .سيكون بذلك قد شارك بتغيير مجرى حياتهم.

Words must be s	ت يجب حفظها غيباً					كلمات يجب حفظه	
word	المعنى	word	المعنى	word	المعنى	word	المعنى
not-too-distant	ليس ببعيد						
invention	اختراع						
standard	عادي						
manipulate	تلاعب / تحريك						
sensations	الإحساس						
transform	یشکل / یغیر						

AB: p.17

Word	English Meaning	المعنى بالعربي
bionic (adj)	describing a limb or body part that is electronically or mechanically powered.	ذو اعضاء آلية
cross (adj)	angry or annoyed.	غاضب/منز عج
publicise (v) publicity (n)	to give information about something to the public, so that they know about it.	يجعل معروفاً ينشر
career (n)	a job undertaken for a significant period of a person's life and with opportunities for progress.	وظيفة

QUESTIONS:

- 1- Who invented the new prosthetic hand? What is special about it?
- 2- Why does Dennis Sorensen need a prosthetic hand?
- 3- Which hand is he wearing now? Why?
- 4- What do the bolded and underlined pronouns refer to?
- 5- Find a word that is the opposite of 'natural' in the first and third paragraphs.
- 6- What is special about the new artificial hand they are talking about?
- 7- Quote the sentence which indicates personal information about the man under the testing process.
- 8- How long has Sorensen been using an artificial hand?
- 9- What do the underlined/bolded words and pronouns refer to?
- 10- What could Sorensen do with the new hand?
- 11- Why can't Sorensen wear his new hand now?
- 12- Critical Thinking: If you were in Sorensen's place (god forbid), would you agree to undergo this kind of test? Why? Why not?

MODEL ANSWERS

- 1- Swiss and Italian scientists : it allows the wearer to feel objects.
- 2- Dennis needs that new hand because he had lost his left hand.
- 3- He is using his old one because the new is not ready for general use yet.

Word	Reference
it\which	a prosthetic hand
they	scientists
he	Dennis Sorensen
which\it	the new hand
he	Sorensen
them	objects
I/he/his/he	Sorensen
it	the equipment
he\his\he\He	Sorensen
who\them\their	thousands of people

5- artificial.

4-

6- The new artificial hand has a sense of touch.

7- Dennis Sorensen, a 39-year-old from Denmark, was the first person to try out the new invention.

8- He had been using a standard prosthetic hand for nine years.

10- Sorensen could pick up and manipulate objects, he could also feel them.

11- HE could not use it forever because he was only taking part in trials, and the equipment is not ready for general use yet.

12- I would easily agree to go through such an experiment because I have nothing to lose. I will also be helping others by tying this artificial arm.

Answers:

SB: p.23 Ex.5

Examples:

- I hope to go to Australia next year.

- I plan to learn French soon.

- I intend to go shopping at the weekend.

1. He / hope / become a teacher one day.

2. I / intend / apply for a job when I finish university.

3. Many hospitals / plan / use robots to help nurses in the future.

4. How / you / intend / solve the problem?

5. Our school / hope / raise enough money to build a new library.

6. You /intend / buy tickets for the play?

Answers:

- 1. He hopes to become a teacher one day.
- 3. Many hospitals plan to use robots to help nurses in the future.
- 5. Our school hopes to raise enough money to build a new library.

2. I intend to apply for a job when I finish university.

- 4. How do you intend to solve the problem?
- 6. Do you intend to buy tickets for the play?

AB: p.15 Ex.1

(Similar meanings)

Apparatus / artificial / equipment / fund / prosthetic / sponsor

2. Tools or machines that have a particular purpose.

3. To pay for .

1. artificial / prosthetic 2. equipment / Apparatus 3. sponsor / fund Answers

AB: p.15 Ex.2

(Collocations)

- 1. catch / take someone's attention.
- 2. get / catch an idea.
- 3. take / get an interest in something/somebody.
- 4. **spend** / do time doing something.
- 5. make / **attend** a course.

AB: p.15 Ex.3

Helmet / inspire / monitor / reputation / risk / seat built / self-confidence / tiny / waterproof

- 1. You can wear your watch when you go swimming if it's
- 2. It's amazing how huge trees grow from seeds
- 3. The Olympic Games often young people to take up a sport.
- 4. Please hurry up.Let's not missing the bus.
- 5. You must always wear a in the car, whether you are the driver or a passenger.
- 6. When my grandfather had a heart attack, the doctors attached a special to the chest.
- 7. It's important to encourage young people and help them develop
- 8. Petra has a as a fascinating place to visit.
- Answers waterproof 2. tiny 3. inspire 4. risk 5. seat built 6. monitor 7. self-confidence 8. Reputation

AB: p.16 Ex.5

Replace the words and phrases in bold with words from the box. One word is not needed (a coma, dementia, medical trials, pills, symptoms)

- 1. Doctors look at the signs of illness before they decide how to treat the patient.
- 2. Before doctors prescribe drugs to patients, scientists perform **special tests** to make sure the drugs are safe.
- 3. After Ali's accident, he lay in an unconscious state for two weeks
- 4. My grandfather has to take a lot of medicine he takes sex different **tablets** every day.
- Answers: 1. symptoms 2.medical trials 3.a coma 4.pills

Future continuous

SB: p.21 Ex.5

1 A: can I call you tonight after 6 p.m., or ______ (you have) dinner with your family then?

2 B: no, I ______ (not have) dinner at that time. I ______ (watch) the news. My mum ______ (prepare) dinner, because we usually eat at about 7 p.m.

 3 A: what do you think ______ (you do) in two years' time? _____ (you work), or _____ (you work), or _____ (you do) a university degree?

 4 B: I certainly ______ (not work) because I want to do a degree in medicine. It's a very long course, so I ______ (still study) in

seven years' time!

Answers:

1. will you be having 2. will not be having/ will be watching/ will be preparing

3. you will be doing/ will you be working/ will you be doing 4. will not; won't be working/ will still be studying.

SB: p.21 Ex.6

- 1. If you need to contact me next week, we'll stay / be staying at a hotel in Aqaba.
- 2. If you need help to find a job, I will help / be helping you.
- 3. I can't call my dad right now. He'll board / be boarding the plane. It takes off in an hour.
- 4. We won't be home tomorrow night. We'll watch / be watching the football match at the stadium.
- 5. Do you think you'll miss / be missing your school friends when you go to university?

Answers:

1. be staying 2. help 3. be boarding 4. be watching 5. miss

AB: p.16 Ex.4

(Mistakes)

1 A: what do you think you will be doing in two years' time? B: I think I will be living in karak and I will study Geography.

2 A. don't abong me at seven I'll have dianon with my fo

2 A: don't phone me at seven. I'll have dinner with my family. B: ok, I'll phone at nine.

3 A: what time will you get here tomorrow?

B: at about three, I think. I'll be texting you the exact time later.

.....

4. A: please be quiet when you come home tonight. The baby will sleep. B: don't worry. I won't forget.

Answers: 1. Will be studying 2. Will be having 3. Will text4. Will be sleeping

The Perfect Future

SB: p.25 Ex.5

1. This time tomorrow, we'll be celebrating because we ______ our exams. (finish)

2. This time next month, my parents _____ married for twenty years. (be)

3. The books that you ordered ______ by the end of the week (not arrive)

4. By the next year, _____ you _____ England? (visit)

Answers: 1. will have finished 2. will have been 3. will not have arrived 4. Will, have visited

AB: p.17 Ex.11

Complete the sentences in the future perfect or the future continuous.

1. Next month, we / live / in this house for a year. Let's celebrate!

2. Next Monday, I / work / in my new job.

3. You / do / all your homework by eight o'clock?

4. It's three o'clock now, so Miriam's flight / arrive / at Queen Alia International Airport.


5. You / meet us / at the library this afternoon?

6. You can borrow this book tomorrow. I / finish / it by then.

Answers:

- 1. Next month, we will have lived in this house for a year. Let's celebrate!
- 2. Next Monday, I will be working in my new job.
- 3. Will you have done all your homework by eight o'clock?
- 4. It's three o'clock now, so Miriam's flight will have arrived at Queen Alia International Airport.
- 5. Will you be meeting us at the library this afternoon?
- 6. You can borrow this book tomorrow. I'll have finished it by then.

AB:16 Ex.7

1. is going to take 2. will stay 3. will have 4. is going to miss

5.is going to do 6. will tell

Writing:

1- Guided Writing (Editing):

SB: p.25 Ex.7

Edit the following text. There are two grammar mistakes and three spelling

mistakes. Find and correct them.

In the near future, a new 'bionic eye' will have helped people with failing eyesite to see again. A devise inside the eye picks up an image from a small camera attached to a pair of sunglasses and send it to the brian, which interprets it as vision.

Answers:

1. will help 2. eyesight 3. device 4. sends 5. brain

2- Descriptive Essay: المقالة الوصفية

-Introduction and personal viewpoint. - Simile.

-More detailed descriptions

-Conclusion and personal viewpoint - Language for prediction.

Worldwide transport in the future

It is of course difficult to say exactly what transportation will look like in the future, because of the infrastructural changes that are happening constantly at the moment. To me, it seems that transport may well have changed a lot in one hundred years' time. Perhaps there will be no more private transport by 2115 CE. It is possible that public transport will have improved so much that no one will need their own cars. We might all be zooming around in ecologically-sound electric buses and trams that will take us to our destinations smoothly! In order to get to other countries, we will be taking airships, which will be like aeroplanes but with more facilities available. It will be possible to travel to the other side of the world in much less time, because these airships will race around at a far greater velocity. Finally, modes of transport are always changing, depending on many different factors, but one thing is certain; we will still be travelling the whole world! We might even be able to experience weightlessness by travelling to space!

Writing skills: Using rhetorical devices

Simile:

Some robots will look and **sound very like humans**, because technology will have advanced a great deal.

Treatment and medicines will taste as delicious as real food.

Metaphor:

The world will be at your fingertips.

Onomatopoeia:

Everywhere we go we will hear the constant **buzz** and **hum** of technology.

Personification:

Our computers and mobile phones will take care of us, by telling us when to wake up, eat and sleep.





Teacher: Sohaib Yaser 0788650494

The importance of Islamic achievements in history:

The Arab world has many famous chemists in its history, but the person who is known as the founder of chemistry is probably Jabir ibn Hayyan. He is most well-known for the beginning of the production of sulphuric acid. He also built a set of scales which changed the way in <u>which</u> chemists weighed items in a laboratory: his scales could weigh items over 6,000 times smaller than a kilogram.					جابر ابن حيان: يمتلك العالم العربي العديد من الكيميائيين المشهورين في تاريخه، ولكن جابر بن حيان هو الشخص المتوقع والمعروف بأنه مؤسس علم الكيمياء .إنه الشخص المعروف جيداً بأنه قد بدأ بإنتاج حامض الكبريتيك وهو الذي بنى مجموعة مقاييس غيرت الطريقة التي يزن بها الكيميائيون المواد في المختبر :يستطيع مقياسه ان يزن اجساما اقل من الكيلوغرام ب 6000 مره.			
Ali ibn Nafi' (Ziryab) (born 789 CE, died 857 CE) Ali ibn Nafi' is also known as 'Ziryab' (or 'Blackbird', because of his beautiful voice). He was a gifted pupil of a famous musician from Baghdad, and it was his talent for music that led him to Cordoba in the ninth century CE. He was the guest of the Umayyad ruler there. He is the person who established the first music school in the world in Cordoba, Al-Andalus, teaching musical harmony and composition. He revolutionised musical theory, and is also the person who introduced the oud to Europe.				على بن نافع(زرياب :) علي بن نافع معروف أيضا بزرياب أو الطائر الأسود بسبب صوته الجميل لقد كان طالبا موهوبا عند موسيقي من بغداد، ولقد قادته موهبته الموسيقية إلى قرطبة في القرن التاسع لقد كان ضيف الحاكم الأموي هناك وهو الشخص الذي اسس اول مدرسة موسيقية في العالم في قرطبة، الأندلس، يُدرس النناغم الموسيقي وتأليف الموسيقى لقد احدث تغيراً جذريا في النظرية الموسيقية وهو الشخص الذي ادخل العود لأوروبا				صوته الجميل لقد كار الموسيقية إلى قرطبة الشخص الذي اسس التناغم الموسيقي وتأل
Fatima al-Fihri wa father's inheritanc centre became Mo all over the world	as the daughter of ce to build a learning procco's top unive come to study. More building of the	y 9th century, died a wealthy businessman. Sling centre in Fez, Morocco ersity, and it is where many loreover, it was Fatima's si Andalus Mosque, which w	he used her This learning students from ister, Mariam,		لدها لبناء مركز تعليمي ي المغرب حيث يتهافت ية على ذلك فقد اشرفت ركز التعلم هذا.	ح الجامعة الأولى في انحاء العالم .وعلاو	ركز التعليمي أصب سة فيها من مختلف	في فز المغرب . هذا الم
Al-Kindi was a ph astronomer – a tru	nysician, philosop ie polymath. He n t it is probably his	1 CE, died 873 CE) her, mathematician, chemi nade ground-breaking disco s work in arithmetic and ge	overies in many		يا موسيقار وعالما في ت الافاق في اغلب هذه إَ جداً.	ز اکتشافات وسع	معرفة بحق فلقد احر	
Words must be s	aved						يبأ	كلمات يجب حفظها غ
word	المعنى	word	المعنى		word	المعنى	word	المعنى
chemists	كيميائي	Blackbird	ِ الأسود	-	ruler	حاكم	supervised	أشرف يشرف
founder	مؤسس 11 میں تاریخ	voice		صوت	established	اسس تنزید	astronomer	عالم فلك
sulphuric acid	الكبريت	gifted pupil		مو ہو. طالب	harmony composition	تناغم تأليف	polymath	متعدد المعرفة
scales	حمض مقابیس	musician		طالب موسية	revolutionised	تغير جذري		
weighed	مەييىس يزن (وزن)	talent		موسيد موهبة	wealthy	لغير جدري غني		
laboratory	یرن (ورن) مختبر	guest		مر مب ضبف	inheritance	<u>میں</u> میر اث		
	guest					J		I

SB: p.28		
Words	Meanings (E)	Meanings (A)
arithmetic (n)	the branch of mathematics concerned with numerical calculations such as addition, subtraction, multiplication and division	علم الحساب
geometry (n)	the branch of mathematics concerned with the properties, relationships and measurement of points, lines, curves and surfaces	علم الهندسة
mathematician	a person who studies Mathematics to a very complex level	مختص بالرياضيات
philosopher(n)	someone who studies and writes philosophy professionally, or an undergraduate student of Philosophy	فيلسوف
physician (n)	someone qualified to practise medicine, especially one who specialises in diagnosis and treatment	طبيب
polymath (n)	someone who has a lot of knowledge about many different subjects	شخص موسوعي موهبة
talent	special ability	موهبة
founder	the person who starts something new	مۇمىس
sacle	an instrument to measure weight	ميزان
laboratory	A room for scientific experiments	مختبر

QUESTIONS

1. Quote the sentence which indicates that an Arab musician introduced the oud to Europe.

2- Do you think that it was easier or more difficult in those days to reach such high levels of achievement in comparison with the present day? Give a reason for your opinion.

- 3- Who is probably the founder of chemistry?
- 4- What was Al-Kindi?
- 5- What is Jabir ibn Hayyan famous for?
- 6- What does the bolded pronoun "which" in the first paragraph refer to?
- 7- Who supervised the building of the Andalus Mosque?
- 8- What is the noble thing that Fatima al-Fihri did?
- 9- What made Al-Kindi most famous?
- 10- What does the underlined/bolded word "mosque" mean?
- 11- Why was Ali ibn Nafi' called "Ziryab (or 'Blackbird')"?

12- (Critical Thinking) Arab scholars have made a tremendous contribution to the world. Suggest two other discoveries that was made by other Arab or Muslim scientists, use your research engine to find some of these.

13- Which successful person has influenced you the most in your life and why?

14- Which person in the previous text do you think was the most successful and why?

15- Do you think that there is anything positive to be done by you to make you famous and influence the world? What would it be?

Model Answers

1. Jabir Ibn Hayyan had many of the most important achievements. Write down these achievements.

A. Founder of chemistry B. The production of sulphuric acid. C. He built a set of scales.

2. Jabir Ibn Hayyan built a set of scales which changed the way in which chemists weighed items in laboratory. In what way it helped them.

His scales could weigh items over 6,000 times smaller than a kilogram.

3. Why was Ali Ibn Nafi" called the "blackbird"?

Because of his beautiful voice.

4. Ali Ibn Nafi" had many of the most important achievements. Write down these achievements.

A. He established the first music school in the world in Cordoba. B. He introduced the oud to Europe.

- She used her father's inheritance to build a learning centre in Fez, Morocco. 5. How did Fatima al-Fihri use her father"s inheritance? His work in arithmetic and geometry.
- 6. What is AL-Kindi famous for?

7. According to the article, al-Kindi was a polymath in many fields. Write down these fields.

Al-Kindi was a physician, philosopher, mathematician, chemist, musician and astronomer.

