

Read the following article carefully, and then in your ANSWER BOOKLET answer all the questions that follow. Your answers should be based on the article.

It's normal to feel a bit blue from time to time. However, studies show that negative emotions can harm the body.

Anger can also have harmful effects on health. When you see red, your blood pressure is raised and you can suffer from headaches, sleep problems and digestive problems. However, what about positive feelings and attitudes? Until recently, scientists had not investigated whether there is a link between positive feelings and good health.

Then, in a study that had followed more than 6,000 men and women aged 25 to 74 for 20 years, researchers found that positivity reduced the risk of heart disease. They also found other factors that influence health positively such as a supportive network of family and friends, and an optimistic outlook on life.

The research findings showed that children who were more able to stay focused on a task, and who had a more positive attitude to life at age seven, were usually in better health 30 years later.

Some health professionals believe that bad lifestyle choices, such as smoking or lack of exercise, are the reason for heart disease.

Question Number One (60 points)

- A. 1. The article states some possible effects of anger on someone's health .Write down three of these effects. (12 points)
 - 2. Certain factors were found to influence the health positively. Write down two of these factors. (8 points)
 - 3. Quote the sentence which states the examples of bad lifestyle choices. (5 points)
 - 4. Find an idiom in the text which refers to "sadness". (5 points)
 - 5. What does the underlined word "They" refer to?
 - (6 points) 6. The article states two research findings about children who were in better health 30 years later. Write these two findings down. (6 points)
 - 7. It is said that optimistic people do not make bad lifestyle decisions. Think of this statement and, in two sentences, write down your point of view. (6 points)
 - 8. Some people can easily control their anger when it appears. Suggest three possible ways to overcome one's anger. (6 points)



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B. Literature Spot (6 points) Read the following lines from Around the World in Eighty Days carefully, then answer the questions that follow:
'Yet you sell tickets from Bombay to Calcutta,' retorted Sir Francis, who was growing warm. 'No doubt,' replied the conductor, 'but the passengers know that they must provide means of transportation for themselves from Kholby to Allahabad.'
1. Different cities are mentioned in the above lines. Write down two of them. (4 points)
2. What expression is used to express annoyance? (2 points)
Question Number Two (40 points)
A. Choose the suitable item from those given in the box to complete each of the following sentences. There are more words than you need. Write the answers down in your ANSWER BOOKLET. (20 points)
monitor, conscientious, make, linguistics, contradictory, tuition
 Dr. Zaid explains the views of the study to his students. Studying lets me focus on my love of language in an analytical way. The doctors attached a special to the patient's chest. Khaled is a worker and he is very enthusiastic person. If you send money to charity, you will a difference to a lot of lives.
B. Choose the suitable item from those given below to complete each of the following sentences and write it down in your ANSWER BOOKLET.
(20 points)
1. The prices of certain items are not in some shops. (negotiate, negotiable, negotiably, negotiation)
2. This training course will you for a better job.
(qualify, qualification, qualifying, qualified)
3. The recycling project has been carried out in my school.
(success, successful, successfully, succeed)
4. The of the internet has changed the world.
(invent, invention, invented, inventive)
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On a string \mathcal{T} is a strict \mathcal{T}
Question Three (40 points)
A. Choose the correct form of the verbs from those given below to complete each of the following sentences and write it down in your ANSWER BOOKLET.
1 Mu familier (20 points)
1. My family a trip to Europe every year.
(plans, was being planned, would plan, is planned)
2. According to Kate's schedule, she her business partner next Tuesday.
(would be met, will be met, was going to meet, is going to meet)
3. Three of my articles last month in the local newspaper.
(have published, has been published, will be published, were published)
(have published, has been published, will be published, were published)
4. While my father a book, our neighbour came to visit us.
(is read, reads, was reading, is being read)
5. My uncle working at the company for five years when he got a promotion.
(is, have been, had been, will be)
B. Complete each of the following items so that the new item has a similar
meaning to the one before it, and write it down in your ANSWER BOOKLET.
(20 points)
1. Reading a novel is not as interesting as watching a movie.
Watching a movie
2. People believe that the heavy rainfall caused the devastating of the dam.
The heavy rainfall
3. Jamal didn't prepare well for the exam. He didn't get a good mark.
If only
•
4. Meeting new people makes travelling an exciting experience.
5. How much does the cotton shirt cost?
متعة التعليم الهادف? • • • • • • • • • • • • • • • • • • •
Question Four (30 points)
Choose the suitable item from those given to complete each of the following
sentences and write it down in your ANSWER BOOKLET.
1. Ali the duck in the park with his father when he was young.
(is used to feeding, used to feed, am used to feeding, are used to feeding)
2. Plastic is the material causes a lot of pollution.
(whose, who, where, which)
3. I'm sorry I made you angry last night. I wish I at you.
(hadn't shouted, hasn't shouted, am not shouting, don't shout)
4 you stop smoking, you will have serious health problems.
(Even if , Unless , If , Provided that)
5. I'm not interested in football as as you.
(many, more, much, less) منهاجي 6 I had my phone after I drapped it
o. That my phone after I dropped It.
(repaired, had repaired, repair, repairing)
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Question Number Five (30 points)



A. EDITING (10 points)

Imagine you are an editor in the Jordan Times. You are asked to edit the following lines that have five underlined mistakes. Correct these mistakes and write the answers down in your ANSWER BOOKLET.

Jordan is rich in potash and phosphate, and the <u>extraktion</u> industry for these minerals <u>are</u> one of the largest in the world. Jordan does not have large oil or gas <u>riserves</u>. For that reason ? Jordan has to <u>imports</u> oil and gas for its energy needs.

B. GUIDED WRITING (6 points)

Read the information in the table below, and then in your ANSWER BOOKLET, write two sentences using all the given notes below about tips for studying long hours without getting tired. Use the appropriate linking words.

Tips for studying long hours without getting tired

- prioritise your schedule.
- take regular breaks.
- study in daylight.
- find a suitable place to study.

C. FREE WRITING (14 points)

In your ANSWER BOOKLET, write a composition of about 120 words on ONE of the following:

- 1. Homework is supposed to help students retain information they have learnt during classroom hours. Write an article discussing the necessity of having homework, possible ways for making homework more helpful and examples of homework you like to do.
- 2. Every morning, so many people navigate the internet to read news while others prefer to buy newspapers for the same purpose. Write an essay expressing your point of view, discussing the advantages and disadvantages of each one.





Question Three (40 points)

A. (20 points, 4 points each)

1. plans 2. is going to meet 3. were published 4. was reading 5. had been

B. (20 points, 4 points each)

- 1. Watching a movie is more interesting than reading a novel.
- 2. The heavy rainfall is believed to have caused the devastating of the dam.
- 3. If only Jamal had prepared well for the exam.
- 4. The thing that makes travelling an exciting experience is meeting new people.
- 5. Could you tell me how much the cotton shirt costs.

Question Four (30 points, 5 points each)

1. used to feed 2. which 3. hadn't shouted 4. Unless 5. much 6. repaired

Question Number Five (30 points)

A. EDITING (10 points, 2 points each)

4. extraction 2. is 3. reserves 4., 5. import

B. GUIDED WRITING (6 points)

5-6	words, without spelling mistakes
3 - 4	acceptable level of communicating the ideas with some grammatical and spelling mistakes
0 - 2	miscommunication of the ideas, a lot of grammatical and spelling mistakes

C. FREE WRITING (14 points)

Open answer

منهاحت ة التعليم الهادف THE END

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