وزاریMasdar City – a positive step?2016\2015

Megaprojects are extremely large investment projects, which are designed to encourage economic growth and bring new benefits to cities. Although megaprojects vary in terms of size and cost, they are all, by definition, expensive, public projects that attract a high level of interest and media coverage. Projects range from motorways, airports, stations, tunnels, bridges, etc. to entire city complexes.	هذه المشاريع العملاقة هي استثمارات كبيرة جداً والتي تم تصميمها لتشجيع النمو الاقتصادي وجلب فوائد جديدة للمدن .وبالرغم ان هذه المشاريع العملاقة تختلف من حيث الحجم والتكلفة ,لكنها كلها مشاريع عامة مكلفة تجلب الاهتمام والتغطية الاعلامية .تتراوح المشاريع من طرق ومطارات و محطات وأنفاق و جسور الخ .إلى مجمعات سكنية على مستوى المدينة.
The concept of a megaproject is always based on the benefits it brings to a community. However, many megaprojects have been criticised because of <u>their</u> negative effects on a community or the environment. This essay will look at these issues with regard to Masdar City, a megaproject in Abu Dhabi.	يعتمد مبدأ المشـاريع العملاقة على المنافع التي سـيجلبها لمجتمع ما .ولكن الكثير منها تم انتقاده بسـبب تأثيراتها السـلبية على المجتمع او على البيئة .سـتمعن هذه المقالة النظر في هذه الامور من حيث تناولها مدينة مصدر ـمدينة في ابو ظبي.
Masdar City, which began its development in 2006 CE, will be the world's first carbon-neutral, zero waste artificially-created city. Covering an area of six square kilometres, when it is completed in 2025 CE, it is expected to house more than 40,000 residents, 50,000 commuters, and 1,500 businesses involved in mainly environmentally-friendly products.	ستكون مدينة مصدروالتي بدأ تطوير ها عام 2006 اول مدينة تم صنعها لتكون خالية من الكربون ومنعدمة النفايات .مغطيةً ما مساحته ست كيلو مترات مربعة و عندما يتم إكمالها في عام 2025 ، من المتوقع ان تحوي اكثر من 40.000 ســاكن و 50.000 عابر و 1500 شركة تعمل في منتجات صديقة للبيئة.
The city will run entirely on renewable energy sources. It is built on an advanced energy grid which monitors exactly how much electricity is being used by every outlet in the complex. Furthermore, in order to reduce its carbon footprint, Masdar City will be a car-free zone, designed to be pedestrian and cycle-friendly. Electric, driverless cars will operate as public transport vehicles, and the city will be connected to other locations by a network of roads and railways.	ستعمل المدينة بشكل كامل على مصادر الطاقة المتجددة فهي مبنية على شبكة طاقة متقدمة والتي تراقب كمية الطاقة المستخدمة بالضبط من قبل كل قابس في المجمع السكني وللتقليل من الانبعاث الكربوني، ستكون مدينة مصدر خالية من السيارات مصممة للمشاة وتشجع ركوب الدراجات ستعمل المركبات الكهربانة التي تعمل بدون سائق كمركبات للنقل العام وستكون المدينة متصلة بمواقع اخرى عن طريق سلسلة من الطرق والسكك الحديدية.

		ower and wind farms, and t		سيتم التزود بالطاقة بواسطة الطاقة الشمسية ومزارع المراوح الهوائية، وهناك			
A		drogen plant. A desalinati	-	يضا خطط لبناء أكبر مصنع للهيدروجين في العالم .سيتم تزويد المدينة بالماء عن طريق محطة لتحلية المياه، وسسيتم تدوير % 80 من هذه المياه .سسيتم اسستخدام			
		th 80% of water used being energy source too, and ind					
Biological waste will be used as an energy source too, and industrial waste vill be recycled.				فايات الصداعية.	ايضا وسيتم تدوير النا	وجيه)كمصدر للطافة	فايات الحيويه(البيوا
The current resid	he current residents of Masdar City are all students at the Masdar Institute of				في مؤسسة مصدر للعل	اليون هم كلهم طلاب ف	كان مدينة مصدر الد
Science and Technology, a university whose students are fully committed to inding solutions to the world's energy problems.					شآكل العالم المتعلقة بال		
Vhile the project has the support of many global, environmental and				والمحافظة، لكن	ن العالمية البيئية منها	مم العديد من المنظمات	عظى المشـروع بدء
conservation organisations, there is some criticism of it. It is felt that, instead				ومدينة صناعية	بدلا من القيام بإنشاء	له يشعر الناس انه و	لمك بعض الانتقادات ا
of building an artificial sustainable city, sustainability should be made a			be made a		دن الموجودة.	ن الاستدامة اولوية للم	ستدامة، يجب ان تكور
priority of existing	ng cities.						
In conclusion, th	ne benefits of Masd	ar City for the community	and the	ی مساوئ اذا تم	مدر للمجتمع والبيئة ا	فعة الخاصة بمدينة مه	في الختام، تغلب المنا
		ar City for the community disadvantages. If the aims			مدر للمجتمع والبيئة ا ينة، ســتكون بمثابة		
environment gre developers are re	atly <u>outweigh</u> any ealised, Masdar Cit	disadvantages. If the aims y will be a blueprint for fu	of the ture urban		ينة، ستكون بمثابة		راك وتحقيق اهداف
environment gre developers are re	atly <u>outweigh</u> any ealised, Masdar Cit	disadvantages. If the aims	of the ture urban		ينة، ستكون بمثابة	المطورين لهذه المدب	راك وتحقيق اهداف
environment great developers are re- planning that wil	atly <u>outweigh</u> any ealised, Masdar Cit ll inspire similar m	disadvantages. If the aims y will be a blueprint for fu	of the ture urban		ينة، ستكون بمثابة	المطورين لهذه المد ستلهم مشاريع ضخمة	راك وتحقيق اهداف
environment grea developers are re planning that wil Vords must be	atly <u>outweigh</u> any ealised, Masdar Cit ll inspire similar m	disadvantages. If the aims y will be a blueprint for fu	of the ture urban		ينة، ستكون بمثابة	المطورين لهذه المد ستلهم مشاريع ضخمة	راك وتحقيق ا هداف مضري المستقبلي وس
environment grea developers are re planning that wil Vords must be word	atly <u>outweigh</u> any ealised, Masdar Cit ll inspire similar me saved	disadvantages. If the aims y will be a blueprint for fu egaprojects in other countr	of the ture urban ries.	مخطط للتخطيط ، مخطط للتخطيط ، word	ينة، ستكون بمثابة اخرى في دول اخرى.	المطورين لهذه المدر ستلهم مشاريع ضخمة يباً	راك وتحقيق ا هداف مضري المستقبلي وس تلمات يجب حفظها غ المعنى إ
environment gre developers are re	eatly <u>outweigh</u> any ealised, Masdar Cit ll inspire similar ma saved المعنى	disadvantages. If the aims y will be a blueprint for fu egaprojects in other countr word	of the ture urban ties.	مخطط للتخطيط word	ينة، سستكون بمثابة اخرى في دول اخرى. المعنى	المطورين لهذه المدر ستلهم مشاريع ضخمة يباً word	راك وتحقيق ا هداف مضري المستقبلي وس المات يجب حفظها غ المعنى
environment grea developers are re planning that will Vords must be word Megaprojects investment	eatly <u>outweigh</u> any ealised, Masdar Cit ll inspire similar mo saved المعنى مشاريع عملاقة	disadvantages. If the aims y will be a blueprint for fu egaprojects in other countr word Solar power	of the ture urban ties. المعنى	مخطط للتخطيط مخطط للتخطيط الط	ينة، ستكون بمثابة اخرى في دول اخرى. المعنى priority	المطورين لهذه المدي ستلهم مشاريع ضخمة يباً وية وية	راك وتحقيق ا هداف مضري المستقبلي وس المات يجب حفظها غ المعنى
environment grea developers are re planning that will Vords must be word Megaprojects investment encourage	eatly <u>outweigh</u> any ealised, Masdar Cit ll inspire similar mo e saved المعنى مشاريع عملاقة	disadvantages. If the aims y will be a blueprint for fu egaprojects in other countr word Solar power desalination	of the ture urban ties. المعنى القة الشمسية طة فلترة المياه	مخطط للتخطيط مخطط للتخطيط الط	ينة، ستكون بمثابة اخرى في دول اخرى. المعنى priority	المطورين لهذه المدي ستلهم مشاريع ضخمة يباً وية وية	راك وتحقيق ا هداف مضري المستقبلي وس المات يجب حفظها غ المعنى
environment grea developers are re planning that wil Vords must be word Megaprojects	eatly <u>outweigh</u> any ealised, Masdar Cit ll inspire similar me saved ق مشاريع عملاقة استثمار يشجع	disadvantages. If the aims y will be a blueprint for fu egaprojects in other countr word Solar power desalination	of the ture urban ties. المعنى القة الشمسية طة فلترة المياه	مخطط للتخطيط مخطط للتخطيط الط	ينة، ستكون بمثابة اخرى في دول اخرى. المعنى priority	المطورين لهذه المدي ستلهم مشاريع ضخمة يباً وية وية	راك وتحقيق ا هداف مضري المستقبلي وس المات يجب حفظها غ المعنى
environment grea developers are re planning that will Vords must be word Megaprojects investment encourage vary	eatly <u>outweigh</u> any ealised, Masdar Cit ll inspire similar mo saved ق المعنى مشاريع عملاقة استثمار يشجع	disadvantages. If the aims y will be a blueprint for fu egaprojects in other countr word Solar power desalination	of the ture urban ties. المعنى القة الشمسية طة فلترة المياه	مخطط للتخطيط مخطط للتخطيط الط	ينة، ستكون بمثابة اخرى في دول اخرى. المعنى priority	المطورين لهذه المدي ستلهم مشاريع ضخمة يباً وية وية	راك وتحقيق ا هداف مضري المستقبلي وس المات يجب حفظها غ المعنى

Words	Meanings (E)	Meanings (A)
recycle	Reuse	يعيد تكرار

QUESTIONS

1. What are megaprojects and why do they exist? What are -in your opinion- the advantages and disadvantages of such projects to people and the environment? 2-Accirding to the text, especially the first paragraph, why are megaprojects designed?

3- Why are many megaprojects criticised?

4- How will Masdar city reduce its carbon footprint?

- 5- What does the underlined/bolded phrase "Biological waste" mean?
- 6- What will happen if the aims of the developers are realized?
- 7- Critical Thinking: What do you think is the aim of building such cities? Suggest three specific benefits of such cities.
- 8- What do "hydrogen plants" do?
- 9- Do you wish to live in Masdar City? Why? Why not?
- 10- What is the size of this project and how many people will it house?
- 11- What examples of megaprojects are provided in the essay?
- 12- What are the advantages of the creation of Masdar City? What are the disadvantages?
- 13- Do you think that Masdar City is a beneficial project or not? Give your reasons.

14- Do you think that a similar project to Masdar City would be successful in Jordan? What advantages and disadvantages can you think of?

Model answers

1. What examples of megaprojects are provided in the essay?

Examples of projects include motorways, airports, stations, tunnels, bridges, etc. to entire city complexes.

- 2. What are the advantages of the creation of Masdar city? What are the disadvantages?
- The advantages include the fact that it will be the world's first carbon-neutral, zero-waste city. Although there will be excellent public transport. The disadvantage is that many people think the money should have been spent on cleaning up existing places and making them more sustainable.

3. Do you think that Masdar City is a beneficial project or not? Give your reasons.

Yes, I think that Masdar city is designed to encourage economic growth and

bring new benefits to community.

- 4. What are the advantages and disadvantages of megaprojects to people and the environment?
- The advantages include installing the latest technology that helps cities to become environmentally friendly. However, disadvantages are that they are all brand new and some people think it would be better to spend the money on regenerating old towns.
- 5. According to the essay, megaprojects are extremely large investment projects, which are designed for two purposes. Write these two purposes down.
- A. Megaprojects are designed to encourage economic growth.
- B. Bring new benefits to community.
- 6. According to the essay, what is the concept of a megaproject?
- The concept of a megaproject is always based on the benefits it brings to a community.
- 7. According to the essay, many megaprojects have been criticised for many reasons. Mention them.
- Because of their negative effects on a community or the environment.
- 8. According to the essay, there are many things that will make Masdar city environmentally-friendly city. B. it will be the world's first zero-waste artificially-created city.
- A. it will be the world's first carbon-neutral.
- C. it will run entirely on renewable energy sources.
- E. biological waste will be used as an energy source.
- 9. According to the essay, Masdar city will rely on some of the renewable sources of energy. Write don them. Solar energy and wind farms.
- 10. Quite the sentence which indicates that Masdar City supported by global institutions.
- While the project has the support of many global, environmental and conservation organisations.
- 11. Find a word in the text which means "The process of removing salt from sea water".

12. Although the project of Masdar city has the support of many global organisations, there is some criticism of it. Give the reason. It is felt that, instead of building an artificial sustainable city, sustainability should be made a priority of existing cities.

D. it will be a car-free zone.

Desalination

A founding father of farming

Ibn Bassal was a writer, a scientist and an engineer who lived in Al-Andalus in the eleventh century CE. He worked in the court of Al-Ma'mun, (1) who was the king of Toledo. His great passions were botany, (2) which is the study of plants, and agriculture. Although he was a great scholar, he was also a practical man and all of his writing came from his own 'hands-on' experience of working the land.	كان ابن البصال كاتباءً عالم ا ومهندسا عاش في الأندلس في القرن الحدي عشر للميلاد لقد عمل في بلاط المأمون والذي كان ملك توليدو كان كل شعفه دراسة علم النبات والزراعة. بالرغم من كونه عالما عظيما فقد كان رجلاً عمليا وقد اتت كل كتاباته من خبرته العملية في العمل في الارض.
One of the many things which Ibn Bassal achieved was A Book of Agriculture. The book consisted of sixteen chapters which explain how best to grow trees, fruit and vegetables, as well as herbs and sweet-smelling flowers; perhaps the most famous chapter of all was the one (3) that described how to treat different types of soil. Ibn Bassal also worked out how to irrigate the land by finding underground water and digging wells. He designed water pumps and irrigation systems. All of these things were passed on through his writing.	كان كتاب الزراعة احد الأشياء التي حققها ابن البصال .يتكون الكتاب من ست عشرة فصل والتي تشرح كيفية زراعة الاشجار والفواكه والخضروات والاعشاب والاز هار ذات الرائحة الجميلة بالطريقة الفضلى .ربما كان الفصل الأفضل هو الفصل الذي يشرح كيفية التعامل مع الانواع المختلفة من الاتربة .وقد بحث ابن البصال كيفية ري الارض عن طريق ايجاد المياه الجوفية وحفر الآبار .لقد صمم مضخات للمياه وانظمة ري .لقد مرر هذه الاشياء الينا عن طريق كتاباته.
The influence of Ibn Bassal's book was enormous. As farmers down the generations followed his instructions and advice, the land became wonderfully fertile and produced more than enough food for the fast-growing population. The irrigation systems (4) that he and his followers put in place are still in evidence in Spain. Although his name is not widely known, Ibn Bassal's legacy to the world has been great.	كان تأثير كتاب ابن البصال عظيما كما قد تبع المزارعون وعبر تواتر الاجيال تعليماته ونصائحه، فقد اصبحت الأرض خصبة بشكل مذهل وانتجت غذاء اكثر من اللازم لعدد السكان الآخذ بالتزايد أنظمة الري التي نفذها وأصدقاؤه لا تزال حاضرة في اسبانيا لقد كان ارث ابن البصال للعالم عضيما بالرغم من ان اسمه ليس بمعروف بشكل واسع.

Words must be s	كلمات يجب حفظها غيباً						
word	المعنى	word	المعنى	word	المعنى	word	المعنى
passions	شغف	digging	يحفر				
botany	علم النباتات	pumps	مضخة				
agriculture	الزراعة	fertile	خصبة				
scholar	عالمأ	legacy	إرث				
herbs	أعشاب						
soil	الأتربة						
irrigate	ري						

AB: p.22

Words	Meanings (E)	Meanings (A)
irrigate	to supply land with water	يروي الارض
fertile land	produce more than enough food	ارض خصبة

hand on

legacy

- 1. Name two of Ibn Bassal's achievements.
- 2- Find a verb in the second paragraph that means 'supply land with water'.
- 3- Guess the meaning of 'fertile land' in the third paragraph. Which part of the text illustrates its meaning?
- 4- Guess the meaning of 'legacy' in the third paragraph. What does the author suggest is Ibn Bassal's legacy to the world?
- 5- Which paragraph suggests that Ibn Bassal was a polymath? Give examples of his areas of knowledge.
- 6- Why do you think the area around Toledo had a 'fast-growing population'?

7- What does the book explain?

8- What did Ibn Bassal design and how was that helpful?

9- Quote the sentences which indicate that people overtime had followed Ibn Bassal's inventions.

Model answers

1. Name two of Ibn Bassal"s achievements.

Writing A Book of Agriculture; Designing water pumps and irrigation systems.

2. Find a verb in the second paragraph that means "supply land with water". Irrigate.

3. Guess the meaning of "fertile land" in the third paragraph. Which part of the text illustrates its meaning?

Agriculturally productive; produced more than enough food

- 4. Guess the meaning of "legacy" in the third paragraph. What does the author suggest is Ibn Bassal"s legacy to the world?
- 'Legacy' means what someone leaves to the world after their death. Ibn Bassal's legacy is his agricultural instructions and advice.

5. Which paragraph suggests that Ibn Bassal was a polymath? Give examples of his areas of knowledge.

- The first paragraph: writing, science, engineering, botany, agriculture.
- 6. Why do you think the area around Toledo had a "fast-growing population"?
- Because the area was producing a lot of food as a result of Ibn Bassal's irrigation systems.
- 7. According to the article. Where did Ibn Bassal get his knowledge?

From his own 'hand-on' experience of working the land.

8. What does the most famous chapter in 'book of agriculture' illustrate?

That described how to treat different types of soil.

9. According to the article, Ibn Bassal worked out how to irrigate the land, How did he do that? And what did he design?

By finding underground water and digging wells. He designed water pumps and irrigation systems.

SB: p.33 Ex.4+5

1. Urban planning 2.Public transport 3.Biological waste 4.Carbon footprint 5.Negative effect 6.Economic growth.

ت کة

SB: p.33 Ex. 5

Complete the sentences with the correct collections.

1. When people talk about ______, they can mean either an improvement in the average standard of living, or an increase in the value of a country's products.

2. Pollution has some serious ______ on the environment, such as the death of wildlife and plant life.

3. We can all work hard to reduce our _____ by living a more environmentally-friendly lifestyle.

4. If we take ______ more often, there will be fewer cars on the roads, which will result in cleaner air in our cities.

5. Hospitals need to dispose of a lot of ______, and it should be carefully managed because it can be dangerous.

6. The need for more effective _______ is evident when we consider modern day problems like traffic.

Answers: 1. economic growth 2. negative effects 3. carbon footprint 4. public transport 5. biological waste 6. urban planning

AB: p.20 Ex. 1

Philosopher-arthemetic-polymath-chemist-geometry-mathematician-physician

1. My father teaches Maths.He's a

2. You must not take in medicine without consulting

3. We learn about shapes, lines, and angles when we study

4. Mr Shahin is a true, working in all kinds of creative and scientific fileds.

5. Ramzi is very good with numbers and calucations. He always scores high in

6. A..... is someone who thinks and writes about meaning of life.

Answers: 1. mathematician 2. physician 3. geometry 4. polymath 5. Arthemetic 6. Philosopher

AB: p.20 Ex. 2

1.talent 2.founder 3.scales 4.polymath 5.arthemetic 6.laboratory

a. an expert in many subjects.
b. a room for scientific experiments.
d. an instrument to measure weight
f. the study of numbers.

Answers:

1.g 2.c 3.d 4.a 5.f 6.b

Cleft Sentences

SB: p.29 Ex.7

Write this sentence in three different ways, emphasizing the parts underlined in each case. Al-Jazari invented the mechanical clock in the twelfth century.

Answers:

1. The person who invented the mechanical clock in the twelfth century was Al-Jazari.

It was Al-Jazari who/that invented the mechanical clock in the twelfth century.

2. The thing that Al-Jazari invented in the twelfth century was the mechanical clock.

It was the mechanical clock that Al-Jazari invented in the twelfth century.

3. The period/ time when Al-Jazari invented the mechanical clock was the twelfth century.

It was in the twelfth century that Al-Jazari invented the mechanical clock.

SB: p.29 **Ex.8**

Rewrite these sentences, emphasizing the part in **bold** and using the structure as shown.

- 1. Al-Kindi contributed to the invention of the oud. The person who_
- 2. Jabir Ibn Hayyan did his research in a laboratory in Iraq. The country where
- 3. Ali Ibn Nafi' established the first music school in the world. It was
- 4. Jabir Ibn Havyan also invented ink that can be read in the dark. It was
- 5. Al-Kindi is especially famous for **his work in geometry**. It is

Answers:

- 1. contributed to the invention of the oud was Al-Kindi.
- 2. Jabir Ibn Havvan did his research in a laboratory was Iraq.
- 3. Ali Ibn Nafi' who established the first music school in the world.
- 4. Jabir Ibn Hayyan who/that also invented ink that can be read in the dark.
- 5. for his work in geometry that Al-Kindi is especially famous.

AB: p.20 Ex.3

Make cleft sentences, stressing the information in bold. Queen Rania opened the Children's Museum of Jordan in 2007 CE. It was 2. Petra was made a World Heritage Site in 1985 CE. The year 3. It stopped working at **11 p.m.** It was _____ 4. My father has influenced me most. The person 5. I like **Geography** most of all. The subject _____ 6. The heat made the journey unpleasant. It was Answers: 1. Queen Rania who opened the Children's Museum of Jordan in 2007 CE.

- 3. 11 p.m. when I stopped working.
- 5. that /which I like most of all is Geography.

- 2. when Petra was made a World Heritage Site was 1985 CE.
- 4. who/that has influenced me most is my father.
- 6. the heat that/which made the journey unpleasant.

AB: p.30 Ex.6 Write one sentence that means the same.

1. The Egyptians built the pyramids.

2. Ali attends to finish his project tonight.

3. London is a huge city. It's the capital of the UK. **Answers:**

1. It was the Egyptians that/who built the pyramids.

2. Ali is planning to finish his project tonight.

3. London, which is the capital of the UK, is a huge city.

Relative clauses

SB: p.31 Ex.5

Complete the text with the correct word from the box. Sometimes, more than one answer is possible.

That / which / where / who

Qasr Bashir is an extremely well-preserved Roman castle (1) ______ is situated in the Jordanian desert, and is about eighty kilometers south of Amman.

The walls and huge corner towers of the castle, (2) was built at the beginning of the fourth century CE, are still standing.

It is thought that Qasr Bashir was built to protect the Roman border. Apart from the rooms in the castle, there are also about twenty-three stables (3)

It was the _____

London

Ali is _____

_____ horses may have been kept.

People (4) ______ love exploring historical Roman ruins will certainly find a visit to Qasr Bashir very rewarding. Once inside the building, one can imagine very vividly what it would have been like to live there during the times of the Roman Empire.

Answers: 1. which/that 2. which 3. where 4. who/that

SB: p.31 Ex.8

Pronunciation: minimal pairs (1)

The words which contain the p sound /p/ The words which contain the b sound /b/ The words which contain the n sound /n/ The words which contain the ing sound /n/ The words which contain the i sound /I/ The words which contain the ee sound /i:/ The words which contain the a sound /æ/ The words which contain the ar sound /a:/ The words which contain the ir sound /a:/ pen / pack / rope bend / back / robe sun / India / win song / singing / wing fit / give / middle been / dream / medium and / back / ran bath / car / half best / egg / deaf birthday / world / girl

That / w reserved Roman castle (1) ________ of the castle, (2) ______ was bu uilt to protect the Roman border. Apart

AB: p.21 Ex. 4

Match the beginning with the correct endings and join them a relative pronoun. 2. Geometry and arithmetic are subjects ...

- 1. A mathematician is someone ...
- 3. 'Physician' is an old-fashioned word ...
- 5. The stars and planets are things ...
- A. are studied by mathematicians.
- c. works with numbers.
- b. means 'doctor'
- e. works in a laboratory.

d. astronomers study.

4. A chemist is a person ...

Answers:

- 1 c: A mathematician is someone who works with numbers.
- 2 a: Geometry and arithmetic are subjects that/which are studied by mathematicians.
- 3 b: 'Physician' is an old-fashioned word that/which means 'doctor'.
- 4 e: A chemist is a person who/that works in a laboratory.
- 5 d: The stars and planets are things that/which astronomers study.

Ex. 5 **AB: p.21**

Complete the text about Ibn Sina, using the relative pronouns in the box one pronoun is used twice. Add commas for the non- defining relative clauses.

That / when / which / who

Ibn Sina (1) is also known as Avicenna was a polymath. Ibn Sina was influenced as a young man by the works of the philosopher Aristotle. He wrote on early Islamic philosophy (2) included many subjects, especially logic and ethics. He also wrote ALQanun fi-Tibb, the book (3) became the most famous medical textbook ever. In the last ten or twelve years of his life, Ibn Sina started studying literary matters. His friends (4) _ were worried about his health advised him to relax. He refused and told them 'I prefer a short life with width to a narrow one with length.' It was the month of Ramadan (5) _____ Ibn Sina died, in June 1037 CE. Answers: 1. ,who is also known as Avicenna, 2. ,which included many subjects, 4. ,who were worried about his health, 3. that 5. when

Derivation

القاقتشدلات

AB: p.21 Ex. 7

Complete the sentences with words formed from the words in brackets.

- 1. The Middle East is famous for the ______ of olive oil. (produce)
- textbooks. (medicine) 2. Ibn Sina wrote
- 3. Fatima al-Fihri was born in the century. (nine)
- 4. My father bought our house with an from his grandfather. (inherit)
- 5. Scholars have discovered an document from the twelfth century. (origin)
- 6. Do you think the wheel was the most important ______ ever? (invent)

7. Al-Kindi made many important mathematical _____ (discover)

8. Who was the most writer of the twentieth century? (influence)

Answers:

1. production 2. medical 3. ninth 4. inheritance 5. original 6. invention 7. discoveries 8. Influential

AB: p. 25 Ex. 9

Complete the sentences with the correct form of the words in brackets.

- 1. Petra is an important _______ site. (archaeology)
- 2. I will be going to university to continue my ______. (educate)
 3. In our exam, we had to ______ a text from Arabic into English. (translation)
- 4. They are going to ______ a new air conditioning unit in our flat. (installation)

Answers:

1. archaeological 2. education 3. translate 4. install 5.appreciate 6. collection

SB: p. 39 **Ex.** 7

Complete the text with suitable words derived from the words in brackets.

Madaba is the place where most Jordanian weavers buy their raw materials. Sheep's wool, and goat and camel hair are used by Bedouin tribes and villagers all over Jordan to (1) ______ (product) rugs, bags and other beautiful items. (2) ______ (traditional), the whole process is done by hand, form the washing of the wool to the finish article. There is a particular Bedouin style of (3) (weave) that buyers find very (4) (attraction). Another craft practiced in Madaba is the (5) (creative) of ceramic items.

Answers: 1. produce 2. Traditionally 3. weaving 4. attractive 5. creation

AB: p. 24 **Ex. 3**

Complete the sentences with the correct adjective. One adjective is not

needed. The first one is done for you. على المعنى فقط

Contemporary, cultural, educational, major, ongoing, visual

1. We went to the concert yesterday. The music was written by a new young composer, it was

2. When we go to on school trips, we always learn new things because the trips are.....

3. King Hussein was a..... world figure in the twentieth century.

4. Photography and painting are two examples of the arts.

5. Art, music and literature are all part of our life.

Answers:

1. contemporary 2. educational 3. major 4. visual 5. cultural

SB: p. 42 **Ex.** 4

Choose the most suitable item from the words given in the box to complete the sentences.

1. Many instruments that are still today in ------ were designed by Arab scholars. (operational / operate / operations)

2. When do you ------ to receive your test results? (expect / expectedly / expectancy)

Complete the following sentences with the suitable words derived from the words in the box: نمط جديد

educate, install, archaeology

1. Petra is an important _____

2. I will be going to university to continue my

translation, installation, Influence

_____a text from Arabic into English. a new air conditioning unit in our flat.

it.

collect, appreciation, Weave

5. Thank you for your help, I really _____

6. Have you seen Nasser's ______ of postcards? He's got hundreds! Answers:1. archaeological 2. education 3. translate 4. install 5.appreciate 6. collection

site.





The arts in Jordan					
Jordan has a very rich cultural heritage thanks to the support of the Department of Culture and the Arts, which was founded in 1966 CE. Since then, the department has built up an exciting, ongoing programme of cultural activities related to all the arts: music, visual arts, performing arts and the written word.	للاردن ارث ثقافي غني يعود لدعم قسم الثقافة والفنون والذي تم تأسيسه عام 1966 للميلاد .منذ ذلك الحين اعد القسم برنامجا مذهلا مستمراً للنشاطات الثقافية مرتبطا بكل الفنون كالموسيقى والفنون المرئية والفنون الأدائية والمكتوبة.				
In 1979 CE, the Royal Society of Fine Arts (RSFA) was established to promote visual arts in Jordan and other countries in the region. It has links with major art galleries around the world in order to encourage artists from different cultures to learn from each other.	تم تأسـيس المجمع الملكي للفنون الجميلة عام 1979 لتسـويق الفنون المرئية في الأردن وبلاد اخرى في المنطقة له علاقات مع معارض فنية رئيسـية حول العالم لتشجيع الثقافات من دول مختلفة ليتعلموا من بعضهم.				
The Jordan National Gallery of Fine Arts is one of the most important art museums in the Middle East. The collection includes over 2,000 works of art, including paintings, sculptures, photographs, installations, textiles and ceramics, by more than 800 artists from 59 countries. In 2013 CE, it held Jordan's largest art exhibition called '70 Years of Contemporary Jordanian Art'.	يعد معرض الأردن الوطني احد اهم المتاحف الفنية في الشـرق الأوسـط تضـم المجموعة اكثر من 2000 عمل فني كالرسم والنحت والتصوير والتركيب والنسيج والسـيراميك قام بها 800 فنان من 59 دولة في عام 2013 انعقد المعرض في اكبر معرض للفنون في الاردن وسمي 70 عاما من الفن الأردني المعاصر				
Until the 1990s, most Jordanian literature was only available in Arabic. However, thanks to PROTA (the Project of Translation from Arabic), many Jordanian plays, novels, short stories and poems are now translated into English, and people all over the world are able to read and appreciate them.	كان الفن الأردني وحتى التسـعينيات متوفراً فقط بالللغة العربية .ولكن بفضـل "برنامج الترجمة من العربية "تم ترجمة العديد من الروايات والمسرحيات والقصص القصيرة والقصائد إلى اللغة الإنجليزية .فيستطيع الناس حول العالم قراءتها وتقييمها.				
Every year, the United Nations Educational, Scientific and Cultural Organization (UNESCO) chooses a different Arab city as the Arab Cultural Capital. In 2002 CE, the city of Amman was awarded this title.	تختار منظمة الأمم المتحدة للتعليم والعلوم والثقافة مدينة عربية كعاصــمة للثقافة العربية منتحت العاصمة الأردنية عمان هذا اللقب				
Jordan has a centuries-old musical heritage. The National Music Conservatory (NMC) opened in 1986 CE, making it possible for more Jordanian students to study music seriously.	للأردن ارث موسيقي يرجع عمره لقرن من الزمان، تم افتتاح المركز الوطني للموسيقى عام 1986 معطيا الأردنيين فرصه دراسة الموسيقى بشكل جدي.				
In 1987 CE, the National Centre for Culture and Arts was created, which showcases theatre and dance in Jordan and in the region.	وفي عام 1987 تم انشـاء المركز الوطني للثقافة والفنون والذي يتم فيه عروض مسرحية و رقص في الأردن والمنطقة.				
Realising the value of art and culture, Jordan decided to offer Jordanians and the world an annual arts festival. In 1981 CE, the Jerash Festival for Culture and Arts was founded. This three-week-long summer programme is one of the largest cultural activities in the region. It takes place in the important archaeological site of Jerash, which underlines the close relationship between the arts and Jordan's cultural history.	قررت الأردن مدركة قيمة الفن والثقافة اتاحة الفرصة للأردنيين وللعالم أجمع عمل مهرجان سنوي للفنون .ففي عام 1981 تم تأسيس مهرجان جرش للثقافة والفنون . هذا الإحتفال الصيفي ذا الثلاث أسابيع يعد واحد من اكبر المهرجانات في المنطقة . يحدث هذا المهرجان في المكان التاريخي في جرش والذي يوَكد على العلاقة الحميمة بين الفن وتاريخ الأردن الثقافي.				

بأ							كلمات يجب حفظها
word	المعنى	word	المعنى	word	المعنى	word	المعنى
heritage	ارث	poems	قصائد				
ongoing	مستمر	translated	ترجمت				
promote	تسويق	appreciate	يقدر / يقيم				
sculptures	النحت	archaeological	مكان تاريخي				
Contemporary	معاصر						
plays	مسرحيات						
novel	روايات						

SB: p.34

Words	Meanings (E)	Words(A)
ceramics (n)	the art of producing something <u>made from clay</u> or porcelain, or the clay or porcelain items themselves	خزف <i>ي</i>
conservatory (n)	(American usage for British conservatoire) a school where people are trained in music or acting	المعهد الموسيقي
Fine Arts	drawings, paintings and sculptures that are admired for their beauty and have no practical use	الفنون الجميلة
installation (n)	an art exhibit often involving video or moving parts	تجهيزات فنية
textiles	types of cloth or woven fabric	الغزل والنسيج
visual arts (n)	art such as painting or sculpture that you look at, as opposed to literature or music	فنون بصرية
performing arts	a type of art that can combine acting, dance, painting and fi lm to express an idea	فنون الاداء

QUESTIONS

- 1- How does the Royal Society of Fine Arts show its support for the arts in Jordan?
- 2- What makes The Jordan National Gallery of Fine Arts a major institution in the world of art
- 3- How has translation helped Jordanian literature?
- 4- What is the significance of the location of the annual Jerash Festival?
- 5- 'To truly understand a country's culture, you have to understand its artistic heritage.' Do you agree or disagree? Justify your answer.
- 6. Department of Culture and the Arts has built up an exciting programme of cultural activities. Write down these cultural activities.
- 7. Why was the Royal Society of Fine Arts established?
- 8. 8The Jordan National Gallery of Fine Arts includes many works of art. Write down these works of arts.
- 9- Mention an achievement of "the Department of Culture and the Arts"?
- 10- When was the Royal Society of Fine Arts established and why?

- 11- What does the collection of The Jordan National Gallery of Fine Arts include?
- 12- What does "PROTA" stand for?
- 13- Write down three genres that "PROTA" helped in translating.
- 14- When was Amman entitled as "the Arab Cultural Capital"?
- 15- What do the underlined pronouns refer to?

16- (Critical Thinking) What are the advantages and disadvantages of festivals such as "the Jerash Festival for Culture and Arts"?

Modal answers

1. It shows its support by having links with major art galleries around the world and by promoting visual arts in Jordan.

- 2. It is so important because it has over 2,000 works of art by more than 800 artists from 59 countries.
- 3. Translation has helped Jordanian literature by making it more accessable to people all over the world.
- 4. It takes place in Jerash, which is an important archeological site. This shows the close relationship between the arts and Jordan's cultural history.
- 5. I agree with this statement, culture gives a vivid picture about people in the past and present. For example, nowadays people outside Jordan and the Arab world will understand Jordanian culture.
- 6. Music, visual arts, performing arts and the written word.
- 7. To promote visual arts in Jordan and other countries in the region.
- 8. Paintings, sculptures, photographs, installations, textiles and ceramics.

SB: p.37 Sand Bottle Artists' Inspiration

يلزمك فقط النظر إلى الجبال الجميلة في الأردن لتعرف من أين يحصل فناني قوارير You only have to look at Jordan's beautiful mountains to see where the country's sand bottle artists get their inspiration from. This has led to an الرمل على الهامهم أدى هذا إلى نشوء فن تقليدي مذهل يستخدم الفنانون هذه الأيام absolutely amazing traditional art form. Today, sand artists use artificial ألوإن وأترية وأدوأت صناعية لخلق لوحات فنية صغيرة أحيانا لا يصل ارتفاعها لعدة colors, sand and tools to create mini paintings, sometimes only a few سنتيمترات في علب زجاجية .هذه اللوحات التي يتم رسمها بلا ريشة تحتاج إلى نظرة centimeters high, in glass bottles. These 'paintings without a brush' need an تفصيلية والكثير من الصبر يمكن خلق مشاهد رفيعة الجمال من خلال المهارة eye for detail, and a lot of patience. With time and skill, extremely beautiful والوقت على سبيل المثال يتم رسم جمال كالحقيقية تمشى في وسط صحراء واسعة . scenes can be created, for example, lifelike camels traveling through the vast النتبجة النهائية تخطف الأنفاس فأى شخص يشاهد فنان الزجاجات الرملية سيدرك deserts. The end result is totally breathtaking. Anyone watching a sand artist حالاً المهارة المطلوبة لهذا العمل. at work will realize immediately how much skill is needed for this work.

Words must be s	بات يجب حفظها غيباً						
word	المعنى	word	المعنى	word	المعنى	word	المعنى

QUESTIONS

1- Where should we look to see where sand bottle artists get their inspiration from?

2- What is the size of those bottle paintings?

3- What do artists use to make such beautiful work?

4- What does the pronoun "their" refer to?

5- (Critical Thinking): Artists these days ask for high price for such sand bottles, do you think this is a positive thing or not, do you agree that prices should be accessible for each one?

<u>Adnan, a professional craftsman</u>					
Adnan, a professional craftsman, is at work in his studio. With the oven at 1,400 degrees Centigrade, 20 hours a day, a glass-making studio isn't the most comfortable place to be. For Adnan, however, this is more than just a job. 'My family has been blowing glass for around 700 years,' he says. 'My father learnt the craft from his father, and he taught it to me when I was a child.'	عدنان حرفي محترف في عمله في الأستيديو مع الفرن ذا ال 1400 درجة منوية طوال عشرين ساعة في اليوم، فالمكان المحصص لصناعة الزجاج ليس بالمكان المريح لتكون هناك. انها اكثر من وظيفة بالنسبة لعدنان'' فعائلتي نفخت الزجاج لاكثر من 700 عام ''.يقول عدنان'' فلقد تعلم والدي الحرفة من والده وعلمني هو هذه الحرفة منذ كنت طفلاً.				
Adnan is passionate about this ancient craft, and regularly gives demonstrations and workshops to teach young people the skills of glassblowing.	عدنان متحمس بشأن هذه الحرفة القديمة، ويعطي ايضاحات عملية وورشات عمل بشكل منتظم ليعلم الشباب مهارات نفخ وتشكيل الزجاج.				
He strongly believes that unless we interest more young people in learning the craft, nobody will know how to make hand-blown glass in the future. 'These days, young people don't always want to follow their parents' professions, and, added to that, glassblowing isn't an easy job. It has to be an obsession, as it is for me!'	يأمن بأنه اذا لم نعمل على اثارة اهتمام الشباب لتعلم الحرفة، لن يعرف احد كيفية عمل الزجاج في المستقبل'' .هذه الأيام لا يريد الشباب اتباع مهن اهاليهم ''ويضيف الى ذلك '' تشكيل الزجاج بالنفخ ليست بالمهنة السهلة ، يجب ان تكون هوس كما هي بالنسبة لي''.				
Adnan still uses the technique that was first developed by the Phoenicians some 2,000 years ago. First, he pushes a thin metal blowpipe into the boiling hot furnace. Secondly, he lifts out the liquid sand and lays it on a metal plate. After that, he blows the red-hot glass until it becomes more flexible. Then he pulls and bends the glass into shape. He has to work extremely quickly because the liquid sand is already solidifying into glass. Adnan is making a delicate swan. Through the semi-opaque glass, you can see fine lines of turquoise, green and blue.	لازال عدنان يستخدم التقنية التي استخدمها الفينيقيون قبل حوالي 2000 سنه .أولا يقوم بدفع قضيب النفخ الغليظ في الفرن الساخن الذي يغلي .ثانيا،ً ثم يحمل الرمل المسال ويضعه على صينية حديدية .بعدها ينفخ الزجاج المحمر من الحرارة حتى يصبح اكثر مرونة .ثم يشد ويثني الزجاج الى اشكال .يجب عليه ان يعمل بسرعة فائقة لأن الزجاج المسال يتصلب إلى زجاج .عدنان يصنع إوزة رقيقة .تري خلال الزجاج المعتم خطوطا تركوازية(فيروزية)وخضراً وزرقاء.				
'The sand gives us transparent, or "white", glass,' Adnan explains. 'We get this beautiful dark, cobalt blue by adding the metal cobalt to the melted glass. Then, this blue becomes a lighter, sea-green turquoise after adding copper. Finally, we decorate the glass by hand.'	يوضح عدنان " يعطينا الرمل زجاجا شفافا او ابيضا "ونحصل على هذا اللون الكوبالتي المائل غلى الازرق بإضافة معدن الكوبالت إلى الزجاج المذاب .ثم يصبح هذا الزراق أخف ومائل إلى خضرة البحر بعد اضافة النحاس .ومن ثم نزخرف الزجاج يدويا".				

Adnan, a professional craftsman

'These days we recycle broken glass. We also use commercially produced colours instead of using natural ingredients as in the past. Apart from that, nothing else about this craft has changed through the centuries. You can't use a machine to do this work,' he says. 'The old ways are still the best.'

"نعمل هذه الأيام على اعادة تكرير الزجاج القديم ونستخدم ايضا الوانا تجارية بدلاً من استخدام مكونات صبيعية كما في الماضي وغير ذلك، لم يتغير شيء على هذه المهنة عبر القرون لا تستطيع استخدام ماكينات للقيام بهذا العمل "يقول " فالطرق القديمة مازالت هي الأفضل.

Words must be saved

كلمات يجب حفظها غيباً

violus must be suveu						***	***
word	المعنى	word	المعنى	word	المعنى	word	المعنى
craftsman	حرفي (مهنة)	furnace	فرن	transparent	شفاف		
oven	فرن	liquid	سائل	melted	مذاب		
blowing	ينفخ	flexible	مرن	decorate	يزين / يزخرف		
demonstrations	توضيح	bend	يثني				
obsession	ھو س	solidifying	يتصلب				

SB: p.38

Words	Meanings (E)	Words(A)
furnace	a container which is heated to a very high temperature, so that substances that are put inside it, such as metal, will melt or burn(oven)	فرن
solidifying	to become solid or to make something solid	يتصلب
semi-opaque	preventing light from travelling through, and therefore not transparent or translucent	شبيه بالداكن ليس بالشفاف
fine	smooth and soft	لطيف خفيف
transparent	you can see through it very clearly	شفاف
cobalt	Silvery white chemical element	عنصر كوبلت
turquoise	(having) a deep blue or greenish-blue colour	اخضر ُمزرق

QUESTIONS

- 1- What type of glass do they use these days to produce the nice works?
- 2- Can we use machines to do this work? Why? Why not?
- 3- What do they use to get that beautiful dark?
- 4- Who developed the technique Adnan is using these days?
- 5- According to the fourth paragraph, what are the steps Adnan uses to produce his works?
- 6- How can we save this tradition, according to Adnan?

7- Critical Thinking: Adnan said that his father taught him this craft. What does that mean for you when fathers teach their children their crafts?

8- What do the bolded pronouns refer to?

9- Find a word in the text which means "Someone who is very skilled at a particular craft"

10. Quite the sentence which indicates that Adnan uses an ancient way for glassblowing.

11. There are several processes for making glass from sand?

First, he pushes a thin metal blowpipe into the boiling hot furnace. Secondly, he lifts out the liquid sand and lays it on a metal plate. After that, he blows the redhot glass until it becomes more flexible. Then he pulls and bends the glass into shape.

B- Read the article again and choose the correct answers.

1- A glass-making studio isn't comfortable because:

A it hasn't changed much in hundreds of years. B it's incredibly hot. C everything is done by hand. D it is very small.

2- Adnan runs workshops and gives demonstrations because

A he wants young people to learn the craft. B glassblowing isn't an easy job. C it is an ancient craft. D he has to work quickly.

3- A glassblower has to work very fast because

A the furnace is extremely hot. B machines are not used to do the work.

C hot, liquid glass becomes hard very quickly. D he is making a glass swan.

Rashid's Blog						
Hi! My name is Rashed. I'm staying in London for a week, with my family. I hope you enjoy reading my blog.	مرحبا! اسمي راشد .أنا في لندن لمدة اسبوع، مع عائلتي .آمل ان تستمتعوا في قراءة مدونتي.					
Wednesday Yesterday was brilliant. We decided to go to the Victoria and Albert Museum (also known as the V&A), which is a big museum of art and design in central London. It has one of the largest collections of Islamic art in the world and, as you can imagine, we were keen to have a look .	الأربعاء كان امس يوم رائع قررنا الذهاب الى متحف فيكتوريا والبرت(معروف أيضا ب في اند أي)، وهو متحف كبير للفن والتصميم في وسط لندن فيه احدى اكبر المجموعات الفنية الإسلامية و كما يمكنك ان تتخيل كنا حريصين على ان نلقي نظرة.					
We spent most of our time in the Jameel Gallery, which opened in 2006 CE. There were about 10,000 items on display (no, I didn't count them; the guide told us!). There were carpets and other textiles as well as pottery, ceramics, paintings and things made of ivory (from elephants), wood, metal and glass. My favourite thing was a beautiful Egyptian jug, which looked as if it was made out of glass. In fact it is rock crystal, and it was made over ten thousand years ago. The person who made it must have been incredibly skilled.	قضينا اغلب وقتنا في معرض جميل، الذي افتتح في عام 2006 للميلاد . كان هناك حوالى 10000 قطعة معروضة(لا، لم اعدها؛ لقد اخبرنا الدليل)! كان هناك سجاد ومنسوجات أخرى وبعض الفخاريات أيضا وبعض أعمال السيراميك، رسوم و أشياء مصنوعة من العاج(من الفيلة)، ومن الخشب والمعادن ومن الزجاج .أكثر ما اثار اعجابي هو دورق بدا كأنه مصنوع من الزجاج ,في الحقيقة، انه مصنوع من حجر الكريستال وكان قد صنع قبل حوالي عشرة آلاف عام .ألابد ان الشخص الذي صنعها كان ماهراً بشكل لا يعقل.					
We were at the V&A all day (there's a good café there, and an excellent shop too!). Then, although we were quite tired, in the evening we went to a concert at the Royal Albert Hall. The orchestra was from Germany and it was brilliant! We had comfortable seats, but a lot of people stood right in front of	كنا في المتحف طوال اليوم(يوجد مقهى جيد هناك، ودكان متميز ايضا) إثم، بالرغم من اننا كنا منهكين تماما،ً ذهبنا في المســاء إلى حفلة موســيقية في قاعة البرت الملكية .كانت الفرقة الموسـيقية من ألمانيا وكانت رائعة !حظينا بكراسٍ مريحة لكن					

the orchestra. They didn't sit down at all! **I've never stood all the way through a concert**, and I don't think I'd like to!

كان الكثيرون يقفون امام الفرقة لم يجلسوا نهائيا الم اقف نهائيا طوال حفلة ولا اعتقد انى ارغب بذلك

ات يجب حفظها غيبا					كلمات يجب حفظه		
word	المعنى	word	المعنى	word	المعنى	word	المعنى
collections	مجموعة	textiles	منسوجات				
imagine	يتخيل	pottery	فخار				
keen	حريص	ivory	العاج		X		
Gallery	معرض	orchestra	فرقة موسيقية				
carpets	سجاد						

QUESTIONS

- 1- Where was Rashed when he wrote the blog?
- 2- What did he most enjoy looking at?
- 3- Where did he go in the evening?
- 4- What bothered him?
- 5- Why did Rashed and his family decide to go to the V&A Museum?
- 6- Name four materials that Rashed mentions.
- 7- Look at the words and phrases in bold. Is Rashed using British or American English? Justify your answer.
- 8- Look at the sentences in brackets in lines 5-6. In your opinion, what question is Rashed answering and why?
- 9- Would you stand up all the way through a concert? Why/Why not?
- 10- Critical Thinking: What is the goal of blogs? Would you wish to have one?
- 11- What do the underlined words refer to?

Modal answers

- 1. He was in London.
- 2. A beautiful Egyptian jug.
- 3. A concert at the Royal Albert Hall.
- 4. A lot of people stood in front of the orchestra and didn't sit down at all.
- 5. Because the V&A has one of the largest collections of Islamic art in the world.
- 6. Glass, metal, ivory, wood.

7. Rashed is using British English. He says 'have a look' instead of 'take a look'; he spills 'favourite' with 'ou' instead of 'o'; and he uses the present perfect instead of the past simple in 'I've never stood all the way through a concern.'

AB: p.24 Ex.1

- 1. Watch people acting a story at a theare / an installation.
- 2. Admire textiles / ceramics but don't break them!
- 3. Look at beautiful pieces of art at a play / gallery.
- 4. Look at **an intallation / a theatre** that has been set up in a public space.
- 5. Look at and touch **textikes / handicrafts** that have been sewn together.

Answers: 1. theatre 2. ceramics 3. gallery 4. an installation 5. textiles

AB: p.24 Ex.2

Ceramics-exhibition- gallery-handicrafts-heritage-sculpture-textiles

1. beautiful objects made by hand.

2. a place where art is shown.

3. a solid piece of art, usually made of stone, metal or wood.

4. an event during which works of art are displayed.

5. art made from clay.

6. traditional culture ,such as art,architercture,customs and beliefs.

Answers: 1. handicrafts 2. gallery 3. sculpture 4. exhibition 5. ceramics 6. heritage

AB: p.24 Ex.2

contemporary-cultural- educational-major-ongoing-visual

1. We went to a concert yesterday. The music was written by a new young composer, so it was

2.when we go on school trip, we always learn new things because the trips are

3.king Hussein was a world figure un the twentieth century.

4.photography and painting are two examples of the arts.

5.art, music amd literature are all part of our life.

Answers: 1. contemporary 2. educational- 3. major 4. visual 5. cultural

Articles

SB: p. 35 Ex. 5

Find an example of the following uses of articles in the report. (The Arts of Jordan)

- 1. The/ when the speaker and listener know what/who is being spoken about.
- 2. A, An/ when it is not known what/who is being spoken about or it does not matter.
- 3. The/ when we refer to a proper noun where there is only one of its type.
- 4. Zero article/ before uncountable and plural nouns, and when we talking about something in general.

5. Zero article/ before the names of most countries, mountain ranges, languages, continents, towns, streets, days, months and years.

Answers:

- 1. the department (line 3)
- 2. an exciting, ongoing programme (line 4) a; different Arab city (line 26-27)
- 3. the Department of Culture and the Arts (line 2); the Royal Society of Fine Arts (line 7); the National Centre for Culture and Arts (line 33)
- 4. music (line 5); art galleries (line 9); artists (line 10); literature (line 19)
- 5. Jordan (line 1); 1979 (line 7); 2013 (line 17); 2002 (line 27); Amman (line 28); 1987 (line 33); Jerash (line 41)

SB: p. 35 Ex. 6

Complete the text with a, an, the or-(zero article).

The Amman International Theatre Festival is sa	id to be (1)	biggest of its kind across (2)	entire Middle East and (3)	
North Africa. It is held annually in (4)	April, and (5)	festival is (6)	_ attempt to promote (7)	_Jordanian
theatre. Performances are in (8)	_ English and (9)	Arabic. Many international stars	and famous people from (10)	

Hollywood attend. Usually, (11) ______ festival lasts for about eight days. (12) ______ visitors can choose (13) _____ days on which they want to attend. This is (14) great way to learn about different cultures at one event.

Answers:

1. the 2. the 3. X 4. X 5. the 6. an 7. X 8. X 9. X 10. X 11. the 12. X 13. the 14. a

AB: p. 24 Ex. 4

Complete the sentences with a, an, the or-(zero article).

1. _____ Amman is _____ capital of _____ Jordan.

2. It's one of oldest cities in world.

3. Petra is in south of Jordan. It's important archaeological site.

4. It was ______ important city until ______ huge earthquake destroyed it in about 663 CE.

5. _____ Aqaba is the next to _____ Red Sea; _____ people often go there for their holidays. Jordan..

6. I'm very interested in history, in particular history of

Answers

1. X, the, X 2. The, the 3. X, the, an 4. An, a, 5. X, the, X 6. X, the, X

AB: p. 25 Ex. 5

Read and correct the dialogue. Add a, an or the.

1a: I'm reading really good book. B: oh, what's title? 2 a: Do you ever go to the art galleries? B: Yes, I do. There's big gallery in our town, and I often go there. 3 a: Where are _____ Pontic Mountains? B: They're in turkey. 4 a: Is there _____art museum in Amman? B: Yes, go to _____ National Museum of Fine Arts. 5 a: Do you like music? B: Yes, I do. I play piano, actually.

Answers: 1. a/the 2. a 3. the 4.an/the 5. The

American Vs. British

AB: p. 25 Ex. 6

Mark is American and Bruce is British. How would Bruce say sentences 1-3 in British English? How would Mark say sentences 4-6 in American English?

1 Mark: Did you see that exhibition yet?	Bruce:
2 Mark: I usually take a shower in the morning.	Bruce:
3 Mark: I just had my breakfast.	Bruce:
4 Bruce: Where's Leo? Have you seen him anywhere?	2 Mark:
5 Bruce: I'd like to have a look at those paintings.	Mark:
6 Bruce: Leo's already done his project.	Mark:
Answers:	
1. Have you seen that exhibition yet?	2. I usually have a shower in the morning.
3. I've just had my breakfast.	4. Where's Leo? Did you see him anywhere?
5. I'd like to take a look at those paintings.	6. Leo already did his project.

SB: p. 37 Ex. 8

Rewrite sentences using the words in American English spelling.

- 1. When I go to university, I want to specialise in astrophysics.
- 2. You need to take your necklace to the jeweller to get it fixed.
- 3. If you want to learn English, you could go to a language centre.
- 4. This kind of medicine helps to normalise the heart's function.
- 5. My favourite meal is mansaf.
- 6. An architect can predict what a building will look like by modelling it on a computer.
- 7. Tomorrow evening, I'm going to the theatre to see a play by Shakespeare.
- 8. When the boat arrived at the harbour, we knew we had reached Lebanon.
- Answers : 1. specialize 2. jeweler 3.center 4. normalize 5. favorite 6. modeling 7. theater 8. harbor



المقالة الجدلية :Writing: Argumentative Essay

'Crafts people are skilled workers and should be paid better salaries.'

The job done by craftspeople only helps the economy if the people who publicise and sell their work are successful. Traditional crafts are usually not well publicised and are sold in very small amounts. This means that it would be impossible to provide a full and regular salary to a craftsperson.

These days, it is common for people to choose mass-produced goods for the simple reason that they cost less and can be relied upon. What is more, it is evident that the world is changing, and that the place that craftspeople hold in society is becoming less affordable. For this reason they should not be paid an increased wage.

It could be argued that craftspeople endure difficult and tiring days and receive little money in recognition of this. However, they learn their trade as apprentices and do not have to suspend their income or pay a large amount of money for four years to get a university degree.

Thus it can be seen that craftspeople should not be paid increased salaries, because of the restructured economic system and the consequent shift in the importance of the crafts they produce.

Useful language:

It is understood that... It is often suggested that... Many people believe that... It is evident that... For this reason... It could be argued that... Thus it can be seen that...

Writing skills: Moving from one idea to another

Expressing opposition:

On one hand, ... On the other hand, ... / In spite of this, ... / On the contrary, ... / Conversely, ...

Expressing continuation or addition:

Furthermore, ... / Likewise, ... / One reason for this is ... / In addition, ...



Complementary medicine: is it really a solution?

•	
paragraph	
Most doctors used to be sceptical about the validity of homoeopathy,	لطالما كان الأطباء متشككون في فاعلية وصحة الطب المثلي(التكميلي /التداوي
acupuncture and other forms of complementary medicine. If patients	بالاعشاب أو بعض المواد)والوخز باإبر واشكال اخرى من الطب التكميلي .إذا رغب
wanted to receive this kind of non-conventional treatment, they used to	المريض بالتداوي بمثل هذه العلاجات غير التقليدية، فإنه يتوجب عليهم أن يستشيروا
have to consult a private practitioner who was likely not to have a	من يمارس هذا الطب والذين بالاغلب لا يحملون درجة علمية(شهادة طبية .)و على اية
medical degree. However, in recent years, the perception of this type of	حال، في السنوات الأخيرة، اختلف مفهوم هذا النوع من العلاج فالعديد من أطباء العائلة
treatment has changed. These days, many family doctors study	هذه الأيّام يدرسون الطب التكميلي جنبًا إلى جنب مع الطّب التقليدي .والعديد من
complementary medicine alongside conventional treatments, and many	المداويين بالطب التكميلي يحملون شهادات في الطب ايضا.
complementary medicine consultants also have medical degrees.	
Whereas critics used to say that there was no scientific evidence that non-	لطالما قال النقاد أن الطب التكميلي لا يمتلك اي دليل علمي بأن المعالجة به نافعة، و إنه
conventional treatments actually worked, now it is more common for	من الشائع ان الخبر اء الطبيون اصبحواً مدركين أن الطب البديل أو التكيلي هو ليس دائمًا
medical experts to recognise that conventional medicine may not always	الطريقة الوحيدة لعلاج الأمراض الخفيفة.
be the only way to treat an ailment.	
At a surgery in London, 70 per cent of patients who were offered the	في احدد عيادات الطب الجراجي في لندن، % 70 من المرضى الذين خيروا بين العلاج
choice between a herbal or a conventional medicine for common	بالأعشاب أو اي علاج تكميلي بديل لشكاوي شائعة مثل الأرق والتهاب المفاصل
complaints such as insomnia, arthritis and migraines chose the herbal	والشقيقة اختاروا التداوي بالاعشاب وقال عندها % 50 من المرضى عندها أن العلاج
remedy. Fifty per cent of patients then said that the treatment helped.	ساعدهم قال احد الأطباء "انا الآن اخذ بعين الإعتبار أن الطب البديل التكميلي هو خيار
One doctor said, "I now consider homoeopathy to be a viable option for	قابل للنجاح للعديد من الحالات بما فيها القلق والإكتئاب وبعض الحساسية فهي توفر
many different conditions, including anxiety, depression and certain	خيار آخر عندما لا ينفع الطب التقليدي بشكل دقيق.
allergies. It provides another option when conventional medicine does	
not address the problem adequately."	
However, complementary medicine cannot be used for all medical	على اية حال، لا يمكن للطب البديل ان يُستخدم لكل الإستطبابات العلاجية . لا يمكنها ان
treatments. It can never substitute for immunisations as it will not	تحل محل عمليات التطعيم/التاقيحلانها لن تنتج الأجسام المضادة والتي نحتاجها لتحمينا
produce the antibodies needed to protect against childhood diseases. It	من أمر اض الطفولة ولا يمكنها ايضا ان تحمينا من الملاريا.
also cannot be used to protect against malaria.	
One doctor said, "I will always turn to conventional medical treatment	اعرب احد الأطباء انه سيقوم بالعودة للعلاجات الطبية التقليدية أولا ليتأكد انه لم يمر
first to ensure that no underlying condition is missed. However, the idea	عن أي حالة خفية وعلى أيه حال، فإن العلاج بالطب البديل لم تعد فكرة غريبة في
of complementary treatments is no longer an alien concept. In my	ر أيه يجب على الطب البديل ان يعمل جنبا إلى جنب مع الطب الحديث وليس ضده.
opinion, it should work alongside modern medicine, and not against it."	
opinion, it should work alongside modern medicine, and not against it.	

Words must be saved						فيبأ	كلمات يجب حفظها غ
word	المعنى	word	المعنى	word	المعنى	word	المعنى
Complementary	مكتمل	Family	عائلة	Patient	مريض	Anxiety	قلق
Medicine	دواء	Alongside	جنباً إلى جنب	Offer	يعرض	Depression	إكتئاب
Solution	حل	Whereas	في حين	Choice	اختيار	Certain	مؤكد
Sceptical	شكاك	Critics	ناقد	Herbal	عشبي	Address(v)	يخاطب
Validity	صلاحية	Scientific	علمي	Complaint	شكوى	Adequately	على نحو كافٍ
Homoeopathy	طب الأعشاب	Evidence	دليل	Insomnia	ارق	Substitute	بديل
Acupuncture	الوخز بالإبر	Actually	حقأ	Arthritis	إلتهاب مفاصل	Immunisation	تحصين
Forms	نماذج	Common	شائع	Migraines	صداع نصفي	Antibodies	أجسام مضادة
Conventional	تقليدي	Recognise	يعترف	chose	اختار	Against	ضد
Treatment	علاج	may	ربما	Remedy	علاج	Childhood	طفولة
Consult	يستشير	Always	دائماً	Consider	يعتبر	Disease	مرض
Private	خاص	Only	فقط	Viable	قابل للحياة	Malaria	مرض الملاريا
Practitioner	ممارس	Ailment	مرض	Option	خيار	Ensure	يأكد
Degree	درجة	Surgery	عملية	Different	مختلف	Underlying	أساسي
Recent	قريب / حديث	London	عاصمة برطانيا لندن	Condition	حالة	Missed	أغفل
Perception	إدراك	Per cent	بالمئة	Including	يتضمن	Alien	فضائي(غريب)
						Concept	مفهوم
						opinion	رأي

Words	Meanings (E)	Words
acupuncture (n)	a system of complementary medicine in which fine needles are inserted in the skin at specific points.	الوخز بالإبر
ailment (n)	illness.	مرض خفيف
allergy (n) allergic (adj)	a reaction of the immune system when it is sensitive to something; this reaction comes in the form of sneezing, itchy eyes or a skin rash.	تحسس/حساسية
arthritis (n) arthritic (adj)	a disease causing painful inflammation and stiffness of the joints.	إلتهاب المفاصل
herbal remedy (n)	an extract or mixture of a plant used to prevent,	التداوي باألعشاب
remedy (v)	alleviate, or cure disease. remedial (adj)	تداوي
homoeopathy (n)	a system of complementary medicine in which illnesses are treated by minute doses of herbs and other natural substances.	المعالجة المثلية
immunisation (n)	the process by which an individual's immune system becomes protected against an illness. immunise (v) immune (adj)	التلقيح
malaria (n)	a dangerous disease transmitted by mosquitoes.	مرض المالريا
migraine (n)	a very bad headache which often comes with a feeling of sickness and problems with vision.	الصداع النصفي الشقيقة
antibody (n)	a substance produced by the body to fight disease.	الجسم المضاد

complementary- medicine	medical treatment which provides an alternative	الطب البديل
	to scientific medical practices. complement (v)	الطب التكميلي
conventional (adj)	having been used for a long time and is considered usual.	تقليدي
-	convention (n) conventionally (adv)	-
option (n) optional (adj)	something that is or may be chosen.	خيار
viable (adj) viability (n)	effective and able to be successful.	قابل للنجاح
practitioner (n)	someone who is qualified or registered to practise a	من يمارس مهنة
		او
practise (v)	particular occupation or profession.	مهارة
	practical (adj) practically (adv)	
sceptical (adj) sceptic (n)	having doubts; not easily convinced.	متشكك
scepticism (n)		

QUESTIONS

أسئلة الفقرة والإجابات النموذجية

- 1- What medical conditions may be possible to treat using complementary medicine?
- 2- Read the article again, and decide if these sentences are true or false. Correct the false sentences. SB: p15
- a- Doctors and patients didn't use to be convinced that complementary forms of medicine work.
- b- Nowadays, many doctors study complementary forms of treatment.
- c- At the surgery mentioned in the article, the majority of patients found that the herbal remedy did not help them.
- d- Complementary medicine can work as a replacement for immunisations or to treat malaria.

3- (Critical Thinking/Brain Storming) The article suggests that people's perception of complementary medicine has changed over time. Why do you think this is the case? SB: p15

4- "Complementary treatments should work alongside modern medicine, not against it." SB: p15 Explain this statement in two sentences, justifying your answer with examples from the article.

- 5- What were most doctors' feelings like regarding homoeopathy?
- 6- Who practices homoeopathy? Mention two parties.
- 7- What is the situation now regarding nonconventional (complementary) medicine?
- 8- Give a word from the text which means the same as "illness".
- 9- Can conventional medicine always be the only way to treat an ailment?
- 10- What did people in a surgery in London choose when they were offered choice between a herbal or a modern medicine? Why?
- 11- What is the opinion of the doctors mentioned in the text? Your answer should be based on two paragraphs.
- 12- Quote the sentence which indicates that doctors now deal with nonconventional treatment.
- 13- What is the problem with complementary medicine? Why can't it replace modern medicine?
- 14- What do the underlined words/pronouns in the above text refer to? Select 5 only.

MODEL ANSWERS

1- Common complaints such as: insomnia, arthritis and migraines, anxiety, depression and certain allergies.

2- a- True b- True c- False. Fifty per cent of patients said it helped. d- False. Complementary medicine cannot be used for all medical treatments.

3- People's perception of complementary medicine has changed because they found that these types of treatment worked with no side effects, they also found that conventional doctors were studying more and more about these non-conventional ways of treatment.

4- Doctors should use complementary treatments with the scientific ways they have learned. They should not neglect/ignore them nor depend on them all the time. They should use them to cure common complaints such as: insomnia, arthritis and migraines, anxiety, depression and certain allergies.

5- Most doctors used to be sceptical about the validity of homoeopathy and other forms of complementary medicine.

6- Private practitioners and conventional doctors practice homoeopathy.

7- The idea of complementary treatments is no longer an alien concept, it should work alongside modern medicine, and not against it.

8- Complaints.

9- No, because the writer mentions that non-conventional (complementary) medicine provides another option when conventional medicine does not address the problem adequately.

10- They chose the herbal remedy maybe because they were fed up with modern medicine.

11- One doctor said that he then considered homoeopathy to be a viable option for many different conditions. Another doctor said that he would always turn to conventional medical treatment first to ensure that no underlying condition was missed.

12- These days, many family doctors study complementary medicine alongside conventional treatments, and many complementary medicine consultants also have medical degrees.

13- Complementary medicine cannot be used for all medical treatments. It can never substitute for immunisations as it will not produce the antibodies needed to protect against childhood diseases. It also cannot be used to protect against malaria.

14-they :patients / who: a private practitioner / I: one doctor / It/it /It: complementary medicine

I/my :one doctor / it :complementary treatment / it :modern medicine

Q1 Match the phrases in the table with the correct meanings. One word is not needed. The first one is done for you. VOCABULARY- WB; p. 11 المفردات

Acupuncture homoeopathy ailment							
arthritis immunisation							
malaria allergies	migraine						
1 a serious illness that is spread by mosquitoes	malaria						
2 a disease that causes pain and swelling in joints	arthritis						
3 an illness or disease which is not very serious	ailment						
4 giving a drug to protect against illness	immunisation						
5 an extremely bad headache	migraine						
6 a form of complementary medicine which uses thin needles	Acupuncture						
7 conditions that make you ill when you eat, touch or breathe a particular thing	allergies						
Q2: Complete the sentences with words from exercise 1. The first one is done for you.	WP; P11						
1 My grandfather has arthritis in his fingers, so he sometimes finds it difficult to write.							
2 to nuts and milk are becoming more common. Allergies							
3 Many serious diseases can be prevented by, which helps the body to build antibodies. Immunisation							
4 Headaches and colds are common s, especially in winter.	ailment						
5 If you have a, the best thing to do is take some medicine and rest somewhere quiet. Migraine							

<u>Are happier people healthier – and, if so, why?</u>

Paragraph	ترجمة الفقرة
It's normal to feel a bit blue from time to time. However, studies show that negative	من الطبيعي ان تشعر بالقليل من الحزن من حين لأخر بالرغم من أن الدر اسات اظهرت أن
emotions can harm the body.	المشاعر السلبية يمكن أن تؤذي الجسم.
Anger can also have harmful effects on health. When you see red, your blood pressure	يمكن ان يكون للغضب ايضا تأثيرات مؤذية على الصحة عندما تغضب، يرتفع ضغط الدم
is raised and you can suffer from headaches, sleep problems and digestive problems.	لديك ويمكن أن تعاني من الصداع ومشاكل في النوم ومشاكل في الهضم ولكّن ماذا عن
However, what about positive feelings and attitudes? Until recently, scientists had not	المشاعر والإتجاهات الإيجابية؟ لم يستطع العلماء حتى الآن التحري واكتشاف ما اذا كان هناك
investigated whether there is a link between positive feelings and good health.	علاقة بين المشاعر الإيجابية والصحة الجيدة.
Then, in a study that had followed more than 6,000 men and women aged 25 to 74 for	في در اسة تتبعت اكثر من 6000 رجل وامراة تر اوحت اعمار هم بين 25-74 لمدة 20 سنة
20 years, researchers found that positivity reduced the risk of heart disease. Other factors	وجد الباحثون ان الإيجابية قللت من خطر مرض القلب. ومن العوامل الاخرى التي تؤثر
influencing health included a supportive network of family and friends, and an optimistic	على صحة تشمل وجود شبكة من الاقارب والاصدقاء داعمين للشخص وتفائل في الحيَّاة.
outlook on life.	
The research showed that children who were more able to stay focused on a task, and	أظهرت الدر اسات أن الأطفال اللذين يملكون قدرة اكبر على التركيز على مهمة معينة والذين
who had a more positive attitude to life at age seven, were usually in better health 30	لديهم اتجاهات اكثر ايجابية في الحياة في عمر السابعة كانوا عادة في حالة صحية أفضل بعد
years later. The study has been controversial. Some health professionals believe that bad	30 عام لقد كانت الدراسة جدلية بيوَّمن بعض المختصين في الصحة بأن الخيارات السيئة في
lifestyle choices, such as smoking or lack of exercise, are the reason for heart disease	السُوب الحياة مثل التدخين وقلَّة التمارين هي السبب وراء أمراض القلب وأمراصٌ اخْرِي،
and other illnesses, and not an individual's attitude. The researchers, while agreeing,	وليساتجاهاتهم الشخصية تساءل الباحثون وهم موافقون على الفكرة عن السبب الذي يجعل
raise the question: why are people making bad lifestyle decisions? Do more optimistic	النَّاس يتخذون قرارات تقود حياتهم للسلبية . هل يقوم النَّاس المتفائلون بإتخاذ خيارات حياتية
people make better and healthier lifestyle choices?	افضل واکثر صحيةً؟
The researchers appreciate that not everyone's personal circumstances and environment	يقُدر العلماء انه ليس كل انسان عنده ظروف و بيئة تعطيه الفرصة ليعيش حياة بدون قلق .
make it possible to live without worry. However, they believe that if we teach children	ولكنهم يؤمنون انه اذا تمكنا من تعليم الأطفال ان يطوروا تفكيراً يجابيا وأن ينهضوا بعد كل
to develop positive thinking, and to 'bounce back' after a setback, these qualities will	و ۲۵ پر وی سقوط ستحسن صحتهم بشکل عام فی المستقبل
improve their overall health in the future.	
improve their overtain neural in the rature.	

						<i>z</i> .	
كلمات يجب حفظها غيباً							
word	المعنى	word	المعنى	word	المعنى	word	المعنى
Normal	طبيعي	suffer	يعاني	Network	شبكة	Appreciate	يقدر
Feel	يشعر	Headache	ألم ر أس	Optimistic	متفائل	Circumstance	ظرف
Bit	قليل	digestive	هضم	Outlook	مظهر	Environment	بيئة
Negative	سلبي	Positive	إيجابي	focus	يركز	Worry	قلق
Emotion	مشاعر	Attitude	سلوك	Task	مهمة	Develop	يطور
Harm	يضر	Investigate	يحقق (في قضية)	Better	أفضل	Bounce	يرتد
Body	جسم	link	يصل (بشيء)	Controversial	جدلي خلاف	Quality	جودة
Anger	غضب	Reduce	يقلل	Professional	محترف	Improve	يطور
Effect	تأثير	Risk	مخاطر	Smoking	یدخن / دخان	Overall	كلي / إجمالي
Health	صحة	Factors	عوامل	Lack	نقص		

Blood	دم	Influence	يأثر	Reason	سبب	
Pressure	ضغط	Include	يتضمن	Individual	فردي	
Raise	يرتفع	Supportive	داعم	Decision	قرار	

Words	Meanings (E)	Words
feel blue	to feel sad.	يشعر بالحزن
see red	to be angry.	يغضب
white elephant	something that has cost a lot of money but has no useful purpose.	مكلف بدون فائدة
have the green light	to have or give permission to go ahead with something or for something to happen.	يسمج / يُسمح له
red-handed	in the act of doing something wrong.	يرتكب حماقة يرتكب
out of the blue (adj)	apparently from nowhere; unexpectedly.	بشكل مفاجيء
bounce back	to start to be successful again after a difficult time.	النهوض بعد الفشل
focus on focus (n) focused (adj)	to direct your attention or effort at something specific.	يركز على
setback (n)	a problem that delays or stops progress, or makes a situation worse.	فشل / إخفاق
raise (v)	a question to bring up a problem or cast doubt on something.	يرفع/يسأل/يربي
optimistic(adj)optimism(n)optimist (n)	believing that good things will happen in the future.	التفاؤل

QUESTIONS

أسئلة الفقرة والإجابات النموذجية

 \mathbf{X}

- 1- Do you ever feel yourself getting angry? What kind of things can make you angry?
- 2- Do you think that feeling angry is bad for you?
- 3- What are the possible effects of anger and stress on someone's health? SB
- 4- What is controversial about the researchers' study? SB
- 5- What is your opinion of the researchers' findings? SB

6- (Critical Thinking) Read the quotation by Thomas Carlyle "He who has health has hope; and he who has hope, has everything". Do you agree with it? Why/Why not?

- 7- What do the underlined words in the above text refer to? Pick five only.
- 8- How can we improve our children's overall heath in the future?

9- Quote the sentence which indicates that childhood attitude is almost similar to your attitude when you grow up.

10- What do the underlined words in the text refer to?

MODEL ANSWERS

1.Yes, sometimes I get so angry. For example, when my parents ask me to go to bed early.

2- Yes, of course. I believe it is bad for me.

3- Anger can also have harmful effects on health. When you see red, your blood pressure is raised and you can suffer from headaches, sleep problems and digestive problems.

4- The study has been controversial. Some health professionals believe that bad lifestyle choices, such as smoking or lack of exercise, are the reason for heart disease and other illnesses, and not an individual's attitude.

5- I think he is right. When people have bad life conditions when they are young, his/her future will probably be uncomfortable because childhood situations always affect the personality of human beings.

6-Yes, I agree. Because healthy life leads to success, and when you are successful, you enjoy everything, especially work.

7-That/ a study who / who children they /The researchers their/ children

8- If we teach children to develop positive thinking, and to 'bounce back' after a setback, these qualities will improve their overall health in the future.

9- The research showed that children who were more able to stay focused on a task, and who had a more positive attitude to life at age seven, were usually in better health 30 years later.

10- emotions=feelings / scientists=researchers / optimistic= believing that good things will happen.

SB: p.17 Ex.4

A- What feeling does each idiom indicate? Use these: (happiness/sadness/fear/anger)

B- What do the underlined/bolded colour idioms mean?

1- We've got the green light to go ahead with our project!

2 Luckily, the police arrived and the thief was caught red-handed.

3 I was shocked when I heard the news. It came completely out of the blue.

4 Nobody goes to the new private sports club. The building is **a white elephant.**

Answers

A: 1- sadness 2- anger.

B: 1- got permission 2- in the act of doing something wrong 3- unexpectedly
Health in Jordan: A report

Introduction Health conditions in Jordan are among the best in the Middle East. This is largely due to the country's commitment to making healthcare for all a top priority. Advances in education, economic conditions, sanitation, clean water, diet and housing have made our community healthier	مقدمة :تعد الصحة في الأردن من الافضل في الشرق الأوسط .هذا بالأغلب يعزى لإلتزام الدولة بالتأمين الصحي للكل كأولوية .التطور ات في التعليم والأوضاع الإقتصادية والتصرف المجاري والماء النظيف والحمية والإسكان كل ذلك جعل مجتمعنا أكثر صحية.
A. Healthcare centres As a result of careful planning, the number of healthcare services has been increasing rapidly over the past years. More than 800 different kinds of healthcare centres have been built, as well as 188 dental clinics. In 2012 CE, 98 per cent of Jordanian children were fully immunised, thanks to immunisation teams that had been working towards this goal for several years. Although there were remote areas of the country where people had been without consistent access to electricity and safe water, almost 99 per cent of the country's population now has access.	وكنتيجة للتخطيط الحذر بتطور عدد الخدمات الصحية بشكل سريع في السنوات الأخيرة و تم بناء أكثر من 800 مركز صحي وأيضا 188 عيادة لطب الأسنان في عام2012 98 بالمئة من الأطفال الأردنيين تم تلقيحهم بشكل تام بفضل فرق التطعيم والتي كانت ولا زالت تسعى وراء هذا الهدف لعدة سنوات بالرغم من وجود مناطق نائية في الدولة والتي يكون بها الناس بدون اتصال ثابت بالكهرباء والماء النقي فإن الآن حوالي 99 بالمئة من سكان الدولة تتوفر لهم تلك الأشياء.
B. Hospitals Although the country has been focusing mainly on improving its primary healthcare facilities, it has not neglected its advanced medical facilities. The reputation of Jordanian doctors has spread in the region, and now many more patients come to Jordan for open heart surgery. In Jordan, the open heart surgery programme started in 1970 CE in Amman.	بالرغم من ان الدولة كانت تركز بشكل رئيسي على تطوير وتحسين المنشآت الصحية الأساسية، فإنها لم تهمل المنشآت الطبية المتطورة الخاصة بها فلقد انتشرت هذه السمعة الطيبة عن الأطباء الأردنيين في المنطقة والعديد من المرضى يأتون إلى الأردن لعمليات القلب المفتوح .بدأ برنامج عمليات القلب المفتوح في عمان في عام1970
C. Life expectancy The life expectancy figures show that Jordan's healthcare system is successful. In 1965 CE, the average Jordanian's life expectancy was age 50. In 2012 CE, this average life expectancy had risento 73.5. According to UNICEF statistics, between 1981 CE and 1991 CE, Jordan's infant mortality rates declined more rapidly than anywhere else in the world – from 70 deaths per 1,000 births in1981 CE to only 32 deaths per 1,000 births in 2014 CE.	إن ارقام متوسط العمر الإفتراضي توضح ان النظام الصحي الأردني ناجح .ففي عام 1965 ميلادي كان معدل متوسط العمر الافتراضي في الاردن حوالي 50 عاما .في عام 2012 كان هذا المعدل للعمر الافتراضي قد ارتفع لحوالي . 73.5 طبقا لإحصاآت منظمة اليونيسيف فإنه بين عام 1981و عام 1991 انخفض عدد وفيات المواليد بشكل سريع لم يُشهد في اي مكان في العالم– من كل 1000 كان يتوفى 70 في 1981 الي 32 وفاة فقط من كل 1000 في عام2014
Conclusion The low infant mortality rate, as well as the excellent healthcare system, have been contributing factors to Jordan's healthy population growth, which will result in a strong work force with economic benefits for the whole country.	ان المعدل المنخفض لوفيات الاطفال والنظام الصحي الممتاز كان من العوامل المساهمة في الزيادة السكانية الصحية والتي ينتج عنها قوى عاملة قوية وفوائد اقتصادية لكل البلد.

Words must be saved					غيبأ	كلمات يجب حفظها غ	
word	المعنى	word	المعنى	word	المعنى	word	المعنى
Introduction	مقدمة	Clean	نظيف	Remote	بعيد / نائية	Average	معدل
Condition	شرط / حالة	Diet	حمية	Area	منطقة	Risen	ارتفع
Among	بين	Community	مجتمع	Consistent	متسق	Statistics	إحصائيات
Middle	أوسط	Planning	تخطيط	Electricity	كهرباء	Infant	رضيع
East	الشرق	Services	خدمات	Population	كثافة سكانية	Mortality	معدل وفيات
Largely	بشكل ضخم	Increasing	بشكل متزايد	mainly	بشكل رئيسي	Rates	معدلات
Due	بسبب	Rapidly	سريع	Primary	أساسى	Decline	يرفض
Country	منطقة	Dental	أسنان	Facilities	مباني	Death	وفيات
Commitment	إلتزام	clinic	عيادة	Neglected	مهمل / متروك	Birth	ولادة
Healthcare	الرعاية الصحية	Immunised	منيع / حصين	Medical	طبي	Conclusion	خاتمة / ملخص
Тор	قمة	Immunisation	تحصين	Reputation	سمعة	Low	منخفض
priority	أولوية	Team	فريق	Spread	ينتشر	Contribute	يساهم
Advance	متقدم	Toward	للأمام	Region	منطقة	Factors	عوامل
Economic	اقتصاد	Goal	هدف	Expectancy	توقع	Growth	نمو
Sanitation	النظام الصحي	Several	العديد	Figures	أشخاص	benefits	فوائد

Word	English Meaning	المعنى بالعربية
commitment (n) commit (v) committed (adj)	a promise to do something or to behave in a particular way.	إلتزام
healthcare (n)	the prevention or treatment of illness by doctors, dentists, psychologists, etc.	الرعاية الصحية
life expectancy (n) expect (v) expectation	the length of time that a person or animal is expected to live.	متوسط العمر المتوقع
mortality (n) mortal (n and adj) mortally (adv)	death, especially on a large scale (e.g. infant mortality); the rate of deaths that occur (mortality rate).	الوفيات
reputation (n) repute (v)	the common opinion that people have about someone or something.	السمعة
decline (v) decline (n)	to decrease in quantity or importance.	ينخفض

QUESTIONS

أسئلة الفقرة والإجابات النموذجية

1- Health conditions in Jordan are among the best in the Middle East. Why do you think this is the case? Give examples.

2- Write down the sentence which shows the sectors that helped in making Jordan healthier.

- 3- What is the link between the introduction and the conclusion in this report?
- 4- Is the language formal or informal? How can you tell?
- 5- What is the title of the report?
- 6- What is the purpose of the sub-headings before different sections?
- 7- What made the number of healthcare services increase in Jordan over the past years?
- 8- What does the underlined word "dental" in the text mean?
- 9- What are the result of careful planning?
- 10- What is the achievement of the immunisation teams?
- 11- Did the government forget about the advanced healthcare facilities? What are the consequences of that?
- 12- What is the specific disease that Jordanian doctors are very professional at?
- 13- Give one example of life expectancy rate that was improved?
- 14- What led the Jordanian population to rise? Give a reason from the text and another from your knowledge.
- 15-(Critical Thinking/ Brain Storming) What illnesses are children in Jordan vaccinated against?
- 16- What are the underlined words/pronouns in the text refer to?

MODEL ANSWERS

1- Health conditions in Jordan are among the best in the Middle East. This is largely due to the country's commitment to making healthcare for all a top priority. The number of healthcare services has been increasing rapidly over the past years and 98 per cent of Jordanian children were fully immunized. Life expectancy had risen to 73.5 and infant mortality rates have fallen down.

2- Advances in education, economic conditions, sanitation, clean water, diet and housing have made our community healthier.

3- 'Health conditions are among the best in the Middle East' and 'Advances ... have made our community healthier' links with 'excellent healthcare system' and 'contributing factors to Jordan's healthy population growth'.

4- The language is formal. There are no contractions; the sentences are quite long, with relative pronouns, etc.; the vocabulary is formal; there are linking expressions such as: As a result of, According to and Although; the statistics included add to the formality.

5- Health in Jordan: A report.

6- They tell the reader what the section will be about. If it is a very long report, they are very useful in helping the reader to find particular pieces of information and making the text easier to read.

7- The number of healthcare services has been increasing rapidly over the past years as a result

of careful planning.

8- Dental means: relating to the teeth.

9- The number of healthcare services has been increasing rapidly over the past years. More than 800 different kinds of healthcare centres have been built, as well as 188 dental clinics. In 2012 CE, 98 per cent of Jordanian children were fully immunized. Almost 99 per cent of the country's population now has access to electricity and safe water.

10-98 per cent of Jordanian children were fully immunised, thanks to immunisation teams that had been working towards this goal for several years.

11- The country has not neglected its advanced medical facilities. The reputation of Jordanian doctors has spread in the region, and now many more patients come to Jordan for open heart surgery.

- 12- Jordanian doctors are very professional at open heart surgery. Many more patients come to Jordan for it.
- 13- Jordan's infant mortality rates declined more rapidly than anywhere else in the world.
- 14- The low infant mortality rate, as well as the excellent healthcare system, have been contributing factors to Jordan's healthy population growth.

15- Children in Jordan are vaccinated against tetanus, polio, measles, and smallpox.

16-That: immunisation teams /where: remote areas of the country /its/it /: the country

Get Moving! مشكلةً في تزايد :يوجد في العديد من الدول عدد متزايد من الصغار والبالغين الذين يعانون من A- A growing problem السمنة او حتى زيادة الوزن المفرطة يعد شيوع الطعام السريع (الجاهز) والذي لم يكن شائعا في In many countries, an increasing number of young people and adults are السابق احد الأسباب والعامل الكبير الثاني هو قلة التمارين كان الناس في السابق يمشون إلى overweight or even obese. One reason for this is the growing popularity المدرسة أو العمل ولكن هذه الأيام العديد منا يستقل السيارة وقد لعبت التكنولوجيا الحديثة دورها of fast food, which didn't use to be as common as it is now. الكبير في ذلك فنقضى وقتا أكثر وأكثر محدقين في شاشات الكمبوتر لم يحلم احد في التسوق عبر (1) Another big factor is lack of exercise. People would often walk to الإنترنت قبل اختراع الانترنت ولكن الآن يمكننا شُرأ كل شيء بدون مغادرة الأريكة. school or work, but these days many more of us drive. Modern technology has also played its part; we spend more and more time focusing on computer screens. Before the Internet was invented, nobody had dreamt of online shopping, but now we can buy almost anything without leaving the sofa. حان الوقت للإصغاء الطالما حذر خبراء الصحة من هذا الميول ونصيحتهم واضحة بيجب على **B-** Time to listen البالغين التمرن لساعتين ونصف في الأسبوع على الأقل، اما الأطفال والمراهقين فيجب عليهم Health experts have been warning about this trend for years, and their التمرن لساعة يوميا على الأقل وقد يبدوا هذا ليس بالكثير لكن الدر اسات تثبت أن 50 بالمئة من advice is clear. Adults should aim to exercise for at least two and a half البريطانيون لا يتمكنون من ذلك إن اطفال المدارس اقل نشاطا جسديا مما كانو عليه في السابق. hours every week; for children and teenagers the target should be at least تكره الفتيات خصوصا حصص اللياقة البدنية/الرياضة قد يؤدى هذا إلى مشاكل صحية خطيرة. an hour a day. This might not sound very much. However, recent research shows that less than 50% of the British population manages this. (2) School children are less physically active than they used to be. Girls in particular often dislike PE. This can lead to serious health problems. إنه لمن الجيد بالنسبة لك بيوصبي الخبر إء بالتنويع في النشاطات ويجب إن تتضمن نشاطات متوسطة C- It's good for you! مثل المشى السريع ونشاطات أكثر إجهاد مثل آلركض وينصحون ايضا بتمارين تقوى العضلات Experts recommend a mixture of activities. These should include مثل الضغط/او شد العضلات حيث تبنى عضلات اكثر فإنك تحرق سعر ات حر ارية أكثر ونصبح moderate exercise, such as fast walking, and more strenuous exercise, أكثر ليافةً بالإضافة إلى أن الرياضة طرّيقة رائعة للتعامل مع الضغط والإجهاد. ففي دراسة حديثة like running. (3) They also advise exercise that strengthens the muscles, تبين أن المرضى الذين كانوا يعانون من الإكتئاب اعربو عن تحسن عظيم بعد زيادة النشاطات for example sit-ups. The more muscle we build, the more calories we الجسدية لديهم. burn, and the fitter we become. In addition, exercise is a great way to cope with stress. In a recent study, patients who had been suffering from depression reported a great improvement after increased physical activity. نصائح مفيدة :بالطبع هذا يجعلنا نتساءل كيف يمكننا إن نتدبر امور كل هذه التمارين الإضافية؟ إن **D-** Useful tips افضل طريقة هي جعل التمارين اساسية في حياتنا اليومية بحيث تثبح روتين وليس بالضرورة أن Of course, this raises a question: how can I manage to fit in all this extra تأخذ وقتا إضافياً. أَ يمكنك النزول من الباص قبل الوصول إلى وجهتك او تقف على قدميك وأنت exercise? The best way is to build it into our daily lives so that it becomes تتكلم في الهاتف إوالأكثر أهمية أن نجد رياضةً نحبها بهذه الطريقة سنصبح كلنا لائقون جسديا a routine. (4) It doesn't have to take much extra time. You could get off وأكثر صحةً وأكثر سعادة. the bus one stop earlier than usual, or stand up when you're on the phone! Most importantly, we should find a sport that we enjoy doing. That way,

we will all become fitter, healthier and happier.

Words must be	saved					ا غيباً	كلمات يجب حفظه
word	المعنى	word	المعنى	word	المعنى	word	المعنى
Adult	كبير في السن	Leaving	يغادر	Lead	يقود	Addition	بالإضافة
Overweight	وزن زائد	sofa	الأريكة	Serious	خطير	Great	عظيم
Obese	بدين	Experts	خبراء	Problem	مشكلة	Cope	تغلب
Popularity	شعبية	warn	يحذر	Recommend	يوصىي	Stress	توتر
Fast food	الوجبات السريعة	Trend	اتجاه	Mixture	خليط	Depression	اكتئاب
Common	شائع	Advice	ينصح	Moderate	معتدل	Reported	ابلغ
Drive	يقود	Aim	يهدف	Strenuous	شاق	Improvement	تحسينات
Modern	حديث	Target	هدف	muscle	عضلة	Physical	فيزيائي
Screen	شاشة	Sound	صوت (يبدو)	Calories	سعرات حرارية	activity	أنشطة
Invented	يخترع	Manages	استطاع	Burn	يحرق		
Nobody	لا أخد	PE Physical Education	حصبة اللياقة البدنية	Fitter	ارشق		

Word	English Meaning	المعنى بالعربية
obese (adj) obesity (n)	extremely fat, in a way that is dangerous to your health.	السمنة المفرطة التخمة
cope with (phrasal v)	to deal successfully with, or handle, a situation.	يتكيف مع
strenuous (adj)	using or needing a lot of effort.	مجد/متعب

QUESTIONS

أسئلة الفقرة والإجابات النموذجية

1- According to the article, what are the main reasons for higher rates of obesity?

2- What is the minimum amount of exercise recommended for someone in your age group?

3- Do most British people get enough exercise? Which sentence in the article tells you this?

4- Guess the meaning of the highlighted word "strenuous" in paragraph C. Then check in a dictionary.

5- The author suggests some ways of including exercise in our normal lives. Give two examples from the article.

6- (Critical Thinking/Brain Storming) In your opinion, Are people in Jordan overweight? Do they share the same reasons with other countries? Give examples from your own experience to explain your answers.

7- (Critical Thinking/Brain Storming) Paragraphs C and D: Think of some simple ways you and other people you know could increase your physical activity. Write two or three ideas.

8- What do the underlined pronouns and words in the text above refer to?

9- (Critical Thinking/Brain Storming) The article suggests getting off the bus just before you reach your final destination and walk. Do you think this is a good idea to exercise without wasting time? Write your opinion and suggest three more ways to achieve this.

10- Quote the sentence which indicates that you can buy things while lying on the couch?

11- What is the advice of experts for people? Write it down in details please.

12- What do girls usually refuse and what does that lead to?

13- Give two examples of exercise.14- How can we cope with stress and depression?

Model answers

1- One reason for this is the growing popularity of fast food. Another big factor is lack of exercise. Modern technology has also played its part; we spend more and more time focusing on computer screens.

- 2- The target exercise should be at least an hour a day for children and teenagers.
- 3- Recent research shows that less than 50% of the British population manages this.
- 4- Needing or using a lot of physical or mental effort or energy. (According to CALD)
- 5- You could get off the bus one stop earlier than usual, or stand up when you're on the phone.

6- Yes, most of people in Jordan are overweight. They share the same reasons with other countries and they have their own reasons such as: having fatty foods and drinking fuzzy drinks.

7- We can walk, play football, run and go to gym.

8-which: fast food /its: Modern technology their :Health experts they: School children

These activities They Experts that exercise It exercise that a sport

9- Getting off the bus just before you reach is a good idea but I have many other ways. For example, you can go to work walking if your work is near, or just go shopping walking also. Walking around with friends also is a great idea.

10-Before the Internet was invented, nobody had dreamt of online shopping, but now we can buy almost anything without leaving the sofa.

11- Health experts have been warning about this trend for years, and their advice is clear. Adults should aim to exercise for at least two and a half hours every

week; for children and teenagers the target should be at least an hour a day.

12- Girls in particular often dislike PE. This can lead to serious health problems.

13- Moderate exercise and strenuous exercise.

14- We can deal with stress and depression by exercising.

AB: p.12 Ex.6

viable / alien / conventional / sceptical / complementary

1- I don't really believe that story – I'm very	sceptical
2- Doctors often treat infections with antibiotics; that is the approach.	conventional
3- Medicines that are not the normal, traditionally accepted treatments are known as	complementary
4- Another way of saying that something could be successful is to say it is	viable
5 If something seems very strange, we sometimes say it is	alien

AB: p.12 Ex.7

conventional medicine / produce antibodies / children and teenagers / better and healthier lifestyle choices / suffer from health problems / relax and get some exercise

1- A good way to cope with stress is to work extra hard. No, it isn't. You should try to

2- Complementary medicine can be used to immunise people. No, it can't. You can immunize yourself using

3- Optimistic people make bad lifestyle choices. No, they don't. They make

4- Seeing red has positive effects on your health. No, it doesn't. You often

Answers

1-relax and get some exercise 2- conventional medicine 3- better and healthier lifestyle choices 4- suffer from health problems.

Be used to / used to

be used to = (is/am/are/was/were + used to)

Uses (Functions): to describe things that are familiar or customary.

- We've lived in the city a long time, so we're used to the traffic. (be used to + n)
- I didn't like getting up early, but I'm used to it now. (be used to + pronoun)
- She's lived in the UK for a year. She's used to speaking English now. (be used to + ing)

Used to + infinitive.

Uses (Functions): to describe past habits or past states that now have changed.

- My mother $\boldsymbol{used}\ \boldsymbol{to}\ \boldsymbol{buy}$ my clothes, but now I choose my own.
- She used to be a teacher, but now she's retired.
- I used to like cartoon films when I was younger. These days I prefer action films.

SB: p.15 Ex.6

- 1- I didn't use to / am used to understand English, but now I do.
- 2- My cousin has lived in Lebanon for a year. He says he is used to / didn't use to living there now.
- 3- My family and I are used to / used to go camping once a month, but we stopped doing that when we moved to the city.
- 4- Joining a gym can be very tiring at first if you used to / aren't used to doing much exercise.
- 5- When I was young, I used to / am used to go fi shing

Answers:

1- didn't use to 2- is used to 3- used to 4- aren't used to 5- used to

AB: p.11 Ex.3

be used to / use to / not be used to / used to

- 1- We needed warm clothes when we went to London. We weren't the cold weather.
- 2- My grandparents didn't send emails when they were my age.
- 3- Rashed go swimming every morning, but now he doesn't.
- 4- We always go to the market across the street, so we eating fresh vegetables.
- 5- Please slow down. I walking so fast!
- 6- When you were younger, did you play in the park?

Answers:

1- used to 2- use to 3- used to 4- are used to 5- am not used to 6- use to.

AB: p.11 Ex.4

1- I used to / am used to go shopping in the local supermarket, but it closed two years ago, so now I have to drive into town to shop.

2- There didn't use to / wasn't used to be so much pollution, but these days it is a global problem.

3- I think television used to / is used to be better than it is now. Most of the programmes these days are just reality TV.

4- Most Jordanians are used to / used to the hot weather that we have in summer.

5- There was used to / used to be a lot more wild animals in the past, but they are becoming rare nowadays.

6- Salma has been practising the oud really hard and she is now used to / now used to playing it.

Answers:

1- used to 2- didn't use to 3- used to 4- are used to 5- used to 6- is now used to.

AB: p.12 Ex.5

2- Are you (live) in Jordan yet? You've only been here for two months.

3 When I was a child, my grandmother (make) cakes for us all the time, and I liked helping her a lot.

4- My grandfather retired a month ago. He isn't (have) nothing to do all day. He says he needs a project to concentrate on.

5- I just got glasses this week, and I'm not (wear) them yet, so I'm still having difficulty.

Answers:

1- used to work - used to get up 2-used to living 3- used to make 4- used to having 5- used to wearing.



Past Perfect Continuous

Form:

S +had +been+ V(ing) + O.

- (+) He had been playing football.
- (-) He had not been playing football.
- (?) Had he been playing football?

Uses (Functions):

1.We use this structure to talk about actions or situations that were

happening up to a specific moment in the past.

2.Actions which were repeated

Fino had beeen having sleepless nights and feeling very nervous

- 1. Ahmad was absolutely exhausted because he had been working all night. (be, work)
- 2. The professors had been discussing the topic before the student came. (be, discuss)
- 3. By the time the bus arrived, we had been waiting for an hour.
- 4. Ali had been thinking about his friend when he received a text from him. (be, think) -

Key words :

<u>All+ time</u>, every time, since, for, less , few, <u>when</u>, <u>by</u>

Exercise:

- 1. The ground was wet because it had ----- all night. (be, rain)
- 2. Maher felt tired after he ----- a project all day. (be, do)
- 3. Ahmad was upset because he had------ in the contest. (not , be, participate)
- 4. The baby's eyes were red because he had ----- for 2 hours. (be, cry)
- 5. Sami had ----- his car before his father sent him a message. (be, fix)
- 6. What had you ----- before you played football? (be, read)
- 7. After Mazen ----- the article, he slept. (be, write)
- 8. Amjad got nervous because he ----- all morning. (not, be, study)
- 9. The students had ----- for the competition before the principal came. (be, prepare)
- 10. My brother heard the bad news because he had ------ . (not, be, sleep)

Answers:

- 1. been raining 2. had been doing 3. not been participating 4. been crying
- 5. been fixing 6. been reading 7. had been writing 8. had not been studying
- 9. been preparing 10. not been sleeping

(see, know, hear, relize, be, recognize, own, have, belong, seem)

(just, already, several, times, twice, never, ever, first, perfectly, successfully, nobody, no one)

- 1. They had been chess an hour when I came.(play)
- 2. They had playing chess an hour when I came.(be)
- 3. They had chess an hour when I came.(be,play)
- 4. They chess an hour when I came.(be,play)
- 5. We had with each other for a long time.(be,communicate)

Think ----- of / about

She of going to London for three weeks when I arrived.(think)

Past simple		Had been +v+ing
Past simple	عدم وجود ظرف دال على الاستمر ار	Had + V3
Past simple	Already ,twice,never, yet	Had + V3
Past simple	see,know,hear,relize,,be,recognize	Had + V3

1. Amjad got nervous because he ----- all morning. (study)

2. Before we got there, the thief (escape)

3. I was too late. The play already(start)

4. He was bored. He that film several times. (see)

Exercise:

1-We (be/sleep) for 12 hours when he woke u	ıs up.
2-They (be/wait) at the station for 90 minutes when the train finally arr	ived.
3-We (be/look for) her ring for two hours and then we found it in the b	oathroom.
4-I (be/not / walk) for a long time, when it suddenly began to rate	in.
5-How long (be/learn / she) English before she went to Long	don?
6- Frank caught the flu because he (be/sing) in the rain too long.	
7- He (be/drive) less than an hour when he ran out of petro	ol.
8- They were very tired in the evening because they(be/help) on the farm	n all day.
9- I (be/not / work) all day; so I wasn't tired and went to the disco at nig	ght.
10- They (be/cycle) all day so their legs were sore in the ev	vening.

Answers:

1- had been sleeping 2- had been waiting 3- had been looking for 4- had not been walking 5- had she been learning 6- had been singing 7- had been driving 8- had been helping 9- hadn't been working 10-

Study the following sentence and answer the question that follows.

I had been getting up at five o'clock all week, so on Friday I was completely exhausted.

What is **the function of using the past perfect continuous** in the above sentence?

A repeated action over a period of time before another action in the past.

SB: p.19 Ex.5

1- A: When I saw you yesterday, you looked really tired. B: Yes, I for half an hour. (run)

2- My mother lost her purse yesterday. She in the market; she

must have put it down somewhere and left it there. (shop)

3- I made my mother a cup of tea. She was hot and tired; she..... all afternoon for a special family dinner. (cook)

Answers:

1-B: had been running 2- had been shopping 3- had been cooking.

SB: p.19 Ex.6

Hind (1) **has / had** been working very hard for several weeks before she did her final exams. When he results were published, she was delighted to learn that she (2) **has / had** passed. She (3) **has/ had** done extremely well. She (4) **phoned / had phoned** her parents from the college. They (5) **were / had been** waiting for her call all morning. When she arrived home an hour later, there was a surprise for her. For several weeks, her parents (6) **planned / had been planning** a special weekend away to the Jerash Festival. They (7) **have / had** managed to make it a surprise for Hind, even though they (8) **were / had** been using the family computer to make all the arrangements! Hind was delighted. She (9) **has / had** been talking about the Jerash Festival for months; and now the whole family was going! It was a wonderful graduation present.

Answers:

1- had 2- had 3- had 4- phoned 5- had been 6- had been planning 7- had 8 had been 9- had been.

5D: p.1 / EX. /	5D: p.25 EX.9	ن العتابة الصولية والعص	يرجى التدرب طني المد		
الكلمة	الكتابة الصوتية	الكلمة	الكتابة الصوتية	الكلمة	الكتابة الصوتية
Importance	/ɪm'pɔːtəns/	Calm	/kaːm/	Audience	/'ɔːdiəns/
School	/sku:l/	Outpatient	/aʊ?peɪ∫ənt/	Healthy	/'helθi/
Exercise	/'eksəsaız/	Fluently	/flʊən?li/	Carrying	/ˈkærɪjɪŋ/
Angry	/'æŋgri/	Technology	/tek'nplədzi/		

يرجى التدرب على شكل الكتابة الصوتية والعكس Ex.9 Ex.7 SB: p.23





Teacher: Sohaib Yaser 0788650494

SB: p.28 <u>The importance of Islamic achievements in history</u>

Jabir ibn Hayyan (born 722 CE, died 815 CE) The Arab world has many famous chemists in its history, but the person who is known as the founder of chemistry is probably Jabir ibn Hayyan. He is most well-known for the beginning of the production of sulphuric acid. He also built a set of scales which changed the way in <u>which</u> chemists weighed items in a laboratory: his scales could weigh items over 6,000 times smaller than a kilogram.	جابر ولكن تاريخه، في المشهورين الكيميانيين من العديد العربي العالم يمتلك: حيان ابن جابر المعروف الشخص إنه الكيمياء علم مؤسس بأنه والمعروف المتوقع الشخص هو حيان بن التي الطريقة غيرت مقاييس مجموعة بنى الذي وهو الكبريتيك حامض بإنتاج بدأ قد بأنه جيداً ب الكيلوغرام من اقل اجساما يزن ان مقياسه يستطيع :المختبر في المواد الكيميانيون بها يزن مره. 6000
Ali ibn Nafi' (Ziryab) (born 789 CE, died 857 CE) Ali ibn Nafi' is also known as 'Ziryab' (or 'Blackbird', because of his beautiful voice). He was a gifted pupil of a famous musician from Baghdad, and it was his talent for music that led him to Cordoba in the ninth century CE. He was the guest of the Umayyad ruler there. He is the person who established the first music school in the world in Cordoba, Al-Andalus, teaching musical harmony and composition. He revolutionised musical theory, and is also the person who introduced the oud to Europe.	على بن نافع(زرياب :) علي بن نافع معروف ايضا بزرياب او الطائر الأسود بسبب صوته الجميل لقد كان طالبا موهوبا عند موسيقي من بغداد، ولقد قادته موهبته الموسيقية إلى قرطبة في القرن التاسع لقد كان ضيف الحاكم الأموي هناك .وهو الشخص الذي اسس اول مدرسة موسيقية في العالمفي قرطبة، الأندلس، يُدرس التناغم الموسيقي وتأليف الموسيقى لقد احدث تغيراً جذريا في النظرية الموسيقية وهو الشخص الذي ادخل العود لأوروبا
Fatima al-Fihri (born early 9th century, died 880 CE) Fatima al-Fihri was the daughter of a wealthy businessman. She used her father's inheritance to build a learning centre in Fez, Morocco. This learning centre became Morocco's top university, and it is where many students from all over the world come to study. Moreover, it was Fatima's sister, Mariam, who supervised the building of the Andalus Mosque, which was not far from the learning centre.	فاطمة الفهري هي ابنة رجل اعمال ثري استخدمت ميراث والدها لبناء مركز تعليمي في فز-المغرب .هذا المركز التعليمي اصبح الجامعة الأولى في المغرب حيث يتهافت الكثير من الطلاب للدراسة فيها من مختلف انحاء العالم .وعلاوة على ذلك فقد اشرفت اختها مريم على بناء مسجد الأندلس والذي لم يكن بعيداً عن مركز التعلم هذا
Al-Kindi (born around 801 CE, died 873 CE) Al-Kindi was a physician, philosopher, mathematician, chemist, musician and astronomer – a true polymath. He made ground-breaking discoveries in many of these fields, but it is probably his work in arithmetic and geometry that has made him most famous.	الكندي :كان الكندي طبيبا وفيلسوفا وعالم رياضيات وكيميانيا،ً موسيقاراً وعالما في الفلك لقد كان متعدد المعرفة بحق لقد احرز اكتشافات وسعت الافاق في اغلب هذه المجالات. ولكن عمله في علم الحساب والهندسه جعله مشهوراً جداً.

Words	Meanings (A)	Meanings (E)
علم الحساب	the branch of mathematics concerned with numerical calculations such as addition,	arithmetic (n)
	subtraction, multiplication and division	
علم الهندسة	the branch of mathematics concerned with the properties, relationships and	geometry (n)
,	measurement of points, lines, curves and surfaces	
مختص بالرياضيات	a person who studies Mathematics to a very complex level	mathematician
فيلسوف	someone who studies and writes philosophy professionally, or an undergraduate	philosopher(n)
	student of Philosophy	
طبيب	someone qualified to practise medicine, especially one who specialises in diagnosis	physician (n)
	and treatment	
شخص موسوعي	someone who has a lot of knowledge about many different subjects	polymath (n)
شخص موسوعي موهبة	special ability	talent
مۇسس	the person who starts something new	founder
ميزان	an instrument to measure weight	sacle
مختبر	A room for scientific experiments	laboratory

QUESTIONS

1. Quote the sentence which indicates that an Arab musician introduced the oud to Europe.

2- Do you think that it was easier or more difficult in those days to reach such high levels of achievement in comparison with the present day? Give a reason for your opinion.

3- Who is probably the founder of chemistry?

4- What was Al-Kindi?

5- What is Jabir ibn Hayyan famous for?

6- What does the bolded pronoun "which" in the first paragraph refer to?

7- Who supervised the building of the Andalus Mosque?

8- What is the noble thing that Fatima al-Fihri did?

9- What made Al-Kindi most famous?

10- What does the underlined/bolded word "mosque" mean?

11- Why was Ali ibn Nafi' called "Ziryab (or 'Blackbird')"?

12- (Critical Thinking) Arab scholars have made a tremendous contribution to the world. Suggest two other discoveries that was made by other Arab or Muslim scientists, use your research engine to find some of these.

13- Which successful person has influenced you the most in your life and why?

14- Which person in the previous text do you think was the most successful and why?

15- Do you think that there is anything positive to be done by you to make you famous and influence the world? What would it be?

1. Jabir Ibn Hayyan had many of the most important achievements. Write down these achievements.

A. Founder of chemistry

B. The production of sulphuric acid.

C. He built a set of scales.

2. Jabir Ibn Hayyan built a set of scales which changed the way in which chemists weighed items in laboratory. In what way it helped them.

His scales could weigh items over 6,000 times smaller than a kilogram.

3. Why was Ali Ibn Nafi" called the "blackbird"?

Because of his beautiful voice.

4. Ali Ibn Nafi" had many of the most important achievements. Write down these achievements.

A. He established the first music school in the world in Cordoba.

B. He introduced the oud to Europe.

5. How did Fatima al-Fihri use her father"s inheritance?

She used her father's inheritance to build a learning centre in Fez, Morocco.

6. What is AL-Kindi famous for?

His work in arithmetic and geometry.

7. According to the article, al-Kindi was a polymath in many fields. Write down these fields.

Al-Kindi was a physician, philosopher, mathematician, chemist, musician and astronomer.

SB: p.32

~ _		
Words	Meanings (E)	Meanings (A)
recycle	Reuse	يعيد تكرار



<u>فزاری Masdar City – a positive step?2016\2015</u>

Megaprojects are extremely large investment projects, which are designed to encourage economic growth and bring new benefits to cities. Although megaprojects vary in terms of size and cost, they are all, by definition, expensive, public projects that attract a high level of interest and media coverage. Projects range from motorways, airports, stations, tunnels, bridges, etc. to entire city complexes.	هذه المشاريع العملاقة هي استثمارات كبيرة جداً والتي تم تصميمها لتشجيع النمو الاقتصادي وجلب فوائد جديدة للمدن .وبالرغم ان هذه المشاريع العملاقة تختلف من حيث الحجم والتكلفة ,لكنها كلها مشاريع عامة مكلفة تجلب الاهتمام والتغطية الاعلامية .تتراوح المشاريع من طرق ومطارات و محطات وأنفاق و جسور ،الخ .إلى مجمعات سكنية على مستوى المدينة.
The concept of a megaproject is always based on the benefits it brings to a community. However, many megaprojects have been criticised because of their negative effects on a community or the environment. This essay will look at these issues with regard to Masdar City, a megaproject in Abu Dhabi.	يعتمد مبدأ المشاريع العملاقة على المنافع التي سـيجلبها لمجتمع ما .ولكن الكثير منها تم انتقاده بسـبب تأثيراتها السـلبية على المجتمع او على البيئة بسـتمعن هذه المقالة النظر في هذه الامور من حيث تناولها مدينة مصدر ـمدينة في ابو ظبي.
Masdar City, which began its development in 2006 CE, will be the world's first carbon-neutral, zero waste artificially-created city. Covering an area of six square kilometres, when it is completed in 2025 CE, it is expected to house more than 40,000 residents, 50,000 commuters, and 1,500 businesses involved in mainly environmentally-friendly products.	ستكون مدينة مصدر والتي بدأ تطوير ها عام 2006 اول مدينة تم صنعها لتكون خالية من الكربون ومنعدمة النفايات .مغطيةً ما مساحته ست كيلو مترات مربعة وعندما يتم إكمالها في عام 2025 ، من المتوقع ان تحوي اكثر من 40.000 سـاكن و 50.000 عابر و 1500 شركة تعمل في منتجات صديقة للبيئة.
The city will run entirely on renewable energy sources. It is built on an advanced energy grid which monitors exactly how much electricity is being used by every outlet in the complex. Furthermore, in order to reduce its carbon footprint, Masdar City will be a car-free zone, designed to be pedestrian and cycle-friendly. Electric, driverless cars will operate as public transport vehicles, and the city will be connected to other locations by a network of roads and railways.	ستعمل المدينة بشكل كامل على مصادر الطاقة المتجددة فهي مبنية على شبكة طاقة متقدمة والتي تراقب كمية الطاقة المستخدمة بالضبط من قبل كل قابس في المجمع السكني وللتقليل من الانبعاث الكربوني، ستكون مدينة مصدر خالية من السيارات مصممة للمشاة وتشجع ركوب الدراجات ستعمل المركبات الكهربائة التي تعمل بدون سائق كمركبات للنقل العام وستكون المدينة متصلة بمواقع اخرى عن طريق سلسلة من الطرق والسكك الحديدية.
Energy will be provided by solar power and wind farms, and there are also plans to build the world's largest hydrogen plant. A desalination plant will be used to provide the city's water, with 80% of water used being recycled. Biological waste will be used as an energy source too, and industrial waste will be recycled.	سيتم التزود بالطاقة بواسطة الطاقة الشمسية ومزارع المراوح الهوائية، وهناك ايضا خطط لبناء أكبر مصنع للهيدروجين في العالم سيتم تزويد المدينة بالماء عن طريق محطة لتحلية المياه، وسيتم تدوير % 80 من هذه المياه سيتم استخدام النفايات الحيوية(البيولوجية)كمصدر للطاقة ايضا وسيتم تدوير النفايات الصناعية.
The current residents of Masdar City are all students at the Masdar Institute of Science and Technology, a university whose students are fully committed to finding solutions to the world's energy problems.	سكان مدينة مصدر الحاليون هم كلهم طلاب في مؤسسة مصدر للعلوم والتكنولوجيا، جامعةٌ طلابها ملتزمون تماما بإيجاد حلول لمشاكل العالم المتعلقة بالطاقة.
While the project has the support of many global, environmental and conservation organisations, there is some criticism of it. It is felt that, instead of building an artificial sustainable city, sustainability should be made a priority of existing cities.	يحضى المشـروع بدعم العديد من المنظمات العالمية البيئية منها والمحافظة، لكن هناك بعض الإنتقادات له يشـعر الناس انه وبدلا من القيام بإنشـاء مدينة صـناعية مستدامة، يجب ان تكون الإستدامة اولوية للمدن الموجودة.
In conclusion, the benefits of Masdar City for the community and the environment greatly <u>outweigh</u> any disadvantages. If the aims of the developers are realised, Masdar City will be a blueprint for future urban planning that will inspire similar megaprojects in other countries.	وفي الختام، تغلب المنفعة الخاصـة بمدينة مصـدرللمجتمع والبيئة اي مسـاوئ .اذا تم ادراك وتحقيق اهداف المطورين لهذه المدينة، ستكون بمثابة مخطط للتخطيط الحضري المستقبلي وستلهم مشاريع ضخمة اخرى في دول اخرى.

QUESTIONS

1. What are megaprojects and why do they exist? What are -in your opinion- the advantages and disadvantages of such projects to people and the environment? 2-Accirding to the text, especially the first paragraph, why are megaprojects designed?

- 3- Why are many megaprojects criticised?
- 4- How will Masdar city reduce its carbon footprint?
- 5- What does the underlined/bolded phrase "Biological waste" mean?
- 6- What will happen if the aims of the developers are realized?
- 7- Critical Thinking: What do you think is the aim of building such cities? Suggest three specific benefits of such cities.
- 8- What do "hydrogen plants" do?
- 9- Do you wish to live in Masdar City? Why? Why not?
- 10- What is the size of this project and how many people will it house?
- 11- What examples of megaprojects are provided in the essay?
- 12- What are the advantages of the creation of Masdar City? What are the disadvantages?
- 13- Do you think that Masdar City is a beneficial project or not? Give your reasons.

14- Do you think that a similar project to Masdar City would be successful in Jordan? What advantages and disadvantages can you think of?

1. What examples of megaprojects are provided in the essay? motorways, airports, stations, tunnels, bridges, etc. to entire city complexes.

2. What are the advantages of the creation of Masdar city? What are the disadvantages?

The advantages include the fact that it will be the world's first carbon-neutral, zero-waste city. Although there will be excellent public transport. The

disadvantage is that many people think the money should have been spent on cleaning up existing places and making them more sustainable.

3. Do you think that Masdar City is a beneficial project or not? Give your reasons.

Yes, I think that Masdar city is designed to encourage economic growth and bring new benefits to community.

4. What are the advantages and disadvantages of megaprojects to people and the environment?

The advantages include installing the latest technology that helps cities to become environmentally friendly. However, disadvantages are that they are all brand new and some people think it would be better to spend the money on regenerating old towns.

5. According to the essay, megaprojects are extremely large investment projects, which are designed for two purposes. Write these two purposes down.

A. Megaprojects are designed to encourage economic growth. B. Bring new benefits to community.

6. According to the essay, what is the concept of a megaproject? The concept of a megaproject is always based on the benefits it brings to a community.

7. According to the essay, many megaprojects have been criticised for many reasons. Mention them.

Because of their negative effects on a community or the environment.

8. According to the essay, there are many things that will make Masdar city environmentally-friendly city. A. it will be the world's first carbon-neutral.

B. it will be the world's first zero-waste artificially-created city.

C. it will run entirely on renewable energy sources. D. it will be a car-free zone. E. biological waste will be used as an energy source.

9. According to the essay, Masdar city will rely on some of the renewable sources of energy. Write don them. Solar energy and wind farms.

10. Quite the sentence which indicates that Masdar City supported by global institutions.

While the project has the support of many global, environmental and conservation organisations.

11. Find a word in the text which means "The process of removing salt from sea water". Desalination

12. Although the project of Masdar city has the support of many global organisations, there is some criticism of it. Give the reason. It is felt that, instead of building an artificial sustainable city, sustainability should be made a priority of existing cities.

AB: p.22

Words	Meanings (E)	Meanings (A)
irrigate	to supply land with water	يروي الارض
fertile land	produce more than enough food	ارض خصبة
hand on	Filed working,working by hand	عمل يدوي
legacy	What someone leaves to the world after their death	تركة

A founding father of farming

Ibn Bassal was a writer, a scientist and an engineer who lived in Al-Andalus in the eleventh century CE. He worked in the court of Al-Ma'mun, (1) who was the king of Toledo. His great passions were botany, (2) which is the study of plants, and agriculture. Although he was a great scholar, he was also a practical man and all of his writing came from his own 'hands-on' experience of working the land.	كان ابن البصال كاتبا،ً عالم ا ومهندسا عاش في الأندلس في القرن الحدي عشر للميلاد لقد عمل في بلاط المأمون والذي كان ملك توليدو كان كل شعْفه دراسة علم النبات والزراعة. بالرغم من كونه عالما عظيما فقد كان رجلاً عمليا وقد اتت كل كتاباته من خبرته العملية في العمل في الارض.
One of the many things which Ibn Bassal achieved was A Book of Agriculture. The book consisted of sixteen chapters which explain how best to grow trees, fruit and vegetables, as well as herbs and sweet-smelling flowers; perhaps the most famous chapter of all was the one (3) that described how to treat different types of soil. Ibn Bassal also worked out how to irrigate the land by finding underground water and digging wells. He designed water pumps and irrigation systems. All of these things were passed on through his writing.	كان كتاب الزراعة احد الأشياء التي حققها ابن البصال يتكون الكتاب من ست عشرة فصل والتي تشرح كيفية زراعة الأشجار والفواكه والخضروات والاعشاب والازهار ذات الرائحة الجميلة بالطريقة الفضلى ربما كان الفصل الافضل هو الفصل الذي يشرح كيفية التعامل مع الانواع المختلفة من الاتربة وقد بحث ابن البصال كيفية ري الارض عن طريق ايجاد المياه الجوفية وحفر الآبار لقد صمم مضخات للمياه وانظمة ري لقد مرر هذه الاشياء الينا عن طريق كتاباته.
The influence of Ibn Bassal's book was enormous. As farmers down the generations followed his instructions and advice, the land became wonderfully fertile and produced more than enough food for the fast-growing population. The irrigation systems (4) that he and his followers put in place are still in evidence in Spain. Although his name is not widely known, Ibn Bassal's legacy to the world has been great.	كان تأثير كتاب ابن البصال عظيما كما قد تبع المزارعون وعبر تواتر الاجيال تعليماته ونصائحه، فقد اصبحت الأرض خصبة بشكل مذهل وانتجت غذاء اكثر من اللازم لعدد السكان الآخذ بالتزايد أنظمة الري التي نفذها وأصدقاؤه لا تزال حاضرة في اسبانيا لقد كان ارث ابن البصال للعالم عضيما بالرغم من ان اسمه ليس بمعروف بشكل واسع.

QUESTIONS

1. Name two of Ibn Bassal's achievements.

- 2- Find a verb in the second paragraph that means 'supply land with water'.
- 3- Guess the meaning of 'fertile land' in the third paragraph. Which part of the text illustrates its meaning?
- 4- Guess the meaning of 'legacy' in the third paragraph. What does the author suggest is Ibn Bassal's legacy to the world?
- 5- Which paragraph suggests that Ibn Bassal was a polymath? Give examples of his areas of knowledge.
- 6- Why do you think the area around Toledo had a 'fast-growing population'?
- 7- What does the book explain?
- 8- What did Ibn Bassal design and how was that helpful?
- 9- Quote the sentences which indicate that people overtime had followed Ibn Bassal's inventions.

1. Name two of Ibn Bassal"s achievements.

Writing A Book of Agriculture;

- Designing water pumps and irrigation systems.
- 2. Find a verb in the second paragraph that means ,,supply land with water".

Irrigate.

- 3. Guess the meaning of "fertile land" in the third paragraph. Which part of the text illustrates its meaning?
- Agriculturally productive; produced more than enough food
- 4. Guess the meaning of "legacy" in the third paragraph. What does the author suggest is Ibn Bassal"s legacy to the world?
- 'Legacy' means what someone leaves to the world after their death. Ibn Bassal's legacy is his agricultural instructions and advice.
- 5. Which paragraph suggests that Ibn Bassal was a polymath? Give examples of his areas of knowledge.
- The first paragraph: writing, science, engineering, botany, agriculture.
- 6. Why do you think the area around Toledo had a "fast-growing population"?
- Because the area was producing a lot of food as a result of Ibn Bassal's irrigation

systems.

- 7. According to the article. Where did Ibn Bassal get his knowledge?
- From his own 'hand-on' experience of working the land.
- 8. What does the most famous chapter in 'book of agriculture' illustrate?
- That described how to treat different types of soil.
- 9. According to the article, Ibn Bassal worked out how to irrigate the land, How did he do that? And what did he design?
- By finding underground water and digging wells. He designed water pumps and irrigation systems.



Ex.4+5 **SB: p.33**

2. Urban planning 2.Public transport 3.Biological waste 4.Carbon footprint 5.Negative effect 6.Economic growth.

SB: p.33 Ex. 5

Complete the sentences with the correct collections.

1. When people talk about ______, they can mean either an improvement in the average standard of living, or an increase in the value of a country's products.

2. Pollution has some serious on the environment, such as the death of wildlife and plant life.

3. We can all work hard to reduce our ______ by living a more environmentally-friendly lifestyle.

4. If we take more often, there will be fewer cars on the roads, which will result in cleaner air in our cities.

5. Hospitals need to dispose of a lot of ______, and it should be carefully managed because it can be dangerous.

6. The need for more effective is evident when we consider modern day problems like traffic.

Answers: 1. economic growth 2. negative effects 3. carbon footprint 4. public transport 5. biological waste 6. urban planning

AB: p.20 Ex. 1

Philosopher-arthemetic-polymath-chemist-geometry-mathematician-physician

- 1. My father teaches Maths.He's a
- 2. You must not take in medicine without consulting
- 3. We learn about shapes, lines, and angles when we study
- 4. Mr Shahin is a true, working in all kinds of creative and scientific fileds.
- 5. Ramzi is very good with numbers and calucations. He always scores high in
- 6. A..... is someone who thinks and writes about meaning of life.

Answers: 1. mathematician 2. physician 3. geometry 4. polymath 5. Arthemetic 6. Philosopher

AB: p.20 Ex. 2

1.talent 2.founder 3.scales 4.polymath 5.arthemetic 6.laboratory

a. an expert in many subjects. c. a person who starts something new. d. an instrument to measure weight e. an engineer. g. special ability.

b. a room for scientific experiments. f. the study of numbers.

Answers: 1. g 2. c 3. d 4. a 5.f 6.b



Cleft Sentences

- A Cleft Sentence (divided) is a complex sentence (one with a main clause and a dependent clause).
- We can usually express the meaning of a cleft sentence with a simple sentence. It is called 'cleft' sentence because there are **two parts to the sentence**.
- Uses (Functions): We use cleft sentences in order to emphasise certain pieces of information.
- We can start cleft sentences with the following phrases, among others:

2. The time (day) when.....Huda won the prize for art last year.The time when Huda won the prize was last year.

5. The way in which.....You can stop watching TV to sudy hard.The way in which you can study hard is to stop watching TV.

6. What I enjoyed learning English. What I enjoyed was learning English. I don't like the way she did it.

What I don't like is the way she did it.

The head teacher was the person who took our class to the museum last month.

1.	The person
2.	The place
3.	<u>The time</u>

The person who took our class to the museum last month was the head teacher. The place where the head teacher took us last month was the museum. The time when the head teacher took us to the museum was last month.

It + be (is, was) + the emphasised part of the sentence + who / that ...

It was the head teacher who / that took us to the museum last month. It was to the museum where the head teacher took us last month. It was last month when the head teacher took us to the museum.

- 1. Ali played football last month.
- 2. Ali played football last month.
- 3. Ali played football **last month**.
- 1. It was Ali who played football last month. 2. It was football that Ali played last month. 3. it was last month when Ali played football.

SB: p.29 Ex.7

Write this sentence in three different ways, emphasizing the parts underlined in each case. <u>Al-Jazari</u> invented <u>the mechanical clock</u> in <u>the twelfth century</u>.

Answers:

1. The person who invented the mechanical clock in the twelfth century was Al-Jazari.

It was Al-Jazari who/that invented the mechanical clock in the twelfth century.

2. The thing that Al-Jazari invented in the twelfth century was the mechanical clock.

It was the mechanical clock that Al-Jazari invented in the twelfth century.

3. The period/ time when Al-Jazari invented the mechanical clock was the twelfth century.

It was in the twelfth century that Al-Jazari invented the mechanical clock.

SB: p.29 Ex.8

Rewrite these sentences, emphasizing the part in bold and using the structure as shown.

1. Al-Kindi contributed to the invention of the oud.

The person who_

2. Jabir Ibn Hayyan did his research in a laboratory in Iraq.

The country where

3. Ali Ibn Nafi' established the first music school in the world.

It was

4. Jabir Ibn Hayyan also invented ink that can be read in the dark.

It was

5. Al-Kindi is especially famous for his work in geometry.

It is _

Answers:

1. contributed to the invention of the oud was Al-Kindi.

2. Jabir Ibn Hayyan did his research in a laboratory was Iraq.

3. Ali Ibn Nafi' who established the first music school in the world. 4. Jabir Ibn Hayyan who/that also invented ink that can be read in the dark.

5. for his work in geometry that Al-Kindi is especially famous.

AB: p.20 Ex.3

Make cleft sentences, stressing the information in bold.

Queen Rania opened the Children's Museum of Jordan in 2007 CE.

2. Petra was made a World Heritage Site in 1985 CE .	
The mean	
The year	
3. It stopped working at 11 p.m.	
It was	
4. My father has influenced me most.	
The person	
5. I like Geography most of all.	
The subject	
6. The heat made the journey unpleasant.	
It was	

Answers:

1. Queen Rania who opened the Children's Museum of Jordan in 2007 CE.

3. 11 p.m. when I stopped working.

5. that /which I like most of all is Geography.

AB: p.30 Ex.6

Write one sentence that means the same.

1. The Egyptians built the pyramids.

It was the _____

2. Ali attends to finish his project tonight.

Ali is

3. London is a huge city. It's the capital of the UK.

London ____ Answers:

- 1. It was the Egyptians that/who built the pyramids.
- 2. Ali is planning to finish his project tonight.
- 3. London, which is the capital of the UK, is a huge city.

when Petra was made a World Heritage Site was 1985 CE.
 who/that has influenced me most is my father.
 the heat that/which made the journey unpleasant.

منهاجي

Relative clauses

1. Defining relative clauses: are used to identify which particular person, place or thing is being talked about. The defining relative clause is usually connected to the main clause by a relative pronoun such as who, which, that, where or when.

1. We use **who/that** to refer to **people**.

N V The **man who** is standing there is a famous writer.

2. We use which/that to refer to things and animals.

I bought a new **car that** is very fast.

3. We use where to refer to places. S+V That's the **restaurant where** we met for the first time.

4. We use when to refer to times.

I remember the **day when** we first met.

5. Whose is the possessive form of who. N N He's the man whose daughter I met in Jordan.

-He goes to the city **where** he lives.

-He goes to the city **which** is very big.

Exercise 1: Circle the correct answer:

1. The man horse is white won the race.	a.who	ł	o.whose	c.that	
2. The girl won the prize is Amal.	a.who	b	whose	c.when	l
3. The car was rented was good.	a.who	ł	o.when	c.which	I
4. The school I studied was Marka Prep.	B/S No.1.	a.who	b.where	c.which	
5.April is the month the war broke out.	a.when	b.	whose	c.where	

Exercise 2: Join the sentences using the relative pronouns in brackets:

1. The book was good. I read it. (which).

2.I liked the people. I met them at the school last night.(who).

3. The man called the police. His wallet was stolen. (whose).

4. The town is small. I grow up.(where).

2. Non-defining relative clauses: are used to give more detail about a particular person, place or thing that is being talked about.

The non-defining relative clause is usually connected to the main clause by a relative pronoun such as who, which, where or when.

The Sahara desert is vey hot.It is in Africa.

The Sahara desert, which is in Africa, is very hot.

SB: p.31 Ex.5

Complete the text with the correct word from the box. Sometimes, more than one answer is possible.

That / which / where / who

Qasr Bashir is an extremely well-preserved Roman castle (1) ______ is situated in the Jordanian desert, and is about eighty kilometers south of Amman.

The walls and huge corner towers of the castle, (2) was built at the beginning of the fourth century CE, are still standing.

It is thought that Qasr Bashir was built to protect the Roman border. Apart from the rooms in the castle, there are also about twenty-three stables (3) horses may have been kept.

People (4) ______ love exploring historical Roman ruins will certainly find a visit to Qasr Bashir very rewarding. Once inside the building, one can imagine very vividly what it would have been like to live there during the times of the Roman Empire.

Answers:

1. which/that 2. which 3. where 4. who/that

SB: p.31 Ex.8 Pronunciation: minimal pairs (1)

The words which contain the p sound /p/ The words which contain the b sound /b/ The words which contain the n sound /n/ The words which contain the ing sound / η / The words which contain the i sound /I/ pen / pack / rope bend / back / robe sun / India / win song / singing / wing fit / give / middle The words which contain the ee sound /i:/ The words which contain the a sound $\frac{a}{a}$ The words which contain the ar sound $/\alpha$:/ The words which contain the e sound /e/The words which contain the ir sound $\frac{3}{3}$

been / dream / medium and / back / ran bath / car / half best / egg / deaf birthday / world / girl

4. A chemist is a person ...

2. Geometry and arithmetic are subjects ...

AB: p.21 Ex. 4

Match the beginning with the correct endings and join them a relative pronoun.

- 1. A mathematician is someone ...
- 3. 'Physician' is an old-fashioned word ...
- 5. The stars and planets are things ...
- A. are studied by mathematicians.
- b. means 'doctor'

- c. works with numbers.

- d. astronomers study.
- e. works in a laboratory.

Answers:

- 1 c: A mathematician is someone who works with numbers.
- 2 a: Geometry and arithmetic are subjects that/which are studied by mathematicians.
- 3 b: 'Physician' is an old-fashioned word that/which means 'doctor'.
- 4 e: A chemist is a person who/that works in a laboratory.
- 5 d: The stars and planets are things that/which astronomers study.

AB: p.21 Ex. 5

Complete the text about Ibn Sina, using the relative pronouns in the box one pronoun is used twice. Add commas for the non- defining relative clauses.

That / when / which / who

is also known as Avicenna was a polymath. Ibn Sina was influenced as a young man by the works of the philosopher Aristotle. He Ibn Sina (1) wrote on early Islamic philosophy (2) included many subjects, especially logic and ethics. He also wrote ALQanun fi-Tibb, the book (3) became the most famous medical textbook ever. In the last ten or twelve years of his life, Ibn Sina started studying literary matters. His friends (4) were worried about his health advised him to relax. He refused and told them 'I prefer a short life with width to a narrow one with length.' It was the month of Ramadan (5) Ibn Sina died, in June 1037 CE.

Answers:

- 1. ,who is also known as Avicenna,
- 2. ,which included many subjects, 4. .who were worried about his health.

- 3. that
- 5. when

Derivation

Endings (suffixes)

1.NounSuffixes:(tion,sion,ment,ity,ance,ence,ness,ist,er,ess,ture,cy,age,ship,or,dom)

2. Adjective Suffixes: (ible, al, ive, ful, ic, ous, ant, ent, ary, ory, less, able, ed, full)

3. Verb Suffixes :(fy,ise,ize,ate,en,ide)

4. Adverb: ly.

a. The Noun:

Rule: S+V+O

Education is a necessity for everyone. Patients **need medicine** to recover. 1 يستخدم كفاعل في الجملة او مفعول به:

2. دختسيم دعد حروف ارجا (from, of, in, on, with, without, at, (to), into, for):

There is a particular Bedouin style of **weaving**. Many instruments that are still today in **operations** were designed by Arab scholars.

Do you think the wheel was the most important **invention** ever? Al-Kindi made many important mathematical **discoveries**.

The Middle East is famous for **the production of** olive oil. My father bought our house with **an inheritance from** his grandfather.

5. دختسيم ارئامض دعد كالذك مسلا الحيكلما (('s / s')): my, his, her, your, its, their, our, ('s / s')): I will be going to university to continue my education.

Have you seen Nasser's **collection** of postcards? He's got hundreds!

(several, many, much, any, few, little, some, no, enough, another, other, one, :(all, every, each,

3. دختسيم دعد المفصل:

4. دختسيم دعد اداة افير عتا (the) ، او اداني اريكنتا (a / an):

6 يستخدم بعد الكلمات:

We don't have any **translation** for this text.

Ali has no appreciation for his achievements.

7. بعد اسماء الاشارة this / that / these / those

This **production** is sold in many markets.

b. The Adjective:

Ibn Sina wrote **medical** textbooks. Fatima al-Fihri was born in the **ninth** century. Petra is one of the most important archaeological sites in Jordan.

sound, seem, look, appear, become, get, taste, smell, feel, find (found), verb to be)

Bedouin style of weaving is very attractive.

Mary looked attractive in her new dress.

Itsan extremely hot day.

Who was the most **influential** writer of the twentieth century?

Ali is more **creative** than his friend.

The new plan is as original as the plan we followed.

c. The Verb:

In our exam, we had to translate a text from Arabic into English.

They will **install** a new air conditioning unit in our flat tomorrow.

3. دختستم ادعب تفصد ارظلف (Iv):

2. دختستم ادعد مفصد العفلال الآتية:

1. تاتى البق ةفصد الاسم:

as-----as /more-----than / the most + adjective + noun.4

То 1. بعد

2 بعد الافعال المساعدة ما عدا افعال To be

I don't **expect** to get a job.

Some people **expect** things will improve. Thank you for help, I really appreciate it.

Study hard for your exams!

4. The Adverb:

1. دختسيم ارظلف (المحلل) دب مفاقد ارشابم قلمجلة ويتبع بفاصلة (.): Traditionally, the whole process is done by hand, from the washing of the wool to the finished article.

He is **highly** intelligent.

Sami carefully drove to Aqaba last week.

He drew **creatively** all these paintings.

They did it **successfully**. The doctor declared her fit **medically**.

Their house is attractively decorated. They have attractively decorated our house. They can **attractively** decorate our flat.



T.Sohaib Yaser 07888650494

4. دختسيم العفد ارجملد لعفك أدبى فرماة يالجملة:

2. لبق الصفة:

دختسيم الحلل لبق العفد ايف يسيئرا ارشابم قلمجلة:

4. دعب العفد اللزم رشابمة:

5 دعب او عفملل ٩٠ اذا اكن اايدعتم لعفد (نهاية الجملة):

6. بين احزاء الفعل:

Verb	Noun	Adjective	Adverb
Produce	production, product,	productive , produced	Productively
ينتج	producer		
	Medicine	medical	Medically
	Nine	ninth	Ninthly
Inherit	inheritance , inheritor	inheritable	inheritably
يرث			
originate	origin , originality	original	originally
invent	invention, inventor	inventive	inventively
Discover	discovery , discoverer	مكتشف: discovered ,	
		قابلediscoverable :	
		لالكتشاف	
Influence	influence	influential, influenced	influentially
يۇثر			
Weave	weaver , weaving	weaved	
يحيك			
attract	Attraction	attractive	attractively
create	creation, creature,	creative	creatively
	creativity		
translate	translation, translator	translated	
Appreciate	Appreciation	appreciative	appreciatively
يقدر			
	archaeology,	archaeological	archaeologically
	archaeologist		
educate	education, educator	educational	educationally
Collect	collection, collector	collective	collectively
install	installation , installer 📃	installed	•••••
operate	Operation	operational	operationally
expect	expectancy,	expectant	expectantly
	expectation		
تقليدي	tradition , traditionalist	traditional	traditionally
Contemporize	Contemporisation	contemporary	contemporarily
يحدث			
ثقافة	Culture	cultural	culturally
•••••	major , majority	major	•••••
Visualize	Vision	visual	visually
يبصر			
مستمر		ongoin	•••••
Discover	discovery, discoverer		
يوصف Prescribe	Prescription	prescriptive	

Infect	Infection	Infectious	infectiously	
يصاب				
Diagnose	Diagnosis	Diagnostic		
يشخص				
Intend	Intention	intentional	intentionally	
	surgeon, surgery	surgical	surgically	
Believe	Belief	believable		
Succeed	Success	successful	Successfully	
Conclude	Conclusion	concluding		

(adjective+noun+verb+adverb+adjective+noun)

AB: p.21 Ex. 7

Complete the sentences with words formed from the words in brackets.

- 1. The Middle East is famous for the ______ of olive oil. (produce)
- 2. Ibn Sina wrote ______ textbooks. (medicine)
- 3. Fatima al-Fihri was born in the _____ century. (nine)
- 4. My father bought our house with an ______ from his grandfather. (inherit)
 5. Scholars have discovered an ______ document from the twelfth century. (origin)
- 6. Do you think the wheel was the most important ______ ever? (invent)
- 7. Al-Kindi made many important mathematical ______ (discover)
- 8. Who was the most ______ writer of the twentieth century? (influence)

Answers:

1. production 2. medical 3. ninth 4. inheritance 5. original 6. invention 7. discoveries 8. Influential

AB: p. 25 Ex. 9

Complete the sentences with the correct form of the words in brackets.

- 1. Petra is an important _____ site. (archaeology)
- 2. I will be going to university to continue my . (educate)
- 3. In our exam, we had to _______a text from Arabic into English. (translation)
- 4. They are going to _____ a new air conditioning unit in our flat. (installation)

- Answers: 1. archaeological 2. education 3. translate 4. install 5.appreciate 6. collection

SB: p. 39 **Ex.** 7

Complete the text with suitable words derived from the words in brackets.

Madaba is the place where most Jordanian weavers buy their raw materials. Sheep's wool, and goat and camel hair are used by Bedouin tribes and villagers all over Jordan to (1) ______ (product) rugs, bags and other beautiful items. (2) ______ (traditional), the whole process is done by hand, form the washing of the wool to the finish article. There is a particular Bedouin style of (3) ______ (weave) that buyers find very (4)

(attraction). Another craft practiced in Madaba is the (5) ______ (creative) of ceramic items.

Answers: 1. produce 2. Traditionally 3. weaving 4. attractive 5. creation

AB: p. 24 Ex. 3

Complete the sentences with the correct adjective. One adjective is not

needed. The first one is done for you. على المعنى فقط

Contemporary, cultural, educational, major, ongoing, visual

1. We went to the concert yesterday. The music was written by a new young composer, it was

2. When we go to on school trips, we always learn new things because the trips are.....

3. King Hussein was a..... world figure in the twentieth century.

4. Photography and painting are two examples of the arts.

5. Art, music and literature are all part of our life.

Answers: 1. contemporary 2. educational 3. major 4. visual 5. cultural

SB: p. 42 Ex. 4

Choose the most suitable item from the words given in the box to complete the sentences.

1. Many instruments that are still today in ------ were designed

by Arab scholars. (operational / operate / operations)

2. When do you ------ to receive your test results?

(expect / expectedly / expectancy)

Complete the following sentences with the suitable words derived from the words in the box: نمط جدید

site.

educate, install, archaeology

1. Petra is an important _____

2. I will be going to university to continue my

translation, installation, Influence

- 3. In our exam, we had to ______a text from Arabic into English.
- 4. They are going to ______ a new air conditioning unit in our flat.

collect, appreciation, Weave

it.

5. Thank you for your help, I really _____

6. Have you seen Nasser's ______ of postcards? He's got hundreds!

Answers: 1. archaeological 2. education 3. translate 4. install 5.appreciate 6. collection

Writing: Summarizing S.B.p.33 A.B.p23